



259 Monroe Avenue
Rochester, NY 14607

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Full class descriptions are on our website.
Registration will begin on December 5th and
will be via mail and online at
rochester.oasisnet.org

Winter 2023



Course Catalog

Join us for online classes this Winter!

Register online: rochester.oasisnet.org





Dear Oasis Friends,

We are so excited to continue to offer more fun and engaging classes this winter. In consultation with our Oasis Rochester Board of Directors, which includes an area Geriatrician, and local, state and CDC guidelines, we will no longer be requiring proof of vaccination for class participation. Masking will continue to be optional, unless otherwise required by the instructor. This will be subject to change if our local Covid transmission rate increases, but we will be certain to communicate that if needed. Again, many of our classes will be held in our Monroe Avenue space as well as in community spaces. Some classes will continue to be held via Zoom (and are noted 'Zoom Only') and some will be simulcasted in person AND via Zoom for those who may want to participate but not in person. Please note that for those classes only, there are two different class numbers and class titles are noted with 'In Person' and 'Zoom Simulcast.' Please register for either dependent on how you plan to participate and do not take an in person seat if you do not plan to come to our Monroe Avenue space. Several of our classes are offered on Oasis Everywhere, which is a way of sharing classes with others across the country. **Those classes are listed in green**, and we ask that you register for those classes on our Rochester website online or via mail only. Please register carefully.

A handwritten signature in black ink, appearing to read "Ann Cunningham".

Ann Cunningham
Oasis Rochester Executive Director

Take a class on Oasis Everywhere:

- **Our Oasis Everywhere classes, noted in green, are also being listed on Oasis Everywhere; please register at rochester.oasiseverywhere.org**
- Oasis Everywhere offers live online content provided by Oasis instructors from all nine centers across the country. For a full list of Oasis Everywhere (OE) classes, visit online @ store.oasiseverywhere.org

Oasis Rochester Update:

- Staff can be reached by contacting us at 585.730.8800 or at inforochoasis@gmail.com
- Registration will begin on December 5th and will be via mail and online at: rochester.oasisnet.org

Full class descriptions are on our website. Registration will begin on December 5th and will be via mail and online at:

rochester.oasisnet.org

Contact us: inforochoasis@gmail.com |

Oasis Course Catalog - Winter 2023

WINTER 2023 COURSE CATALOG



Don't miss out on the latest news from Oasis!

- If you want to receive the latest information about Oasis classes, volunteer opportunities and events that matter to you, it's important that you give us permission to communicate with you through bulk email (our eBlast system).
- Sign into MyOasis and click on the Opt In button or call us at 585-730-8800 and we'll help you opt in to receive eBlasts and stay up-to-date on the latest class & center updates.

For classes held on Zoom:

- How to join: you will need to download the Zoom app to your device prior to class. **Please visit: zoom.us/download**
- Zoom meeting information will be included in registration receipts. **Please be sure to save your receipt or conveniently file Zoom meeting ID and passcode for easy use.**
- To ensure admittance into the class, please be sure to change your device name to reflect who is enrolled in the class.
- Arriving early to class will help prevent any disruptions.
- To minimize distractions, please keep yourself muted (if on Zoom) at all times unless otherwise instructed.
- Due to storage space constraints and copyright issues, we will not be recording classes.



***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**



ARTS & HUMANITIES

Full class descriptions are on our website. Registration will begin on December 5th and will be via mail and online at:
rochester.oasisnet.org

124 At the Movies with Otto: Stalag 17 (1953)

Otto Bruno
Monday Apr 3 12:00 PM-3:00 PM Oasis
Fee: \$20

210 Beginning Sketching and Drawing with Graphite

Lisa Robinson
Tuesday Jan 17 1:00 PM-3:00 PM Central Creatives
Fee: \$45

212 Ebony and Ivory Chanteuses

James Kraus
Tuesday Feb 14-Mar 7 1:00 PM-3:00 PM Fee: \$50 Oasis
4 sessions

215 Imagine Ireland

Lisa Robinson
Tuesday Mar 14 1:30 PM-3:00 PM Central Creatives
Fee: \$45

216 Paint Acrylic on Canvas

Susan Carmen-Duffy
Tuesday Mar 21 1:00 PM-3:00 PM Central Creatives
Fee: \$45

307 Cultural Tourism (In Person)

Grace Seiberling, 307
Wednesday Jan 11-25 11:00 AM-12:30 PM Fee: \$40 Oasis
3 sessions

