Join us for online classes this Winter!

Register online: rochester.oasisnet.org
Dear Oasis Friends,

We are so excited to continue to offer more fun and engaging classes this winter. In consultation with our Oasis Rochester Board of Directors, which includes an area Geriatrician, and local, state and CDC guidelines, we will no longer be requiring proof of vaccination for class participation. Masking will continue to be optional, unless otherwise required by the instructor. This will be subject to change if our local Covid transmission rate increases, but we will be certain to communicate that if needed. Again, many of our classes will be held in our Monroe Avenue space as well as in community spaces. Some classes will continue to be held via Zoom (and are noted ‘Zoom Only’) and some will be simulcasted in person AND via Zoom for those who may want to participate but not in person. Please note that for those classes only, there are two different class numbers and class titles are noted with ‘In Person’ and ‘Zoom Simulcast.’ Please register for either dependent on how you plan to participate and do not take an in person seat if you do not plan to come to our Monroe Avenue space. Several of our classes are offered on Oasis Everywhere, which is a way of sharing classes with others across the country. Those classes are listed in green, and we ask that you register for those classes on our Rochester website online or via mail only. Please register carefully.

Ann Cunningham
Oasis Rochester Executive Director

Take a class on Oasis Everywhere:

- Our Oasis Everywhere classes, noted in green, are also being listed on Oasis Everywhere; please register at rochester.oasiseverywhere.org
- Oasis Everywhere offers live online content provided by Oasis instructors from all nine centers across the country. For a full list of Oasis Everywhere (OE) classes, visit online @ store.oasiseverywhere.org

Oasis Rochester Update:

- Staff can be reached by contacting us at 585.730.8800 or at inforochoasis@gmail.com
- Registration will begin on December 5th and will be via mail and online at: rochester.oasisnet.org

Full class descriptions are on our website. Registration will begin on December 5th and will be via mail and online at:
rochester.oasisnet.org

Contact us: inforochoasis@gmail.com

Oasis Course Catalog - Winter 2023
For classes held on Zoom:

- How to join: you will need to download the Zoom app to your device prior to class. Please visit: zoom.us/download

- Zoom meeting information will be included in registration receipts. Please be sure to save your receipt or conveniently file Zoom meeting ID and passcode for easy use.

- To ensure admittance into the class, please be sure to change your device name to reflect who is enrolled in the class.

- Arriving early to class will help prevent any disruptions.

- To minimize distractions, please keep yourself muted (if on Zoom) at all times unless otherwise instructed.

- Due to storage space constraints and copyright issues, we will not be recording classes.

Don’t miss out on the latest news from Oasis!

- If you want to receive the latest information about Oasis classes, volunteer opportunities and events that matter to you, it’s important that you give us permission to communicate with you through bulk email (our eBlast system).

- Sign into MyOasis and click on the Opt In button or call us at 585-730-8800 and we’ll help you opt in to receive eBlasts and stay up-to-date on the latest class & center updates.

*Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.
## ARTS & HUMANITIES

### 124 At the Movies with Otto: Stalag 17 (1953)
- Otto Bruno
- **Monday** Oct 31 12:00 PM-3:00 PM
- Fee: $20

### 210 Beginning Sketching and Drawing with Graphite
- Lisa Robinson
- **Tuesday** Jan 17 1:00 PM-3:00 PM
- Fee: $45

### 212 Ebony and Ivory Chanteuses
- James Kraus
- **Tuesday** Feb 14-Mar 7 1:00 PM-3:00 PM
- Fee: $50

### 215 Imagine Ireland
- Lisa Robinson
- **Tuesday** Mar 14 1:30 PM-3:00 PM
- Fee: $45

### 216 Paint Acrylic on Canvas
- Susan Carmen-Duffy
- **Tuesday** Mar 21 1:00 PM-3:00 PM
- Fee: $45

### 307 Cultural Tourism (In Person)
- Grace Seiberling, 307
- **Wednesday** Jan 11-25 11:00 AM-12:30 PM
- Fee: $40

### 308 Cultural Tourism (Zoom Simulcast)
- Grace Seiberling
- **Wednesday** Jan 25 1:30 PM-3:30 PM
- Fee: $40

### 311 Basic Watercolors (Zoom)
- Susan Carmen-Duffy
- **Wednesday** Jan 11-25 11:00 AM-12:30 PM
- Fee: $40

### 312 Humphrey Bogart: From Obscurity to Stardom, 1930-1943
- Otto Bruno
- **Wednesday** Feb 1-22 1:00 PM-4:00 PM
- Fee: $70

