Full class descriptions are on our website. Registration will begin on August 14th and will be via mail and online at rochester.oasisnet.org
Dear Oasis Friends,

As we make our way through 2023, we are excited to present our Fall brochure. We are grateful for opportunities to learn, grow and connect both in-person, online and simulcasted as we continue to offer classes in all three formats. We are also celebrating 35 years of providing opportunities for lifelong learning, health and wellness and volunteerism in the Rochester area! Again, many of our classes will be held in our Monroe Avenue space, in community spaces and on Zoom as well. We have some exciting wine classes with sommelier Bruce Smoller, history classes with our new instructor Steve Schockow, a retired history teacher, and stories told by our favorite, David Woodruff. Susan Carmen Duffy and Lisa Robinson are back with some beautiful art classes and local D&C writer Gary Craig will discuss his acclaimed book Seven Million. All that and more!! Please remember that some classes will continue to be held via Zoom (and are noted ‘Zoom Only’) and some will be simulcasted in-person AND via Zoom for those who may want to participate but not in person, so register carefully. Stay current on any updates by ‘opting in’ on your Oasis account profile to receive email correspondence. And of course, always feel free to reach out to the Oasis office by phone at (585) 730-8800 with any questions. Happy Fall!

Ann Cunningham
Oasis Rochester Executive Director

DID YOU KNOW?
A planned giving gift to Oasis Rochester is a special way to express your gratitude for years of impact in our community.

Call us at (585) 730-8800 and ask how.

Take a class on Oasis Everywhere:

- Our Oasis Everywhere classes, noted in green, are also being listed on Oasis Everywhere; please register at rochester.oasiseverywhere.org
- Oasis Everywhere offers live online content provided by Oasis instructors from all nine centers across the country. For a full list of Oasis Everywhere (OE) classes, visit online @ store.oasiseverywhere.org

Oasis Rochester Update:

- Staff can be reached by contacting us at 585.730.8800 or at inforochoasis@gmail.com
- Registration will begin on August 14th and will be via mail and online at: rochester.oasisnet.org

Full class descriptions are on our website. Registration will begin on August 14th and will be via mail and online at:
rochester.oasisnet.org
## ARTS & HUMANITIES

### 119 What About the Peace Corp?
- **Elaine Miller, PhD, SUNY Brockport**
- **Oasis**
- **Monday Oct 23 1:00–2:00 PM**
- Fee: $10

### 125 Create Your Own House Portrait
- **Lisa Robinson, Central Creatives**
- Central Creatives
- **Monday Nov 13 1:00–3:00 PM**
- Fee: $45

### 126 Book Discussion: Ann's Pick
**Hello Beautiful**
- **Ann Cunningham**
- **Oasis**
- **Monday Nov 20 1:00–2:00 PM**
- Fee: $5

### 128 Design Your Own Greeting Cards
- **Lisa Robinson, Central Creatives**
- Central Creatives
- **Monday Dec 4 1:00–3:00 PM**
- Fee: $45

### 129 Writing For Fun
- **Lisa Kleman**
- **Zoom**
- **Monday Sept 11–Oct 23 12:00–2:30 PM**
- Fee: $80 6 sessions

### 130 Writing For Fun
- **Lisa Kleman**
- **Zoom**
- **Monday Oct 30–Dec 11 12:00–2:30 PM**
- Fee: $80 6 sessions

### 210 Watercolor Still Life
- **Lisa Robinson, Central Creatives**
- Central Creatives
- **Tuesday Oct 3 1:00–3:00 PM**
- Fee: $45

### 211 The Twilight Zone Revisited
- **Otto Bruno, author of Barney Miller and the Files of Ol’ One-Two**
- **Oasis**
- **Tuesday Oct 3–31 1:30–3:00 PM**
- Fee: $70 5 sessions

### 218 Coming of Age in the 1960s/1970s
- **Lisa Kleman**
- **Zoom**
- **Tuesday Sept 12–Oct 17 11:30 AM-1:30 PM**
- Fee: $75 6 sessions

### 212 The Autumn Landscape
- **Susan Carmen-Duffy, Owner, Create Art 4 Good**
- Central Creatives
- **Tuesday Oct 10 1:00–3:00 PM**
- Fee: $45

### 214 Mandala-Meditative Art
- **Susan Carmen-Duffy, Owner, Create Art 4 Good**
- Central Creatives
- **Tuesday Nov 14 1:00–3:00 PM**
- Fee: $45