308 Cultural Tourism (Zoom Simulcast)

Grace Seiberling
Wednesday Jan 25 1:30 PM-3:30 PM Fee: \$40 Zoom
3 sessions

311 Basic Watercolors (Zoom)

Susan Carmen-Duffy
Wednesday Jan 11-25 11:00 AM-12:30 PM Zoom
Fee: \$40

312 Humphrey Bogart: From Obscurity to Stardom, 1930-1943

Otto Bruno
Wednesday Feb 1-22 1:00 PM-4:00 PM Fee: \$70 Oasis
4 sessions

313 Valentine, Sweet Valentine

Susan Carmen-Duffy
Wednesday Feb 1 1:00 PM-3:00 PM Central Creatives
Fee: \$45

314 Gauguin In Context (In Person)

Grace Seiberling
Wednesday Feb 8-22 11:00 PM-12:30 PM Fee: \$40 Central Creatives
3 sessions

315 Gauguin In Context (Zoom Simulcast)

Grace Seiberling
Wednesday Feb 8-22 11:00 AM-12:30 PM Fee: \$40 Zoom
3 sessions

316 Painting as a Woman in the Early 20th Century (In Person)

Grace Seiberling
Wednesday Mar 8-29 11:00 AM-12:30 PM Fee: \$55 Oasis
4 sessions

317 Painting as a Woman in the Early 20th Century (Zoom Simulcast)

Grace Seiberling
Wednesday Mar 8-29 11:00 AM-12:30 PM Fee: \$55 Zoom
4 sessions

320 Meditation and Prayer Flags

Susan Carmen-Duffy
Wednesday Apr 12 1:00 PM-3:00 PM Central Creatives
Fee: \$45

322 Make a Wooden 'Welcome' Wall/Door Hanging!

Maria Panzera
Wednesday Mar 15 1:00 PM-3:00 PM Oasis
Fee: \$50

405 Meditation and Meditative Drawing

Susan Carmen-Duffy
Thursday Jan 12 1:00 PM-3:00 PM Central Creatives
Fee: \$45

406 Seven Female Mystics (Zoom Only)

Darla Bair
Thursday Jan 19 1:00 PM-2:00 PM Zoom
Fee: \$10

407 At the Movies with Otto: The Band Wagon (1953)

Otto Bruno
Thursday Feb 2 12:00 PM-3:00 PM Oasis
Fee: \$10

411 Painting the Winter Landscape in Watercolor

Lisa Robinson
Thursday Feb 9 1:00 PM-3:00 PM Central Creatives
Fee: \$45

416 Painting Spring Flowers in Watercolor

Lisa Robinson
Thursday Apr 6 1:00 PM-3:00 PM Central Creatives
Fee: \$45

508 Oasis Book Club (Zoom Only)

Jenny Lloyd
Friday Jan 13-Apr 14 1:30 PM-2:30 PM Fee: \$20 Zoom
4 sessions

509 Little Surprise!

Friday Jan 20 1:00 PM-3:00 PM Little Theatre
Fee: \$6

Contact us: info@rochoasis@gmail.com

Oasis Course Catalog - Winter 2023

511 Little Surprise!

Friday Feb 17 1:00 PM-3:00 PM Little Theatre
Fee: \$6

517 Little Surprise!

Friday Mar 17 1:00 PM-3:00 PM Little Theatre
Fee: \$6

518 Creativity in Collage

Susan Carmen-Duffy
Friday Mar 10 1:00 PM-3:00 PM Central Creatives
Fee: \$45

521 Sacred Geometry and the Patterns of Music

Darla Bair
Friday Mar 24 1:00 PM - 2:00 PM Oasis
Fee: \$10

523 Little Surprise!

Friday Apr 14 1:00 PM-3:00 PM Little Theatre
Fee: \$6

COMPUTERS

103 Technology Tutoring

Pat Martinez
Monday Jan 9-16 10:00 AM-11:00 AM Fee: \$45 Oasis
2 sessions

110 Technology Tutoring

Pat Martinez
Monday Jan 30-Feb 6 10:00 AM-11:00 AM Fee: \$45 Oasis