### 313 Valentine, Sweet Valentine
- Susan Carmen-Duffy
- **Wednesday** Feb 1 1:00 PM-3:00 PM
- Fee: $45

### 314 Gauguin In Context (In Person)
- Grace Seiberling
- **Wednesday** Feb 8-22 11:00 AM-12:30 PM
- Fee: $40

### 315 Gauguin In Context (Zoom Simulcast)
- Grace Seiberling
- **Wednesday** Feb 8-22 11:00 AM-12:30 PM
- Fee: $40

### 316 Painting as a Woman in the Early 20th Century (In Person)
- Grace Seiberling
- **Wednesday** Mar 8-29 11:00 AM-12:30 PM
- Fee: $55

### 317 Painting as a Woman in the Early 20th Century (Zoom Simulcast)
- Grace Seiberling
- **Wednesday** Mar 8-29 11:00 AM-12:30 PM
- Fee: $55

### 320 Meditation and Prayer Flags
- Susan Carmen-Duffy
- **Wednesday** Apr 12 1:00 PM-3:00 PM
- Fee: $45

### 322 Make a Wooden ‘Welcome’ Wall/Door Hanging!
- Maria Panzera
- **Wednesday** Mar 15 1:00 PM-3:00 PM
- Fee: $50

### 405 Meditation and Meditative Drawing
- Susan Carmen-Duffy
- **Thursday** Jan 12 1:00 PM-3:00 PM
- Fee: $45

### 406 Seven Female Mystics (Zoom Only)
- Darla Bair
- **Thursday** Jan 19 1:00 PM-2:00 PM
- Fee: $10

### 407 At the Movies with Otto: The Band Wagon (1953)
- Otto Bruno
- **Thursday** Feb 2 12:00 PM-3:00 PM
- Fee: $10

### 411 Painting the Winter Landscape in Watercolor
- Lisa Robinson
- **Thursday** Feb 9 1:00 PM-3:00 PM
- Fee: $45

### 416 Painting Spring Flowers in Watercolor
- Lisa Robinson
- **Thursday** Apr 6 1:00 PM-3:00 PM
- Fee: $45

### 508 Oasis Book Club (Zoom Only)
- Jenny Lloyd
- **Friday** Jan 13-Apr 14 1:30 PM-2:30 PM
- Fee: $20

### 509 Little Surprise!
- **Friday** Jan 20 1:00 PM-3:00 PM
- Fee: $6

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**Contact us:** inforochoasis@gmail.com | **Oasis Course Catalog - Winter 2023**

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Full class descriptions are on our website. Registration will begin on December 5th and will be via mail and online at: rochester.oasisnet.org
## Oasis Course Catalog - Winter 2023

### Computers

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Instructor</th>
<th>Dates</th>
<th>Times</th>
<th>Fee</th>
<th>Sessions</th>
</tr>
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<tbody>
<tr>
<td>103</td>
<td>Technology Tutoring</td>
<td>Pat Martinez</td>
<td>Monday Jan 9–16</td>
<td>10:00 AM-11:00 AM</td>
<td>$45</td>
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<td>110</td>
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<td>Pat Martinez</td>
<td>Monday Jan 30-Feb 6</td>
<td>10:00 AM-11:00 AM</td>
<td>$45</td>
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<td>116</td>
<td>Technology Tutoring</td>
<td>Pat Martinez</td>
<td>Monday Feb 20-Feb 27</td>
<td>10:00 AM-11:00 AM</td>
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<td>Pat Martinez</td>
<td>Monday Mar 13-20</td>
<td>10:00 AM-11:00 AM</td>
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<td>123</td>
<td>Technology Tutoring</td>
<td>Pat Martinez</td>
<td>Monday Apr 3-10</td>
<td>10:00 AM-11:00 AM</td>
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### Exercise

