



259 Monroe Avenue
Rochester, NY 14607

PRSRT STD.
US Postage
PAID
Permit No. 298
Rochester, NY

Full class descriptions are on our website.
Registration will begin on December 6 and
will be via mail and online at
rochester.oasisnet.org

Winter 2022



Course Catalog

Join us for online classes this Winter!

Register online: rochester.oasisnet.org



Dear Oasis Friends,

This has been an exciting fall, one where we've seen so many of our participants return to in person classes and many who have continued to enjoy classes at home via Zoom. As we did this past fall, we will continue with our **masking and proof of full vaccination** requirement for classes this winter. Again, many of our classes will be held in our Monroe Avenue space as well as in community spaces. Some classes will continue to be held via Zoom (and are noted 'Zoom Only') and some will be simulcasted in person AND via Zoom for those who may want to participate but not in person. Please note that for those classes only, there are two different class numbers and class titles are noted with 'In Person' and 'Zoom Simulcast.' Please register for either dependent on how you plan to participate and do not take an in person seat if you do not plan to come to our Monroe Avenue space. Several of our classes are offered on Oasis Everywhere, which is a way of sharing classes with others across the country. Those classes are listed in green and we ask that you register for those classes on our Rochester website online or via mail and not on the separate national Oasis Everywhere website. Please register carefully.

A handwritten signature in black ink, appearing to read "Ann Cunningham".

Ann Cunningham
Oasis Rochester Executive Director

Take a class on Oasis Everywhere:

- **Our Oasis Everywhere classes, noted in green, are also being listed on Oasis Everywhere; please register on the Rochester Oasis Page at rochester.oasisnet.org.**
- Oasis Everywhere offers live online content provided by Oasis instructors from all nine centers across the country. For a full list of Oasis Everywhere (OE) classes, visit online @ rochester.oasisnet.org

Oasis Rochester Update:

- Staff can be reached by contacting us at 585.730.8800 or at inforochoasis@gmail.com.
- Registration will begin on December 6 and will be via mail and online at: rochester.oasisnet.org
- The office will be closed from December 20th-24th and December 31st.

Full class descriptions are on our website. Registration will begin on December 6 and will be via mail and online at:

rochester.oasisnet.org

WINTER 2022 COURSE CATALOG



For classes held on Zoom:

- How to join: you will need to download the Zoom app to your device prior to class. **Please visit: zoom.us/download**
- Zoom meeting information will be included in registration receipts. **Please be sure to save your receipt or conveniently file Zoom meeting ID and passcode for easy use.**
- To ensure admittance into the class, please be sure to change your device name to reflect who is enrolled in the class.
- Arriving early to class will help prevent any disruptions.
- To minimize distractions, please keep yourself muted (if on Zoom) at all times unless otherwise instructed.
- Due to storage space constraints and copyright issues, we will not be recording classes.

Don't miss out on the latest news from Oasis!

- If you want to receive the latest information about Oasis classes, volunteer opportunities and events that matter to you, it's important that you give us permission to communicate with you through bulk email (our eBlast system).
- Sign into **MyOasis** and click on the **Opt In** button or call us at **585-730-8800** and we'll help you opt in to receive eBlasts and stay up-to-date on the latest class & center updates.



***Registration at Oasis Rochester for this Oasis Everywhere class.**



ARTS & HUMANITIES

104 Oasis Book Club (Zoom Only)

Jenny Lloyd
Mon Jan 3 - Apr 4 12:30 PM - 1:30 PM Zoom
Fee: \$20 4 sessions

111 Poetry Aloud

Gladys Winkworth
Mon Jan 10 - Jan 17 1:00 PM - 2:00 PM Oasis
Fee: \$20 2 sessions

122 Tips and Techniques in Watercolor* (Zoom Only)

Susan Carment-Duffy
Mon Feb 7 2:00 PM - 4:00 PM Zoom
Fee: \$30

212 This Is Your Year To Write!* (Zoom Only)

Lisa Kleman
Tue Jan 11 - Apr 5 9:30 AM - 11:30 AM Zoom
Fee: \$85 7 sessions

213 Writing Workshop: Pulling Plot from Fairy Tales* (Zoom Only)

Jennifer Case
Tues Feb 1 - Feb 22 6:30 PM - 8:30 PM Zoom
Fee: \$65 4 sessions

217 Elderwriters: Celebrate Your Life!

Susan Barocas
Tue Mar 1 - Mar 29 1:00 PM - 2:30 PM Oasis
Fee: \$65 5 sessions

312 Women Artists in Northern Europe and England in the 17th and 18th Centuries (In Person)

Grace Seiberling
Wed Jan 12 - Jan 26 11:00 AM - 12:30 PM Oasis
Fee: \$40 3 sessions