2 sessions

116 Technology Tutoring

Pat Martinez
Monday Feb 20-Feb 27 10:00 AM-11:00 AM Fee: \$45 Oasis
2 sessions

119 Technology Tutoring

Pat Martinez
Monday Mar 13-20 10:00 AM-11:00 AM Fee: \$45 Oasis
2 sessions

123 Technology Tutoring

Pat Martinez
Monday Apr 3-10 10:00 AM-11:00 AM Fee: \$45 Oasis
2 sessions

EXERCISE

101 Senior Pilates (Zoom Only)

Rosalind Walker
Monday Jan 9 9:00 AM-10:00 AM Fee: \$66 Zoom
11 sessions
No class 1/16

102 T'ai Chi - Introduction

Tim Farnum
Monday Jan 9-Apr 10 9:30 AM-10:30 AM Fee: \$70 Oasis
14 sessions

104 Bone Up Fitness (Zoom Only)

Rosalind Walker
Monday Jan 9 10:30 AM-11:30 AM Fee: \$66 Zoom
11 sessions
No class 1/16

105 Nia: Body, Mind and Spirit

Rhonda Wright
Monday Jan 9-Apr 3 12:15 PM-1:15 PM Fee: \$60 Oasis
13 sessions
No class 4/10, 1 class TBD

111 T'ai Chi - Intermediate Level

Diane Macchiavelli, Lac
Monday Feb 6-Apr 10 10:45 AM-11:45 AM Fee: \$50 Oasis
10 sessions

206 Buff Bones® Level 2 Intermediate Mat Class

(Zoom Only)
Nancy Alexander
Tuesday Jan 10-Apr 11 9:00 AM-10:00 AM Fee: \$139 Zoom
14 sessions

207 Aquafit-Arthritis/Fibromyalgia/Range of Motion

Valley Manor Staff
Tues, Thurs Jan 10-Apr 13 10:00 AM-11:00 AM Fee: \$140 Valley Manor
28 sessions

208 Buff Bones® Level 1 Introductory Mat Class

(Zoom Only)
Nancy Alexander
Tuesday Jan 10-Apr 11 11:00 AM-12:00 PM Fee: \$139 Zoom
14 sessions

209 Bone Up Fitness (Zoom Only)

Rosalind Walker
Tuesday Jan 10-Mar 28 12:00 PM-1:00 PM Fee: \$72 Zoom
12 sessions

211 Beginning Belly Dance

Julie Ferreira
Tuesday Feb 7-Mar 28 1:00 PM-2:00 PM Fee: \$40 Oasis
8 sessions

301 Jazz

Erika Atkinson
Wednesday Jan 4-Apr 12 9:00 AM - 9:40 AM Fee: \$75 Oasis
15 sessions

302 Ballet

Erika Atkinson
Wednesday Jan 4-Apr 12 9:45 AM-10:25 AM Fee: \$75 Oasis
15 sessions

304 Tap Dance 4

Erika Atkinson
Wednesday Jan 4-Apr 12 10:30 AM-11:10 AM Fee: \$75 Oasis
15 sessions

305 Oasis Tappers Wednesday

Erika Atkinson
Wednesday Jan 4-Apr 12 11:15 AM - 12:10 PM Fee: \$75 Oasis
15 sessions

403 BackStrong Mat Class (Zoom Only)

Nancy Alexander
Thursday Jan 12-Apr 13 9:00 AM-10:00 AM Fee: \$139 Zoom
14 sessions

404 Bone Up Fitness (Zoom Only)

Rosalind Walker
Thursday Jan 12-Mar 30 1:00 PM-2:00 PM Fee: \$72 Zoom
12 sessions

501 Tap Dance 2A

Erika Atkinson
Friday Jan 6-Apr 14 9:00 AM-9:40 AM Fee: \$75 Oasis
15 sessions

502 Tap Dance 2B

Erika Atkinson
Friday Jan 6-Apr 14 9:45 AM-10:25 AM Fee: \$75 15 sessions Oasis

503 Tap Dance 3

Erika Atkinson
Friday Jan 6-Apr 14 10:30 AM-11:10 AM Fee: \$75 15 sessions Oasis

504 Nia: Body, Mind and Spirit (Zoom Only)

Rhonda Wright
Friday Jan 6-Apr 14 10:30 AM-11:30 AM Fee: \$70 15 sessions Zoom
No class: 1 class TBD