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<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Instructor</th>
<th>Dates</th>
<th>Times</th>
<th>Fee</th>
<th>Sessions</th>
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<tr>
<td>101</td>
<td>Senior Pilates (Zoom Only)</td>
<td>Rosalind Walker</td>
<td>Monday Jan 9</td>
<td>9:00 AM-10:00 AM</td>
<td>$66</td>
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<td>102</td>
<td>T'ai Chi - Introduction</td>
<td>Tim Farnum</td>
<td>Monday Jan 9-Apr 10</td>
<td>9:30 AM-10:30 AM</td>
<td>$70</td>
<td>14</td>
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<tr>
<td>104</td>
<td>Bone Up Fitness (Zoom Only)</td>
<td>Rosalind Walker</td>
<td>Monday Jan 9</td>
<td>10:30 AM-11:30 AM</td>
<td>$66</td>
<td>11</td>
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<td>105</td>
<td>Nia: Body, Mind and Spirit</td>
<td>Rhonda Wright</td>
<td>Monday Jan 9-Apr 3</td>
<td>12:15 PM-1:15 PM</td>
<td>$60</td>
<td>13</td>
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<td>111</td>
<td>T'ai Chi - Intermediate Level</td>
<td>Diane Macchiavelli, Lac</td>
<td>Monday Feb 6-Apr 10</td>
<td>10:45 AM-11:45 AM</td>
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<td>206</td>
<td>Buff Bones Level 2 Intermediate Mat Class</td>
<td>Nancy Alexander</td>
<td>Tuesday Jan 10-Apr 11</td>
<td>9:00 AM-10:00 AM</td>
<td>$139</td>
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<tr>
<td>207</td>
<td>Aquafit-Arthritis/Fibromyalgia/Range of Motion</td>
<td>Valley Manor Staff</td>
<td>Tuesday Jan 10-Apr 13</td>
<td>10:00 AM-11:00 AM</td>
<td>$140</td>
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<tr>
<td>208</td>
<td>Buff Bones Level 1 Introductory Mat Class</td>
<td>Nancy Alexander</td>
<td>Tuesday Jan 10-Mar 28</td>
<td>12:00 PM-1:00 PM</td>
<td>$72</td>
<td>12</td>
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<td>209</td>
<td>Bone Up Fitness (Zoom Only)</td>
<td>Rosalind Walker</td>
<td>Tuesday Jan 10-Mar 28</td>
<td>12:00 PM-1:00 PM</td>
<td>$72</td>
<td>12</td>
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<td>211</td>
<td>Beginning Belly Dance</td>
<td>Julie Ferreira</td>
<td>Tuesday Feb 7-Mar 28</td>
<td>1:00 PM-2:00 PM</td>
<td>$40</td>
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<td>301</td>
<td>Jazz</td>
<td>Erika Atkinson</td>
<td>Wednesday Jan 4-Apr 12</td>
<td>9:00 AM-9:40 AM</td>
<td>$75</td>
<td>15</td>
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<td>302</td>
<td>Ballet</td>
<td>Erika Atkinson</td>
<td>Wednesday Jan 4-Apr 12</td>
<td>9:45 AM-10:25 AM</td>
<td>$75</td>
<td>15</td>
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<td>304</td>
<td>Tap Dance 4</td>
<td>Erika Atkinson</td>
<td>Wednesday Jan 4-Apr 12</td>
<td>10:30 AM-11:10 AM</td>
<td>$75</td>
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<td>305</td>
<td>Oasis Tappers Wednesday</td>
<td>Erika Atkinson</td>
<td>Wednesday Jan 4-Apr 12</td>
<td>11:15 AM-12:10 PM</td>
<td>$75</td>
<td>15</td>
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<tr>
<td>403</td>
<td>BackStrong Mat Class (Zoom Only)</td>
<td>Nancy Alexander</td>
<td>Thursday Jan 12-Apr 13</td>
<td>9:00 AM-10:00 AM</td>
<td>$139</td>
<td>14</td>
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<td>404</td>
<td>Bone Up Fitness (Zoom Only)</td>
<td>Rosalind Walker</td>
<td>Thursday Jan 12-Mar 30</td>
<td>1:00 PM-2:00 PM</td>
<td>$72</td>
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<td>501</td>
<td>Tap Dance 2A</td>
<td>Erika Atkinson</td>
<td>Friday Jan 6-Apr 14</td>
<td>9:00 AM-9:40 AM</td>
<td>$75</td>
<td>15</td>
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</tbody>
</table>