313 Women Artists in Northern Europe and England in the 17th and 18th Centuries* (Zoom Simulcast)

Grace Seiberling
Wed Jan 12 - Jan 26 11:00 AM - 12:30 PM Zoom
Fee: \$40 3 sessions

314 Cézanne in Context (In Person)

Grace Seiberling
Wed Feb 9 - Feb 23 11:00 AM - 12:30 PM Oasis
Fee: \$40 3 sessions

315 Cézanne in Context* (Zoom Simulcast)

Grace Seiberling
Wed Feb 9 - Feb 23 11:00 AM - 12:30 PM Zoom
Fee: \$40 3 sessions

316 The Godfather Legacy (In Person)

Otto Bruno
Wed Mar 2 - Mar 9 1:30 PM - 03:00 PM Oasis
Fee: \$25 2 sessions

317 The Godfather Legacy* (Zoom Simulcast)

Otto Bruno
Wed Mar 2 - Mar 9 1:30 PM - 03:00 PM Zoom
Fee: \$25 2 sessions

Full class descriptions are on our website. Registration will begin on December 6 and will be via mail and online at:

rochester.oasisnet.org

318 American Arts and Photography in a Time of Crisis (In Person)

Grace Seiberling
Wed Mar 9 - Mar 30 11:00 AM - 12:30 PM Oasis
Fee: \$50 4 sessions

319 American Arts and Photography in a Time of Crisis* (Zoom Simulcast)

Grace Seiberling
Wed Mar 9 - Mar 30 11:00 AM - 12:30 PM Zoom
Fee: \$50 4 sessions