505 Oasis Tappers Friday

Erika Atkinson
Friday Jan 6-Apr 14 11:15 AM-12:10 PM Fee: \$75 15 sessions Oasis

506 Tap Dance 1

Erika Atkinson
Friday Jan 6-Apr 14 12:15 PM-12:50 PM Fee: \$75 15 sessions Oasis

HEALTH

107 Diet is a 4-Letter Word!

Pam Gardephe
Monday Jan 16 1:00 PM-2:00 PM Fee: \$10 Oasis

408 Meditation For Everyone

Thursday Feb 9-Mar 16 10:45 AM-11:45 AM Fee: \$60 6 sessions Oasis

520 Labyrinths: Walking Meditation

Darla Bair
Friday Mar 24 10:30 AM-12:00 PM Fee: \$15 Oasis

HISTORY

108 Columbus (In Person)

David Woodruff
Monday Jan 23-30 11:00 AM-12:00 PM Fee: \$20 2 sessions Oasis

109 Columbus (Zoom Simulcast)

David Woodruff
Monday Jan 23-30 11:00 AM-12:00 PM Fee: \$20 2 sessions Zoom

112 Spanish Civil War (In Person)

David Woodruff
Monday Feb 6-13 11:00 AM-12:00 PM Fee: \$20 2 sessions Oasis

113 Spanish Civil War (Zoom Simulcast)

David Woodruff
Monday Feb 6-13 11:00 AM-12:00 PM Fee: \$20 2 sessions Zoom

114 The Assassination of Adolph Hitler (In Person)

Mark Sample
Monday Feb 20 10:00 AM-11:30 AM Fee: \$15 Oasis

115 The Assassination of Adolph Hitler (Zoom Simulcast)

Mark Sample
Monday Feb 20 10:00 AM-11:30 AM Fee: \$15 Zoom

117 Soviet Space Efforts (In Person)

David Woodruff
Monday Feb 27-Mar 6 11:00 AM-12:00 PM Fee: \$20 2 sessions Oasis

118 Soviet Space Efforts (Zoom Simulcast)

David Woodruff
Monday Feb 27-Mar 6 11:00 AM-12:00 PM Fee: \$20 2 sessions Zoom

120 Bobby Kennedy – James Baldwin Meeting

Mel Braverman
Monday Mar 13-20 1:30 PM-2:30 PM Fee: \$20 2 sessions Oasis

121 Pirates (In Person)

David Woodruff
Monday Mar 20-27 11:00 AM-12:00 PM Fee: \$20 2 sessions Oasis

122 Pirates (Zoom Simulcast)

David Woodruff
Monday Mar 20-27 11:00 AM-12:00 PM Fee: \$20 2 sessions Zoom

309 Irving Berlin, America's Songwriter (In Person)

Otto Bruno
Wednesday Jan 11-Jan 25 1:30 PM-3:00 PM Fee: \$60 3 sessions Oasis

310 Irving Berlin, America's Songwriter (Zoom Simulcast)

Otto Bruno
Wednesday Jan 11-25 1:30 PM-3:00 PM Fee: \$60 3 sessions Zoom

318 Garson Kanin in Hollywood (In Person)

Otto Bruno
Wednesday Mar 8-22 1:30 PM-3:00 PM Fee: \$60 3 sessions Oasis

319 Garson Kanin in Hollywood (Zoom Simulcast)

Otto Bruno
Wednesday Mar 8-22 1:30 PM-3:00 PM Fee: \$60 3 sessions Zoom

321 The Andy Griffith Show

Otto Bruno
Wednesday Mar 29-Apr 12 1:30 PM-3:00 PM Fee: \$60 3 sessions Oasis

409 World War II in Perspective (In Person)

Laurence Britt
Thursday Feb 9-Mar 2 11:00 AM-12:00 PM Fee: \$40 4 sessions Oasis

410 World War II in Perspective (Zoom Simulcast)

Laurence Britt
Thursday Feb 9-Mar 2 11:00 AM-12:00 PM Fee: \$40 4 sessions Zoom

414 Modern Times and Into the Future (In Person)

Laurence Britt
Thursday Mar 23-Apr 13 11:00 AM-12:00 PM Fee: \$40 4 sessions Oasis