Register online: rochester.oasisnet.org
502  Tap Dance 2B  
Erika Atkinson  
Oasis  
Friday  
Jan 6–Apr 14  
9:45 AM-10:25 AM  
Fee: $75  
15 sessions

503  Tap Dance 3  
Erika Atkinson  
Oasis  
Friday  
Jan 6–Apr 14  
10:30 AM-11:10 AM  
Fee: $75  
15 sessions

504  Nia: Body, Mind and Spirit (Zoom Only)  
Rhonda Wright  
Zoom  
Friday  
Jan 6–Apr 14  
10:30 AM-11:30 AM  
Fee: $70  
15 sessions  
No class: 1 class TBD

505  Oasis Tappers Friday  
Erika Atkinson  
Oasis  
Friday  
Jan 6–Apr 14  
11:15 AM-12:10 PM  
Fee: $75  
15 sessions

506  Tap Dance 1  
Erika Atkinson  
Oasis  
Friday  
Jan 6–Apr 14  
12:15 PM-12:50 PM  
Fee: $75  
15 sessions

HEALTH

107  Diet is a 4-Letter Word!  
Pam Gardephe  
Oasis  
Monday  
Jan 16  
1:00 PM-2:00 PM  
Fee: $10

408  Meditation For Everyone  
Oasis  
Thursday  
Feb 9-Mar 16  
10:45 AM-11:45 AM  
Fee: $60  
6 sessions

520  Labyrinths: Walking Meditation  
Darla Bair  
Oasis  
Friday  
Mar 24  
10:30 AM-12:00 PM  
Fee: $15

HISTORY

108  Columbus (In Person)  
David Woodruff  
Oasis  
Monday  
Jan 23-30  
11:00 AM-12:00 PM  
Fee: $20  
2 sessions

109  Columbus (Zoom Simulcast)  
David Woodruff  
Zoom  
Monday  
Jan 23-30  
11:00 AM-12:00 PM  
Fee: $20  
2 sessions

112  Spanish Civil War (In Person)  
David Woodruff  
Oasis  
Monday  
Feb 6-13  
11:00 AM-12:00 PM  
Fee: $20  
2 sessions

113  Spanish Civil War (Zoom Simulcast)  
David Woodruff  
Zoom  
Monday  
Feb 6-13  
11:00 AM-12:00 PM  
Fee: $20  
2 sessions

114  The Assassination of Adolph Hitler (In Person)  
Mark Sample  
Oasis  
Monday  
Feb 20  
10:00 AM-11:30 AM  
Fee: $15

115  The Assassination of Adolph Hitler (Zoom Simulcast)  
Mark Sample  
Zoom  
Monday  
Feb 20  
10:00 AM-11:30 AM  
Fee: $15

117  Soviet Space Efforts (In Person)  
David Woodruff  
Oasis  
Monday  
Feb 27-Mar 6  
11:00 AM-12:00 PM  
Fee: $20  
2 sessions

118  Soviet Space Efforts (Zoom Simulcast)  
David Woodruff  
Zoom  
Monday  
Feb 27-Mar 6  
11:00 AM-12:00 PM  
Fee: $20  
2 sessions