320 Barney Miller, A True Television Classic (In Person)

Otto Bruno
Wed Mar 16 - Mar 23 1:30 PM - 03:00 PM Oasis
Fee: \$25 2 sessions

321 Barney Miller, A True Television Classic* (Zoom Simulcast)

Otto Bruno
Wed Mar 16 - Mar 23 1:30 PM - 03:00 PM Zoom
Fee: \$25 2 sessions

322 The Character Actors, Vol 1 (In Person)

Otto Bruno
Wed Mar 30 - Apr 6 1:30 PM - 03:00 PM Oasis
Fee: \$25 2 sessions

323 The Character Actors, Vol 1* (Zoom Simulcast)

Otto Bruno
Wed Mar 30 - Apr 6 1:30 PM - 03:00 PM Zoom
Fee: \$25 2 sessions

407 Creative Hand Lettering* (Zoom Only)

Susan Carment-Duffy
Th Jan 13 1:00 PM - 3:00 PM Zoom
Fee: \$30

408 Seven Female Mystics* (Zoom Only)

Darla Bair
Th Feb 3 12:00 PM - 1:30 PM Zoom
Fee: \$15

409 Ebony and Ivory Chanteuses IV

James
Th Feb 10 - Mar 3 12:30 PM - 2:00 PM Oasis
Fee: \$45 4 sessions

411 Mixed Media Dragonfly* (Zoom Only)

Susan Carment-Duffy
Th Mar 10 1:00 PM - 3:00 PM Zoom
Fee: \$30

507 For the Love of Words* (Zoom Only)

Jennifer Case
Fri Jan 7 - Jan 28 1:00 PM - 3:00 PM Zoom
Fee: \$65 4 sessions

509 Little Surprise! Little Theatre

Fri Jan 21 1:00 PM - 3:00 PM Fee: \$6

512 Little Surprise! Little Theatre

Fri Feb 18 1:00 PM - 3:00 PM Fee: \$6

514 Spring into Writing* (Zoom Only)

Jennifer Case
Fri. Mar 4 - Mar 25 1:00 PM - 3:00 PM Zoom
Fee: \$65 4 sessions

516 Little Surprise! Little Theatre

Fri. Mar 18 1:00 PM - 3:00 PM Fee: \$6

518 Little Surprise! Little Theatre

Fri. Apr 15 1:00 PM - 3:00 PM Fee: \$6

COMPUTER

102 Technology Tutoring

Pat Martinez
Mon. Jan 3 - Jan 10 10:00 AM - 11:00 AM Oasis
Fee: \$45 2 sessions

114 Technology Tutoring

Pat Martinez
Mon. Jan 24 - Jan 31 10:00 AM - 11:00 AM Oasis
Fee: \$45 2 sessions

121 Technology Tutoring

Pat Martinez
Mon. Feb 14 - Feb 21 10:00 AM - 11:00 AM Oasis
Fee: \$45 2 sessions

124 Technology Tutoring

Pat Martinez
Mon. Mar 7 - Mar 14 10:00 AM - 11:00 AM Oasis
Fee: \$45 2 sessions

125 Technology Tutoring

Pat Martinez
Mon. Mar 28 - Apr 4 10:00 AM - 11:00 AM Oasis
Fee: \$45 2 sessions

EXERCISE

101 Senior Pilates (Zoom Only)

Rosalind Walker
Mon. Jan 3 - Apr 11 09:00 AM - 10:00 AM Zoom
No class 1/17, 2/21
Fee: \$78 13 sessions

103 Bone Up Fitness (Zoom Only)

Rosalind Walker
Mon. Jan 3 - Apr 11 10:30 AM - 11:30 AM Zoom
No class 1/17, 2/2
Fee: \$78 13 sessions

105 Tai Chi - Introduction

Tim Farnum
Mon. Jan 10 - Mar 28 9:30 AM - 10:30 AM Oasis
Fee: \$60 12 sessions

106 Tai Chi - Intermediate Level

Diane Macchiavelli
Mon. Jan 10 - Mar 28 10:45 AM - 11:45 AM Oasis
Fee: \$60 12 sessions

110 Nia: Body, Mind and Spirit

Rhonda Wright
Mon. Jan 10 - Apr 11 12:15 PM - 1:15 PM Oasis
No class 2/21
Fee: \$65 13 sessions

201 Buff Bones® Level 2 Intermediate Mat Class (Zoom Only)

Nancy Alexander
Tue. Jan 4 - Apr 12 09:00 AM - 10:00 AM Zoom
Fee: \$149 15 sessions

202 Aquafit Level One: Arthritis/Fibromyalgia/Range of Motion

Valley Manor
Tue., Th. Jan 4 - Apr 14 9:00 AM - 10:00 AM
Fee: \$135 30 sessions

203 Aquafit Level One: Water Fitness

Valley Manor
Tue., Th. Jan 4 - Apr 14 10:00 AM - 11:00 AM
Fee: \$135 30 sessions

205 Buff Bones® Level 1 Introductory Mat Class (Zoom Only)

Nancy Alexander
Tue. Jan 4 - Apr 12 11:00 AM - 12:00 PM Zoom
Fee: \$149 15 sessions

207 Nia: Body, Mind and Spirit

Rhonda Wright
Tue. Jan 4 - Apr 12 12:15 PM - 1:15 PM Oasis
No class 2/22
Fee: \$70 14 sessions

209 CardioMix (Zoom Only)

Rosalind Walker
Tue. Jan 4 - Apr 12 12:00 PM - 1:00 PM Zoom
No class 2/22
Fee: \$84 14 sessions

210 Intermediate Line Dancing (Zoom Only)

Rosalind Walker
Tue. Jan 4 - Apr 12 1:30 PM - 2:30 PM Zoom
No class 2/22
Fee: \$84 14 sessions

301 Jazz 2

Erika Atkinson
Wed. Jan 5 - Apr 13 09:00 AM - 09:45 PM Oasis
Fee: \$75 15 sessions

303 Ballet

Erika Atkinson
Wed. Jan 5 - Apr 13 9:45 AM - 10:25 AM Oasis
Fee: \$75 15 sessions

305 Buff Bones® Chair Class (Zoom Only)

Nancy Alexander
Wed. Jan 5 - Apr 13 10:00 AM - 11:00 PM Zoom
Fee: \$149 15 sessions

306 Tap Dance 4

Erika Atkinson
Wed. Jan 5 - Apr 13 10:30 AM - 11:10 AM Oasis
Fee: \$75 15 sessions