415 Modern Times and Into the Future

(Zoom Simulcast)

Laurence Britt
Thursday Mar 23-Apr 13 11:00 AM-12:00 PM Fee: \$40 Zoom
4 sessions

512 Martha Taylor Howard (In Person)

Jenny Lloyd
Friday Feb 17 2:00 PM-3:00 PM Oasis
Fee: \$10

513 Martha Taylor Howard (Zoom Simulcast)

Jenny Lloyd
Friday Feb 17 2:00 PM-3:00 PM Zoom
Fee: \$10

514 Susan B. Anthony II (In Person)

Jenny Lloyd
Friday Feb 24 2:00 PM-3:00 PM Oasis
Fee: \$10

515 Susan B. Anthony II (Zoom Simulcast)

Jenny Lloyd
Friday Feb 24 2:00 PM-3:00 PM Zoom
Fee: \$10

LANGUAGES

204 French - Beginning (Zoom Only)

Kevin Finnigan
Tuesday Jan 3-Apr 11 1:00 PM-2:00 PM Fee: \$75 Zoom
15 sessions

205 French - Advanced (Zoom Only)

Kevin Finnigan
Tuesday Jan 3-Apr 11 2:30 PM-4:00 PM Fee: \$75 Zoom
15 sessions

303 Spanish - Advanced Continued (Zoom Only)

Kristine Hannon
Wednesday Jan 4-Apr 12 10:00 AM-11:00 AM Fee: \$75 Zoom
15 sessions

306 Spanish - Intermediate Continued

Kristine Hannon
Wednesday Jan 4-Apr 12 11:15 AM-12:15 PM Fee: \$75 Oasis
15 sessions

401 German - Intermediate

Ingeborg Oberdoerster
Thursday Jan 5-Mar 16 9:30 AM-10:30 AM Fee: \$55 Oasis
11 sessions

402 German - Advanced

Ingeborg Oberdoerster
Thursday Jan 5-Mar 16 10:45 AM-11:45 AM Fee: \$55 Oasis
11 sessions

MUSIC

106 Oasis Community Chorus (Zoom Only)

Rhonda Wright
Monday Jan 9-Apr 3 2:30 PM-3:30 PM Fee: \$60 Zoom
13 sessions
No class 4/10, 1 class TBD

201 Music Theory I

Rhonda Wright
Tuesday Jan 3-Apr 11 10:00 AM-10:45 AM Fee: \$70 Oasis
15 sessions
No class: 1 Class TBD

202 Oasis Community Chorus (In Person)

Rhonda Wright
Tuesday Jan 3-Apr 11 11:00 AM-12:00 PM Fee: \$70 Oasis
15 sessions
No class: 1 Class TBD

203 How to Read Music

Rhonda Wright
Tuesday Jan 3-Apr 11 12:15 PM-1:00 PM Fee: \$70 Oasis
15 sessions
No class: 1 Class TBD

519 Drumming

Darla Bair
Friday Mar 24 9:00 AM-10:00 AM Oasis
Fee: \$10

PERSONAL DEVELOPMENT

214 New York Citizen Preparedness Training Program

Brian Bennett
Tuesday Mar 14 1:00 PM-2:30 PM Oasis
Fee: \$10

412 Television Streaming Services

Pat Martinez
Thursday Mar 9 10:00 AM-12:00 PM Oasis
Fee: \$20

413 Amazon Echo/Alexa-What is it?

Pat Martinez
Thursday Mar 16 10:00 AM-12:00 PM Oasis
Fee: \$20

TOURS

213 George Eastman Museum-Docent Led Tour

Tuesday Feb 21-15 10:00 AM-12:00 PM Eastman House
Fee: \$20

507 The Art of Looking: Learning Tools For a Lifetime

MAG Docent
Friday Jan 6-20 1:00 PM-3:00 PM Fee: \$40 Memorial Art Gallery
3 sessions