120  Bobby Kennedy – James Baldwin Meeting  
Mel Braverman  
Oasis  
Monday  
Mar 13-20  
1:30 PM-2:30 PM  
Fee: $20  
2 sessions

121  Pirates (In Person)  
David Woodruff  
Oasis  
Monday  
Mar 20-27  
11:00 AM-12:00 PM  
Fee: $20  
2 sessions

122  Pirates (Zoom Simulcast)  
David Woodruff  
Zoom  
Monday  
Mar 20-27  
11:00 AM-12:00 PM  
Fee: $20  
2 sessions

309  Irving Berlin, America’s Songwriter (In Person)  
Otto Bruno  
Oasis  
Wednesday Jan 11-Jan 25  
1:30 PM-3:00 PM  
Fee: $60  
3 sessions

310  Irving Berlin, America’s Songwriter (Zoom Simulcast)  
Otto Bruno  
Zoom  
Wednesday  
Jan 11-25  
1:30 PM-3:00 PM  
Fee: $60  
3 sessions

318  Garson Kanin in Hollywood (In Person)  
Otto Bruno  
Oasis  
Wednesday  
Mar 8-22  
1:30 PM-3:00 PM  
Fee: $60  
3 sessions

319  Garson Kanin in Hollywood (Zoom Simulcast)  
Otto Bruno  
Zoom  
Wednesday  
Mar 8-22  
1:30 PM-3:00 PM  
Fee: $60  
3 sessions

321  The Andy Griffith Show  
Otto Bruno  
Oasis  
Wednesday  
Mar 29-Apr 12  
1:30 PM-3:00 PM  
Fee: $60  
3 sessions

409  World War II in Perspective (In Person)  
Laurence Britt  
Oasis  
Thursday  
Feb 9-Mar 2  
11:00 AM-12:00 PM  
Fee: $40  
4 sessions

410  World War II in Perspective (Zoom Simulcast)  
Laurence Britt  
Zoom  
Thursday  
Feb 9-Mar 2  
11:00 AM-12:00 PM  
Fee: $40  
4 sessions

414  Modern Times and Into the Future (In Person)  
Laurence Britt  
Oasis  
Thursday  
Mar 23-Apr 13  
11:00 AM-12:00 PM  
Fee: $40  
4 sessions
415 Modern Times and Into the Future
(Zoom Simulcast)
Laurence Britt
Thursday Mar 23–Apr 13 11:00 AM–12:00 PM Fee: $40 4 sessions

512 Martha Taylor Howard (In Person)
Jenny Lloyd
Friday Feb 17 2:00 PM–3:00 PM Fee: $10

513 Martha Taylor Howard (Zoom Simulcast)
Jenny Lloyd
Friday Feb 17 2:00 PM–3:00 PM Fee: $10

514 Susan B. Anthony II (In Person)
Jenny Lloyd
Friday Feb 24 2:00 PM–3:00 PM Fee: $10

515 Susan B. Anthony II (Zoom Simulcast)
Jenny Lloyd
Friday Feb 24 2:00 PM–3:00 PM Fee: $10

LANGUAGES

204 French - Beginning (Zoom Only)
Kevin Finnigan
Tuesday Jan 3–Apr 11 1:00 PM–2:00 PM Fee: $75 Zoom 15 sessions

205 French - Advanced (Zoom Only)
Kevin Finnigan
Tuesday Jan 3–Apr 11 2:30 PM–4:00 PM Fee: $75 Zoom 15 sessions

303 Spanish - Advanced Continued (Zoom Only)
Kristine Hannon
Wednesday Jan 4–Apr 12 10:00 AM–11:00 AM Fee: $75 Zoom 15 sessions