308 Oasis Tappers Wed.

Erika Atkinson
Wed. Jan 5 - Apr 13 11:15 AM - 12:10 PM Oasis
Fee: \$75 15 sessions

309 Tap Dance 1

Erika Atkinson
Wed. Jan 5 - Apr 13 12:15 PM - 12:55 PM Oasis
Fee: \$75 15 sessions

310 Jazz Dancing 1

Erika Atkinson
Wed. Jan 5 - Apr 13 1:00 PM - 1:40 PM Oasis
Fee: \$75 15 sessions

401 Senior Pilates (Zoom Only)

Rosalind Walker
Th. Jan 6 - Apr 14 09:00 AM - 10:00 AM Zoom
No class 2/24
Fee: \$84 14 sessions

402 Yoga-Continued (Zoom Only)

Jennifer Hudak
Th. Jan 6 - Apr 14 09:00 AM - 10:00 AM Zoom
No class 11/25
Fee: \$75 15 sessions

404 Yoga-Gentle (Zoom Only)

Jennifer Hudak
Th. Jan 6 - Apr 14 10:30 AM - 11:30 AM Zoom
No class 11/2
Fee: \$75 15 sessions

406 Bone Up Fitness (Zoom Only)

Rosalind Walker
Th. Jan 6 - Apr 14 1:30 PM - 2:30 PM
Zoom
No class 2/24
Fee: \$84 14 sessions

501 Tap Dance 2A

Erika Atkinson
Fri. Jan 7 - Apr 15 9:00 AM - 9:45 AM
Oasis
Fee: \$75 15 sessions

502 Tap Dance 2B

Erika Atkinson
Fri. Jan 7 - Apr 15 9:45 AM - 10:25 AM
Oasis
Fee: \$75 15 sessions

503 Tap Dance 3A

Erika Atkinson
Fri. Jan 7 - Apr 15 10:30 AM - 11:15 AM
Oasis
Fee: \$75 15 sessions

504 Nia: Body, Mind and Spirit (Zoom Only)

Rhonda Wright
Fri. Jan 7 - Apr 15 10:30 AM - 11:30 AM
Zoom
No class 2/25
Fee: \$70 14 sessions

505 Iconic Tap Dances: Learn Buster Brown's "Laura" Part 2

Erika Atkinson
Fri. Jan 7 - Feb 4 12:00 PM - 12:40 PM
Oasis
No class 1/28
Fee: \$30 4 sessions

506 Oasis Tappers Fridays

Erika Atkinson
Fri. Jan 7 - Apr 15 12:45 PM - 1:40 PM
Oasis
No class 11/26
Fee: \$75 15 sessions

513 Iconic Tap Dances: Cole's Stroll

Erika Atkinson
Fri. Mar 4 - Mar 18 12:00 PM - 12:40 PM
Oasis
Fee: \$24 3 sessions

HEALTH & FITNESS

119 Self Care for Caregivers

Pam Gardephe,
Integrative Nutrition Health Coach
Mon. Feb 21 1:00 PM - 2:00 PM
Oasis
Fee: \$10

215 Praying With Color

Darla Bair, Interfaith Teacher
Tue. Feb 15 - Feb 22 12:00 PM - 1:00 PM
Oasis
Fee: \$15 2 sessions

302 Introduction to Rowing

Paul Ipolito
Wed. Jan 5 9:30 AM - 11:00 AM
Oasis
Fee: \$15



311 Labyrinths: Walking Meditation

Darla Bair
Wed. Jan 12 - Jan 19 9:00 AM - 10:00 AM
Oasis
Fee: \$20 2 sessions

510 Meditation For Everyone

Diane Macchiavelli
Fri. Jan 21 - Feb 25 10:30 AM - 11:45 AM
Oasis
Fee: \$65 6 sessions

801 Medicare Counseling

Norm Thayer, Program of Lifespan
You will be contacted to arrange a time
Oasis
Free

HISTORY

107 Josiah Harland (In Person)

David Woodruff
Mon. Jan 10 - Jan 17 11:00 AM - 12:00 PM
Oasis
Fee: \$20 2 sessions

108 Josiah Harland* (Zoom Simulcast)

David Woodruff
Mon. Jan 10 - Jan 17 11:00 AM - 12:00 PM
Zoom
Fee: \$20 2 sessions