510 The Art of Looking: Learning Tools For a Lifetime

MAG Docent
Friday Feb 3-17 1:00 PM-3:00 PM Fee: \$40 Memorial Art Gallery
3 sessions

516 The Art of Looking: Learning Tools For a Lifetime

MAG Docent
Friday Mar 3-17 1:00 PM-3:00 PM Fee: \$40 Memorial Art Gallery
3 sessions

522 The Art of Looking: Learning Tools For a Lifetime

MAG Docent
Friday Mar 31-Apr 14 1:00 PM-3:00 PM Fee: \$40 Memorial Art Gallery
3 sessions

OASIS ROCHESTER IS

HISTORY



HIGHLIGHTED CLASSES

108 Columbus (In Person)

David Woodruff
Monday Jan 23-30 11:00 AM-12:00 PM Fee: \$20 Oasis
2 sessions

114 The Assassination of Adolph Hitler (In Person)

Mark Sample
Monday Feb 20 10:00 AM-11:30 AM Oasis
Fee: \$15

120 Bobby Kennedy – James Baldwin Meeting

Mel Braverman
Monday Mar 13-20 1:30 PM-2:30 PM Fee: \$20 Oasis
2 sessions

309 Irving Berlin, America's Songwriter (In Person)

Otto Bruno
Wednesday Jan 11-Jan 25 1:30 PM-3:00 PM Fee: \$60 Oasis
3 sessions

321 The Andy Griffith Show

Otto Bruno
Wednesday Mar 29-Apr 12 1:30 PM-3:00 PM Fee: \$60 Oasis
3 sessions

409 World War II in Perspective (In Person)

Laurence Britt
Thursday Feb 9-Mar 2 11:00 AM-12:00 PM Fee: \$40 Oasis
4 sessions

512 Martha Taylor Howard (In Person)

Jenny Lloyd
Friday Feb 17 2:00 PM-3:00 PM Oasis
Fee: \$10

514 Susan B. Anthony II (In Person)

Jenny Lloyd
Friday Feb 24 2:00 PM-3:00 PM Oasis
Fee: \$10

Registration Procedures

Registration is required for all Oasis classes. Ways to register:

- **Mail-In - Registration Processed beginning December 5th, 2022**
- **Online - Registration Opens December 5th, 2022 @ 12:00am**
- **Walk-In - Registration December 7–8, 2022, 9am–12 noon**

Please follow all procedures listed below:

- You must be a member of Oasis to register. If you are not a member you may join by coming to the Oasis Center, by phone or online at the Oasis website: rochester.oasisnet.org.
Membership is free.
- Please complete the registration form, including name and phone number. Please print clearly. Place a check mark in the left hand column in front of each class for which you want to register.
- All participants must sign the registration form, which serves as signature of the Waiver of Liability below.
- If there are two members in one household, please make a photocopy of the full blank registration form or pick up a form at Oasis. Do not list two members on one form.
- **If you would like a confirmation letter mailed, please enclose a self-addressed stamped envelope.**
- **If you would like your confirmation letter emailed, please provide your email address on the registration form.**
- Credit cards may be used to pay for classes and trips. Oasis accepts Visa, MasterCard, and Discover.
- Mark the credit card box on the registration form and include the type of card, the credit card number, expiration date and the **CVV number**. Credit cards are not charged if you are placed on a waiting list.
- If paying by check, **separate checks** must be written for **each class requiring a fee**. Please write the class number on the check. If the class is full, the unused check will be returned to the member. Make checks payable to Oasis unless otherwise noted. If separate checks are not submitted, refundable fees will be credited to your Oasis account.
- Members who want to attend classes with another member should send their registrations to Oasis in one envelope. Don't forget to send the self-addresses stamped envelope or request an email receipt.

Waiver of Liability: I release and discharge Oasis Rochester and all other sponsors, supporters and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis. These include but are not limited to: educational, cultural, volunteer, physical fitness related programs and travel in any form. I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that the Oasis mailing list may be used by Oasis sponsors for educational mailings. I understand that participants in Oasis programs are expected to conduct themselves in a courteous manner, respecting the rights of all other participants, volunteers and staff. Oasis will follow CDC guidelines as it relates to COVID-19 but requires proof of full vaccination for all in-person classes. I give permission for Oasis Rochester to photograph or videotape me and use my name and image in Oasis materials and publicity. I authorize the use of my name and image in publications produced by The Oasis Rochester's partners and by the media. I agree to be photographed or videotaped by the media for general publication.