### 215 Sinatra: The December of His Years
- **James Kraus, retired English teacher**
- **Oasis**
- **Tuesday Nov 21–Dec 5 2:00–3:30 PM**
- Fee: $45 3 sessions

### 304 Picasso in Context (In Person)
- **Grace Seiberling, Art Historian**
- **Oasis**
- **Wednesday Sep 6–27 10:00–11:30 AM**
- Fee: $60 4 sessions

### 305 Picasso in Context (Zoom Simulcast)
- **Grace Seiberling, Art Historian**
- **Oasis**
- **Wednesday Sep 6–27 10:00–11:30 AM**
- Fee: $60 4 sessions

### 311 Anne Bancroft: Mother Courage
- **Otto Bruno, author of Barney Miller and the Files of Ol’ One-Two**
- **Oasis**
- **Wednesday Sep 13–Oct 4 12:00–3:00 PM**
- Fee: $65 4 sessions

### 312 Creative Monoprinting
- **Susan Carmen-Duffy, Owner, Create Art 4 Good**
- Central Creatives
- **Wednesday Sep 20 1:00–3:00 PM**
- Fee: $50

### 314 Author Discussion: Gary Craig
- **Gary Craig**
- **Oasis**
- **Wednesday Oct 4 10:00–11:00 AM**
- Fee: $10

### 315 Watercolor Still Life
- **Lisa Robinson, Central Creatives**
- Central Creatives
- **Wednesday Oct 4 10:30 AM–12:30 PM**
- Fee: $45

### 316 Painting as a Woman: Twentieth-Century Connections (In Person)
- **Grace Seiberling, Art Historian**
- **Oasis**
- **Wednesday Oct 11–25 11:00 AM–12:30 PM**
- Fee: $45 3 sessions

### 317 Painting as a Woman: Twentieth-Century Connections (Zoom Simulcast)
- **Grace Seiberling, Art Historian**
- **Oasis**
- **Wednesday Oct 11–25 11:00 AM–12:30 PM**
- Fee: $45 3 sessions

### 318 Carol Burnett at 90 (In Person)
- **Otto Bruno, author of Barney Miller and the Files of Ol’ One-Two**
- **Oasis**
- **Wednesday Oct 11–25 1:30–3:00 PM**
- Fee: $50 3 sessions

### 319 Carol Burnett at 90 (Zoom Simulcast)
- **Otto Bruno, author of Barney Miller and the Files of Ol’ One-Two**
- **Oasis**
- **Wednesday Oct 11–25 1:30–3:00 PM**
- Fee: $50 3 sessions

### 320 John Ford, The Pappy of Them All
- **Otto Bruno, author of Barney Miller and the Files of Ol’ One-Two**
- **Oasis**
- **Wednesday Nov 1–29 12:00–3:00 PM**
- Fee: $70 4 sessions