113 General Armstrong Custer: The Man, the Myth, The Legend

Thomas Boyce
Mon. Jan 10 1:00 PM - 2:00 PM
Oasis
Fee: \$10

115 The French Resistance in WWII: An Army of Shadows (In Person)

David Woodruff
Mon. Jan 24 - Jan 31 11:00 AM - 12:00 PM
Oasis
Fee: \$20 2 sessions

116 The French Resistance in WWII: An Army of Shadows* (Zoom Simulcast)

David Woodruff
Mon. Jan 24 - Jan 31 11:00 AM - 12:00 PM
Zoom
Fee: \$20 2 sessions

117 Horror Takes a Holiday: The Christmas Truce (In Person)

David Woodruff
Mon. Feb 7 - Feb 14 11:00 AM - 12:00 PM
Oasis
Fee: \$20 2 sessions

118 Horror Takes a Holiday: The Christmas Truce* (Zoom Simulcast)

David Woodruff
Mon. Feb 7 - Feb 14 11:00 AM - 12:00 PM
Zoom
Fee: \$20 2 sessions

120 Ancient China: The Kingdom of Heaven (In Person)

David Woodruff
Mon. Feb 28 - Mar 7 11:00 AM - 12:00 PM
Oasis
Fee: \$20 2 sessions

123 Ancient China: The Kingdom of Heaven* (Zoom Simulcast)

David Woodruff
Mon. Feb 28 - Mar 7 11:00 AM - 12:00 PM
Zoom
Fee: \$20 2 sessions

204 Racism: Past is Present

Bob Richane
Tue. Jan 4 - Feb 8 10:00 AM - 11:30 AM
Oasis
Fee: \$60 6 sessions

Contact us: inforochoasis@gmail.com

Oasis Course Catalog - Winter 2022

216 Two Famous Lawmen of The West: Wild Bill Hickok and Wyatt Earp

Thomas Boyce
Tue. Mar 1 1:00 PM - 2:00 PM Oasis
Fee: \$15

324 50th Anniversary of Watergate (In Person)

Mark Sample
Wed. Apr 13 2:00 PM - 3:00 PM Oasis
Fee: \$10

325 50th Anniversary of Watergate* (Zoom Simulcast)

Mark Sample
Wed. Apr 13 2:00 PM - 3:00 PM Zoom
Fee: \$10

410 Modern Times

Laurence Britt
Th. Feb 24 - Mar 17 11:00 AM - 12:00 PM Oasis
Fee: \$35 4 sessions

LANGUAGES

208 French - Intermediate (Zoom Only)

Kevin Finnigan
Tue. Jan 4 - Apr 12 1:00 PM - 2:00 PM Zoom
Fee: \$75 15 sessions

211 French - Advanced (Zoom Only)

Kevin Finnigan
Tue. Jan 4 - Apr 12 02:30 PM - 03:30 PM Zoom
Fee: \$75 15 sessions

304 Spanish - Advanced Continued (Zoom Only)

Kristine Hannon
Wed. Jan 5 - Apr 13 10:00 AM - 11:00 AM Zoom
Fee: \$75 15 sessions

307 Spanish - Intermediate Continued

Kristine Hannon
Wed. Jan 5 - Apr 13 11:15 AM - 12:15 PM Oasis
No class 11/24
Fee: \$75 15 sessions

403 German - Intermediate

Ingeborg Oberdoerster
Th. Jan 6 - Apr 14 9:30 AM - 10:30 AM Oasis
No class 3/17, 3/24
Fee: \$65 13 sessions

405 German - Advanced

Ingeborg Oberdoerster
Th. Jan 6 - Apr 14 10:45 AM - 11:30 AM Oasis
No class 3/17, 3/24
Fee: \$65 13 sessions

MUSIC

112 Oasis Community Chorus (Zoom Only)

Rhonda Wright
Mon. Jan 10 - Apr 11 2:30 PM - 3:30 PM Zoom
No class 2/21
Fee: \$65 13 sessions

206 Oasis Community Chorus (In Person)

Rhonda Wright
Tue. Jan 4 - Apr 12 11:00 AM - 12:00 PM Oasis
No class 2/22
Fee: \$70 14 sessions