306 Spanish - Intermediate Continued
Kristine Hannon
Wednesday Jan 4–Apr 12 11:15 AM–12:15 PM Fee: $75 Oasis 15 sessions

401 German - Intermediate
Ingeborg Oberdoerster
Thursday Jan 5–Mar 16 9:30 AM–10:30 AM Fee: $55 Oasis 11 sessions

402 German - Advanced
Ingeborg Oberdoerster
Thursday Jan 5–Mar 16 10:45 AM–11:45 AM Fee: $55 Oasis 11 sessions

MUSIC

106 Oasis Community Chorus (Zoom Only)
Rhonda Wright
Monday Jan 9–Apr 3 2:30 PM–3:30 PM Fee: $60 Zoom 13 sessions
No class 4/10, 1 class TBD

201 Music Theory I
Rhonda Wright
Tuesday Jan 3–Apr 11 10:00 AM–10:45 AM Fee: $70 Oasis 15 sessions
No class: 1 Class TBD

202 Oasis Community Chorus (In Person)
Rhonda Wright
Tuesday Jan 3–Apr 11 11:00 AM–12:00 PM Fee: $70 Oasis 15 sessions
No class: 1 Class TBD

203 How to Read Music
Rhonda Wright
Tuesday Jan 3–Apr 11 12:15 PM–1:00 PM Fee: $70 Oasis 15 sessions
No class: 1 Class TBD

519 Drumming
Darla Bair
Friday Mar 24 9:00 AM–10:00 AM Fee: $10

PERSONAL DEVELOPMENT

214 New York Citizen Preparedness Training Program
Brian Bennett
Tuesday Mar 14 1:00 PM–2:30 PM Fee: $10

412 Television Streaming Services
Pat Martinez
Thursday Mar 9 10:00 AM–12:00 PM Fee: $20

413 Amazon Echo/Alexa-What is it?
Pat Martinez
Thursday Mar 16 10:00 AM–12:00 PM Fee: $20

TOURS

213 George Eastman Museum-Docent Led Tour
Rhonda Wright
Tuesday Feb 21–15 10:00 AM–12:00 PM Fee: $20 Eastman House

507 The Art of Looking: Learning Tools For a Lifetime
MAG Docent
Friday Jan 6–20 1:00 PM–3:00 PM Fee: $40 Memorial Art Gallery 3 sessions

510 The Art of Looking: Learning Tools For a Lifetime
MAG Docent
Friday Feb 3–17 1:00 PM–3:00 PM Fee: $40 Memorial Art Gallery 3 sessions

516 The Art of Looking: Learning Tools For a Lifetime
MAG Docent
Friday Mar 3–17 1:00 PM–3:00 PM Fee: $40 Memorial Art Gallery 3 sessions

522 The Art of Looking: Learning Tools For a Lifetime
MAG Docent
Friday Mar 31–Apr 14 1:00 PM–3:00 PM Fee: $40 Memorial Art Gallery 3 sessions
HIGHLIGHTED CLASSES

108  Columbus (In Person)
    David Woodruff
    Monday      Jan 23–30   11:00 AM–12:00 PM   Fee: $20  2 sessions

114  The Assassination of Adolph Hitler
     (In Person)
     Mark Sample
     Monday        Feb 20  10:00 AM–11:30 AM   Fee: $15

120  Bobby Kennedy – James Baldwin Meeting
     Mel Braverman
     Monday       Mar 13–20    1:30 PM–2:30 PM   Fee: $20  2 sessions

309  Irving Berlin, America’s Songwriter
     (In Person)
     Otto Bruno
     Wednesday Jan 11–Jan 25  1:30 PM–3:00 PM   Fee: $60  3 sessions

321  The Andy Griffith Show
     Otto Bruno
     Wednesday Mar 29–Apr 12  1:30 PM–3:00 PM Fee: $60  3 sessions

409  World War II in Perspective (In Person)
     Laurence Britt
     Thursday    Feb 29–Mar 2  11:00 AM–12:00 PM Fee: $40  4 sessions

512  Martha Taylor Howard (In Person)
     Jenny Lloyd
     Friday       Feb 17  2:00 PM–3:00 PM Fee: $10

514  Susan B. Anthony II (In Person)
     Jenny Lloyd
     Friday       Feb 24  2:00 PM–3:00 PM Fee: $10
Registration Procedures
Registration is required for all Oasis classes. Ways to register:

• Mail-In - Registration Processed beginning December 5th, 2022
• Online - Registration Opens December 5th, 2022 @ 12:00am
• Walk-In - Registration December 7–8, 2022, 9am–12 noon

Please follow all procedures listed below:

• You must be a member of Oasis to register. If you are not a member you may join by coming to the Oasis Center, by phone or online at the Oasis website: rochester.oasisnet.org. Membership is free.