Oasis Registration Form

Name: _____

Address: _____ Phone: _____

E-mail Address: _____ Would you like to receive emails form Oasis? ☐ Yes ☐ No

Signature: _____ Date: _____

I would like to pay by credit card: ☐ Visa ☐ Mastercard ☐ Discover

Card #: _____ Exp. Date. ____/____ CVV: _____ (On back of card)

Tax deductible donation to Oasis Rochester \$ _____

✓	#	Class Name	Fee	Office Use	
		ARTS & HUMANITIES	W	E	Ck#
	124	At the Movies with Otto: Stalag 17 (1953)	\$20		
	210	Beginning Sketching and Drawing with Graphite	\$45		
	212	Ebony and Ivory Chanteuses	\$50		
	215	Imagine Ireland	\$45		
	216	Paint Acrylic on Canvas	\$45		
	307	Cultural Tourism (In Person)	\$40		
	308	Cultural Tourism (Zoom Simulcast)	\$40		
	311	Basic Watercolors (Zoom)	\$40		
	312	Humphrey Bogart: From Obscurity to Stardom, 1930-1943	\$70		
	313	Valentine, Sweet Valentine	\$45		
	314	Gauguin In Context (In Person)	\$40		
	315	Gauguin In Context (Zoom Simulcast)	\$40		
	316	Painting as a Woman in the Early 20th Century (In Person)	\$55		
	317	Painting as a Woman in the Early 20th Century (Zoom Simulcast)	\$55		
	320	Meditation and Prayer Flags	\$45		
	322	Make a Wooden 'Welcome' Wall/Door Hanging!	\$50		
	405	Meditation and Meditative Drawing	\$45		
	406	Seven Female Mystics (Zoom Only)	\$10		
	407	At the Movies with Otto: The Band Wagon (1953)	\$20		
	411	Painting the Winter Landscape in Watercolor	\$45		
	416	Painting Spring Flowers in Watercolor	\$45		
	508	Oasis Book Club (Zoom Only)	\$20		
	509	Little Surprise!	\$6		
	511	Little Surprise!	\$6		

✓	#	Class Name	Fee	Office Use	
		ARTS & HUMANITIES	W	E	Ck#
	517	Little Surprise!	\$6		
	518	Creativity in Collage	\$45		
	521	Sacred Geometry and the Patterns of Music	\$10		
	523	Little Surprise!	\$6		
		COMPUTERS			
	103	Technology Tutoring	\$45		
	110	Technology Tutoring	\$45		
	116	Technology Tutoring	\$45		
	119	Technology Tutoring	\$45		
	123	Technology Tutoring	\$45		
		EXERCISE			
	101	Senior Pilates (Zoom Only)	\$66		
	102	T'ai Chi - Introduction	\$70		
	104	Bone Up Fitness (Zoom Only)	\$66		
	105	Nia: Body, Mind and Spirit	\$60		
	111	T'ai Chi - Intermediate Level	\$50		
	206	Buff Bones® Level 2 Intermediate Mat Class (Zoom Only)	\$139		
	207	AquaFit Level One: Arthritis/Fibromyalgia/Range of Motion	\$140		
	208	Buff Bones® Level 1 Introductory Mat Class (Zoom Only)	\$139		
	209	Bone Up Fitness (Zoom Only)	\$72		
	211	Beginning Belly Dance	\$40		
	301	Jazz	\$75		
	302	Ballet	\$75		
	304	Tap Dance 4	\$75		
	305	Oasis Tappers Wednesday	\$75		
	403	BackStrong Mat Class (Zoom Only)	\$139		
	404	Bone Up Fitness (Zoom Only)	\$72		
	501	Tap Dance 2A	\$75		

Oasis Registration Form

Please place a check mark in the left hand column of each class you want to attend.