412 Behind the Scenes - The Making of an Original Broadway Cast Album

Peter Elliott
Th. Mar 24 - Apr 14 12:30 PM - 2:00 PM Oasis
Fee: \$45 4 sessions

PERSONAL DEVELOPMENT

109 How Your Personality Affects Your Relationships

Gladys Winkworth
Mon. Jan 10 - Jan 24 11:00 AM - 12:00 PM Oasis
Fee: \$25 3 sessions

219 Sauvignon Blanc and The Goat Cheeses They Love!

Ann Duckett and Holly Howell
Tue. Apr 5 2:00 PM - 3:30 PM Oasis
Fee: \$50

220 Tiny Bubbles: An International Taste

Ann Duckett and Holly Howell
Tue. Apr 12 2:00 PM - 3:30 PM Oasis
Fee: \$50

SCIENCE

218 A Smartphone, the Brain and Addiction

Bonnie Fox
Tue. Mar 8 1:00 PM - 2:00 PM Oasis
Fee: \$10



TOURS

214 Dutch Connection - George Eastman Museum GEH

Tue. Feb 15 10:00 AM - Fee: \$17

508 The Art of Looking: Learning Tools For a Lifetime MAG

Fri. Jan 7 - Jan 21 1:00 PM - 3:00 PM Fee: \$30 3 sessions

511 The Art of Looking: Learning Tools For a Lifetime MAG

Fri. Feb 4 - Feb 18 1:00 PM - 3:00 PM Fee: \$30 3 sessions

515 The Art of Looking: Learning Tools For a Lifetime MAG

Fri. Mar 4 - Mar 18 1:00 PM - 3:00 PM Fee: \$30 3 sessions

517 The Art of Looking: Learning Tools For a Lifetime MAG

Fri. Apr 1 - Apr 15 1:00 PM - 3:00 PM Fee: \$30 3 sessions

Registration Procedures

Registration is required for all Oasis classes. Ways to register:

- **Mail-In - Registration Processed December 6, 2021**
- **Online - Registration Opens December 6, 2021 @ 12:00am**
- **Walk-In - Registration December 7-8, 9am-12 noon**

Please follow all procedures listed below:

- You must be a member of Oasis to register. If you are not a member you may join by coming to the Oasis Center, by phone or online at the Oasis website: rochester.oasisnet.org.
Membership is free.
- Please complete the registration form, including name and phone number. Please print clearly. Place a check mark in the left hand column in front of each class for which you want to register.
- All participants must sign the registration form, which serves as signature of the Waiver of Liability below.
- If there are two members in one household, please make a photocopy of the full blank registration form or pick up a form at Oasis. Do not list two members on one form.
- **If you would like a confirmation letter mailed, please enclose a self-addressed stamped envelope.**
- **If you would like your confirmation letter emailed, please provide your email address on the registration form.**
- Credit cards may be used to pay for classes and trips. Oasis accepts Visa, MasterCard, and Discover.
- Mark the credit card box on the registration form and include the type of card, the credit card number, expiration date and the **CVV number**. Credit cards are not charged if you are placed on a waiting list.
- If paying by check, separate checks must be written for each class requiring a fee. Please write the class number on the check. If the class is full, the unused check will be returned to the member. Make checks payable to Oasis unless otherwise noted. If separate checks are not submitted, refundable fees will be credited to your Oasis account.
- Members who want to attend classes with another member should send their registrations to Oasis in one envelope. Don't forget to send the self-addressed stamped envelope or request an email receipt.

Waiver of Liability: I release and discharge Oasis and all other sponsors, supporters and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis. These include but are not limited to: educational, cultural, volunteer, physical fitness related programs and travel in any form. I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that the Oasis mailing list may be used by Oasis sponsors for educational mailings. I understand that participants in Oasis programs are expected to conduct themselves in a courteous manner, respecting the rights of all other participants, volunteers and staff. Oasis will follow CDC guidelines as it relates to COVID-19 but requires proof of vaccination for all in-person classes. I give permission for The Oasis Institute to photograph or videotape me and use my name and image in Oasis materials and publicity. I authorize the use of my name and image in publications produced by The Oasis Institute's partners and by the media. I agree to be photographed or videotaped by the media for general publication.