• Please complete the registration form, including name and phone number. Please print clearly. Place a check mark in the left hand column in front of each class for which you want to register.

• All participants must sign the registration form, which serves as signature of the Waiver of Liability below.

• If there are two members in one household, please make a photocopy of the full blank registration form or pick up a form at Oasis. Do not list two members on one form.

• If you would like a confirmation letter mailed, please enclose a self-addressed stamped envelope.

• If you would like your confirmation letter emailed, please provide your email address on the registration form.

• Credit cards may be used to pay for classes and trips. Oasis accepts Visa, MasterCard, and Discover.

• Mark the credit card box on the registration form and include the type of card, the credit card number, expiration date and the CVV number. Credit cards are not charged if you are placed on a waiting list.

• If paying by check, separate checks must be written for each class requiring a fee. Please write the class number on the check. If the class is full, the unused check will be returned to the member. Make checks payable to Oasis unless otherwise noted. If separate checks are not submitted, refundable fees will be credited to your Oasis account.

• Members who want to attend classes with another member should send their registrations to Oasis in one envelope. Don’t forget to send the self-addressed stamped envelope or request an email receipt.

Waiver of Liability: I release and discharge Oasis Rochester and all other sponsors, supporters and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis. These include but are not limited to: educational, cultural, volunteer, physical fitness related programs and travel in any form. I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that the Oasis mailing list may be used by Oasis sponsors for educational mailings. I understand that participants in Oasis programs are expected to conduct themselves in a courteous manner, respecting the rights of all other participants, volunteers and staff. Oasis will follow CDC guidelines as it relates to COVID-19 but requires proof of full vaccination for all in-person classes. I give permission for Oasis Rochester to photograph or videotape me and use my name and image in Oasis materials and publicity. I authorize the use of my name and image in publications produced by The Oasis Rochester’s partners and by the media. I agree to be photographed or videotaped by the media for general publication.

Contact us: inforochoasis@gmail.com | Oasis Course Catalog - Winter 2023
**Oasis Registration Form**

Name:  

Address:  

Phone:  

E-mail Address:  

Would you like to receive emails from Oasis?  

---

Signature:  

Date:  

---

I would like to pay by credit card:  

- Visa  
- Mastercard  
- Discover  

Card #:  

Exp. Date:  

CVV:  

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Tax deductible donation to Oasis Rochester  

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### ARTS & HUMANITIES

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### ARTS & HUMANITIES

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### COMPUTERS

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### EXERCISE

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# Oasis Registration Form

Please place a check mark in the left hand column of each class you want to attend.

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For classes held on Zoom:
How to join- you will need to download the Zoom app to your device prior to class.
Please visit: [https://zoom.us/download](https://zoom.us/download)
Full class descriptions are on our website. Registration will begin on December 5th and will be via mail and online at rochester.oasisnet.org

For classes held on Zoom:

- How to join: you will need to download the Zoom app to your device prior to class. Please visit: zoom.us/download
- Zoom meeting information will be included in registration receipts. Please be sure to save your receipt or conveniently file Zoom meeting ID and passcode for easy use.
- To ensure admittance into the class, please be sure to change your device name to reflect who is enrolled in the class.
- Arriving to class on time will prevent any disruptions
- To minimize distractions, please keep yourself muted (if on zoom) at all times unless otherwise instructed.
- Due to storage space constraints and copyright issues, we will not be recording classes.

Register online: rochester.oasisnet.org