✓	#	Class Name	Fee	Office Use	
		EXERCISE	W	E	Ck#
	502	Tap Dance 2B	\$75		
	503	Tap Dance 3	\$75		
	504	Nia: Body, Mind and Spirit (Zoom Only)	\$70		
	505	Oasis Tappers Friday	\$75		
	506	Tap Dance 1	\$75		
		HEALTH			
	107	Diet is a 4-Letter Word!	\$10		
	408	Meditation For Everyone	\$60		
	520	Labyrinths: Walking Meditation	\$15		
		HISTORY			
	108	Columbus (In Person)	\$20		
	109	Columbus (Zoom Simulcast)	\$20		
	112	Spanish Civil War (In Person)	\$20		
	113	Spanish Civil War (Zoom Simulcast)	\$20		
	114	The Assassination of Adolph Hitler (In Person)	\$15		
	115	The Assassination of Adolph Hitler (Zoom Simulcast)	\$15		
	117	Soviet Space Efforts (In Person)	\$20		
	118	Soviet Space Efforts (Zoom Simulcast)	\$20		
	120	Bobby Kennedy - James Baldwin Meeting	\$20		
	121	Pirates (In Person)	\$20		
	122	Pirates (Zoom Simulcast)	\$20		
	309	Irving Berlin, America's Songwriter (In Person)	\$60		
	310	Irving Berlin, America's Songwriter (Zoom Simulcast)	\$60		
	318	Garson Kanin in Hollywood (In Person)	\$60		
	319	Garson Kanin in Hollywood (Zoom Simulcast)	\$60		
	321	The Andy Griffith Show	\$60		
	409	World War II in Perspective (In Person)	\$40		
	410	World War II in Perspective (Zoom Simulcast)	\$40		
	414	Modern Times and Into the Future (In Person)	\$40		
	415	Modern Times and Into the Future (Zoom Simulcast)	\$40		
	512	Martha Taylor Howard (In Person)	\$10		

✓	#	Class Name	Fee	Office Use	
		EXERCISE	W	E	Ck#
	513	Martha Taylor Howard (Zoom Simulcast)	\$10		
	514	Susan B. Anthony II (In Person)	\$10		
	515	Susan B. Anthony II (Zoom Simulcast)	\$10		
		LANGUAGES			
	204	French - Beginning (Zoom Only)	\$75		
	205	French - Advanced (Zoom Only)	\$75		
	303	Spanish - Advanced Continued (Zoom Only)	\$75		
	306	Spanish - Intermediate Continued	\$65		
	401	German - Intermediate	\$55		
	402	German - Advanced	\$55		
		MUSIC			
	106	Oasis Community Chorus (Zoom Only)	\$60		
	201	Music Theory I	\$70		
	202	Oasis Community Chorus (In Person)	\$70		
	203	How to Read Music	\$70		
	519	Drumming	\$10		
		PERSONAL DEVELOPMENT			
	214	New York Citizen Preparedness Training Program	\$10		
	412	Television Streaming Services	\$20		
	413	Amazon Echo/Alexa-What is it?	\$20		
		TOURS			
	213	George Eastman Museum-Docent Led Tour	\$20		
	507	The Art of Looking" Learning Tools For a Lifetime	\$40		
	510	The Art of Looking" Learning Tools For a Lifetime	\$40		
	516	The Art of Looking" Learning Tools For a Lifetime	\$40		
	522	The Art of Looking" Learning Tools For a Lifetime	\$40		

For classes held on Zoom:

How to join- you will need to download the Zoom app to your device prior to class.
Please visit: <https://zoom.us/download>



Full class descriptions are on our website. Registration will begin on December 5th and will be via mail and online at rochester.oasisnet.org



For classes held on Zoom:



- How to join: you will need to download the Zoom app to your device prior to class. **Please visit: zoom.us/download**
- Zoom meeting information will be included in registration receipts. **Please be sure to save your receipt or conveniently file Zoom meeting ID and passcode for easy use.**
- To ensure admittance into the class, please be sure to change your device name to reflect who is enrolled in the class.
- Arriving to class on time will prevent any disruptions
- To minimize distractions, please keep yourself muted (if on zoom) at all times unless otherwise instructed.
- Due to storage space constraints and copyright issues, we will not be recording classes.