Oasis Registration Form

Name: _____

Address: _____ Phone: _____

E-mail Address: _____ Would you like to receive emails form Oasis? ☐ Yes ☐ No

Signature: _____ Date: _____

I would like to pay by credit card: ☐ Visa ☐ Mastercard ☐ Discover

Card #: _____ Exp. Date. ____/____/____ CVV: _____ (On back of card)

✓	#	Class Name	Fee	Office Use		
				W	E	Ck#
		ARTS & HUMANITIES				
	104	Oasis Book Club (Zoom Only)	\$20			
	111	Poetry Aloud	\$20			
	122	Tips and Techniques in Watercolor* (Zoom Only)	\$30			
	212	This Is Your Year To Write!* (Zoom Only)	\$85			
	213	Writing Workshop: Pulling Plot from Fairy Tales* (Zoom Only)	\$65			
	217	Elderwriters: Celebrate Your Life!	\$65			
	312	Women Artists in Northern Europe and England in the 17th and 18th Centuries (In Person)	\$40			
	313	Women Artists in Northern Europe and England in the 17th and 18th Centuries* (Zoom Simulcast)	\$40			
	314	Cézanne in Context (In Person)	\$40			
	315	Cézanne in Context* (Zoom Simulcast)	\$40			
	316	The Godfather Legacy (In Person)	\$25			
	317	The Godfather Legacy* (Zoom Simulcast)	\$25			
	318	American Arts and Photography in a Time of Crisis (In Person)	\$50			
	319	American Arts and Photography in a Time of Crisis* (Zoom Simulcast)	\$50			
	320	Barney Miller, A True Television Classic (In Person)	\$25			
	321	Barney Miller, A True Television Classic* (Zoom Simulcast)	\$25			
	322	The Character Actors, Vol 1 (In Person)	\$25			

✓	#	Class Name	Fee	Office Use		
				W	E	Ck#
	323	The Character Actors, Vol 1* (Zoom Simulcast)	\$25			
	407	Creative Hand Lettering* (Zoom Only)	\$30			
	408	Seven Female Mystics* (Zoom Only)	\$15			
	409	Ebony and Ivory Chanteuses IV	\$45			
	411	Mixed Media Dragonfly* (Zoom Only)	\$30			
	507	For the Love of Words* (Zoom Only)	\$65			
	509	Little Surprise! Little Theatre	\$6			
	512	Little Surprise! Little Theatre	\$6			
	514	Spring into Writing* (Zoom Only)	\$65			
	516	Little Surprise! Little Theatre	\$6			
	518	Little Surprise! Little Theatre	\$6			
		COMPUTER				
	102	Technology Tutoring	\$45			
	114	Technology Tutoring	\$45			
	121	Technology Tutoring	\$45			
	124	Technology Tutoring	\$45			
	125	Technology Tutoring	\$45			
		EXERCISE				
	101	Senior Pilates (Zoom Only)	\$78			
	103	Bone Up Fitness (Zoom Only)	\$78			
	105	T'ai Chi - Introduction	\$60			
	106	T'ai Chi - Intermediate Level	\$60			
	110	Nia: Body, Mind and Spirit	\$65			
	201	Buff Bones® Level 2 Intermediate Mat Class (Zoom Only)	\$149			

Oasis Registration Form

Please place a check mark in the left hand column of each class you want to attend.

✓	#	Class Name	Fee	Office Use		
				W	E	Ck#
	202	Aquafit Level One: Arthritis/ Fibromyalgia/Range of Motion	\$135			
	203	Aquafit Level One: Water Fitness	\$135			
	205	Buff Bones® Level 1 Introductory	\$149			
	207	Nia: Body, Mind and Spirit	\$70			
	209	CardioMix (Zoom Only)	\$84			
	210	Intermediate Line Dancing (Zoom Only)	\$84			
	301	Jazz 2	\$75			
	303	Ballet	\$75			
	305	Buff Bones® Chair Class (Zoom Only)	\$149			
	306	Tap Dance 4	\$75			
	308	Oasis Tappers Wed.	\$75			
	309	Tap Dance 1	\$75			
	310	Jazz Dancing 1	\$75			
	401	Senior Pilates (Zoom Only)	\$84			
	402	Yoga-Continued (Zoom Only)	\$75			
	404	Yoga-Gentle (Zoom Only)	\$75			
	406	Bone Up Fitness (Zoom Only)	\$84			
	501	Tap Dance 2A	\$75			
	502	Tap Dance 2B	\$75			
	503	Tap Dance 3A	\$75			
	504	Nia: Body, Mind and Spirit	\$70			
	505	Iconic Tap Dances: Learn Buster	\$30			
	506	Oasis Tappers Fridays	\$75			
	513	Iconic Tap Dances: Cole's Stroll	\$24			
		<u>HEALTH & FITNESS</u>				
	119	Self Care for Caregivers	\$10			
	215	Praying With Color	\$15			
	302	Introduction to Rowing	\$15			
	311	Labyrinths: Walking Meditation	\$20			
	510	Meditation For Everyone	\$65			
	801	Medicare Counseling	Free			

✓	#	Class Name	Fee	Office Use		
				W	E	Ck#
		<u>HISTORY</u>				
	107	Josiah Harland (In Person)	\$20			
	108	Josiah Harland* (Zoom Simulcast)	\$20			
	113	General Armstrong Custer: The Man, the Myth, The Legend	\$10			
	115	The French Resistance in WWII: An Army of Shadows (In Person)	\$20			
	116	The French Resistance in WWII: An Army of Shadows* (Zoom Simulcast)	\$20			
	117	Horror Takes a Holiday: The Christmas Truce (In Person)	\$20			
	118	Horror Takes a Holiday: The Christmas Truce* (Zoom Simulcast)	\$20			
	120	Ancient China: The Kingdom of Heaven (In Person)	\$20			
	123	Ancient China: The Kingdom of Heaven* (Zoom Simulcast)	\$20			
	204	Racism: Past is Present	\$60			
	216	Two Famous Lawmen of The West: Wild Bill Hickok and Wyatt Earp	\$15			
	324	50th Anniversary of Watergate (In Person)	\$10			
	325	50th Anniversary of Watergate* (Zoom Simulcast)	\$10			
	410	Modern Times	\$35			
		<u>LANGUAGES</u>				
	208	French - Intermediate (Zoom Only)	\$75			
	211	French - Advanced (Zoom Only)	\$75			
	304	Spanish - Advanced Continued	\$75			
	307	Spanish - Intermediate Continued	\$75			
	403	German - Intermediate	\$65			
	405	German - Advanced	\$65			



Oasis Registration Form

Please place a check mark in the left hand column of each class you want to attend.

✓	#	Class Name	Fee	Office Use		
				W	E	Ck#
		<u>MUSIC</u>				
	112	Oasis Community Chorus (Zoom Only)	\$65			
	206	Oasis Community Chorus (In Person)	\$70			
	412	Behind the Scenes - The Making of an Original Broadway Cast Album	\$45			
		<u>PERSONAL DEVELOPMENT</u>				
	109	How Your Personality Affects Your Relationships	\$25			
	219	Sauvignon Blanc and The Goat Cheeses They Love!	\$50			
	220	Tiny Bubbles: An International Taste	\$50			

✓	#	Class Name	Fee	Office Use		
				W	E	Ck#
		<u>SCIENCE</u>				
	218	A Smartphone, the Brain and Addiction	\$10			
		<u>TOURS</u>				
	214	Dutch Connection - George Eastman Museum	\$17			
	508	The Art of Looking: Learning Tools For a Lifetime	\$30			
	511	The Art of Looking: Learning Tools For a Lifetime	\$30			
	515	The Art of Looking: Learning Tools For a Lifetime	\$30			
	517	The Art of Looking: Learning Tools For a Lifetime	\$30			

For classes held on Zoom:

How to join- you will need to download the Zoom app to your device prior to class. Please visit: <https://zoom.us/download>



Full class descriptions are on our website. Registration will begin on December 6 and will be via mail and online at

rochester.oasisnet.org



For classes held on Zoom:

- How to join: you will need to download the Zoom app to your device prior to class. **Please visit: zoom.us/download**
- Zoom meeting information will be included in registration receipts. **Please be sure to save your receipt or conveniently file Zoom meeting ID and passcode for easy use.**
- To ensure admittance into the class, please be sure to change your device name to reflect who is enrolled in the class.
- Arriving to class on time will prevent any disruptions
- To minimize distractions, please keep yourself muted (if on zoom) at all times unless otherwise instructed.
- Due to storage space constraints and copyright issues, we will not be recording classes.