*Register at rochester.oasis everywhere.org for this Oasis Everywhere class.*

Register online: rochester.oasisnet.org | Oasis Course Catalog - Fall 2023
<table>
<thead>
<tr>
<th>Course ID</th>
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<th>Start Date</th>
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<th>Fee</th>
<th>Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>321</td>
<td>Photographing America (In Person)</td>
<td>Grace Seiberling, Art Historian</td>
<td>Nov 8-29</td>
<td>10:00-11:30 AM</td>
<td>$45</td>
<td>3</td>
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<tr>
<td>322</td>
<td>Photographing America (Zoom Simulcast)</td>
<td>Grace Seiberling, Art Historian</td>
<td>Nov 8-29</td>
<td>10:00-11:30 AM</td>
<td>$45</td>
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<td>324</td>
<td>Otto’s Holiday at the Movies: Larceny, Inc</td>
<td>Otto Bruno, author of Barney Miller and the Files of One-Two</td>
<td>Dec 6</td>
<td>12:00-3:00 PM</td>
<td>$20</td>
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<tr>
<td>325</td>
<td>Celebrate with Handmade Ornaments</td>
<td>Susan Carmen-Duffy, Owner, Create Art 4 Good</td>
<td>Dec 6</td>
<td>1:00-3:00 PM</td>
<td>$45</td>
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<tr>
<td>405</td>
<td>100 Things To Do In Rochester Before You Die</td>
<td>Robin Flanigan, Author</td>
<td>Sep 14</td>
<td>1:00-2:00 PM</td>
<td>$10</td>
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<tr>
<td>410</td>
<td>Explorations in Watercolor I</td>
<td>Lisa Robinson, Central Creatives</td>
<td>Sep 21</td>
<td>1:00-3:00 PM</td>
<td>$12</td>
<td></td>
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<tr>
<td>413</td>
<td>Fall and Winter Getaways</td>
<td>Mike O’Brian, The Getaway Guy</td>
<td>Oct 12</td>
<td>1:00-2:00 PM</td>
<td>$10</td>
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<tr>
<td>422</td>
<td>Christmas With The Crooners</td>
<td>Roberta R Ryan</td>
<td>Dec 7</td>
<td>12:00-1:30 PM</td>
<td>$10</td>
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<tr>
<td>506</td>
<td>Oasis Book Club (Zoom Only)</td>
<td>Jenny Lloyd</td>
<td>Sep 8-22</td>
<td>1:30-2:30 PM</td>
<td>$20</td>
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<tr>
<td>509</td>
<td>Little Surprise! <em>Note Start Time Change</em></td>
<td></td>
<td>Sep 15</td>
<td>12:00-2:00 PM</td>
<td>$6</td>
<td></td>
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<tr>
<td>510</td>
<td>Golden Ratio and Fibonacci Numbers</td>
<td>Muriel Shaw</td>
<td>Sep 22-Oct 20</td>
<td>10:00-12:00 PM</td>
<td>$60</td>
<td>5</td>
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<tr>
<td>511</td>
<td>Explorations in Watercolor I</td>
<td>Lisa Robinson, Central Creatives</td>
<td>Sep 22-Oct 20</td>
<td>10:30-12:30 PM</td>
<td>$45</td>
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<tr>
<td>512</td>
<td>CINERAMA Adventure and the Monroe Theater</td>
<td>Peter Elliott</td>
<td>Sep 29-Oct 6</td>
<td>1:00-2:30 PM</td>
<td>$45</td>
<td>2</td>
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<tr>
<td>516</td>
<td>Kathy Johncox Presents “On Second Base”</td>
<td>Kathy Johncox, Author</td>
<td>Oct 20</td>
<td>10:00-11:00 AM</td>
<td>$10</td>
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<tr>
<td>517</td>
<td>Little Surprise! <em>Note Start Time Change</em></td>
<td></td>
<td>Oct 20</td>
<td>12:00-2:00 PM</td>
<td>$6</td>
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<tr>
<td>518</td>
<td>Fractals</td>
<td>Muriel Shaw</td>
<td>Oct 27-Dec 1</td>
<td>10:00 AM-12:00 PM</td>
<td>$60</td>
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<tr>
<td>521</td>
<td>Little Surprise! <em>Note Start Time Change</em></td>
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<td>Nov 17</td>
<td>12:00-2:00 PM</td>
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<tr>
<td>523</td>
<td>Little Surprise! <em>Note Start Time Change</em></td>
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<td>Dec 15</td>
<td>12:00-2:00 PM</td>
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**COMPUTERS**

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<th>Sessions</th>
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<tbody>
<tr>
<td>102</td>
<td>Technology Tutoring</td>
<td>Pat Martinez, IT Professional</td>
<td>Sep 11-Oct 18</td>
<td>10:00-11:00 AM</td>
<td>$45</td>
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<tr>
<td>112</td>
<td>Technology Tutoring</td>
<td>Pat Martinez, IT Professional</td>
<td>Oct 2-9</td>
<td>10:00-11:00 AM</td>
<td>$45</td>
<td>2</td>
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<tr>
<td>118</td>
<td>Technology Tutoring</td>
<td>Pat Martinez, IT Professional</td>
<td>Oct 23-30</td>
<td>10:00-11:00 AM</td>
<td>$45</td>
<td>2</td>
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<tr>
<td>122</td>
<td>Technology Tutoring</td>
<td>Pat Martinez, IT Professional</td>
<td>Nov 6-13</td>
<td>10:00-11:00 AM</td>
<td>$45</td>
<td>2</td>
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<tr>
<td>127</td>
<td>Technology Tutoring</td>
<td>Pat Martinez</td>
<td>Dec 4-11</td>
<td>10:00-11:00 AM</td>
<td>$45</td>
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**EXERCISE**

<table>
<thead>
<tr>
<th>Course ID</th>
<th>Course Title</th>
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<th>Start Date</th>
<th>Time</th>
<th>Fee</th>
<th>Sessions</th>
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<tr>
<td>101</td>
<td>T’ai Chi - Introduction</td>
<td>Tim Farnum</td>
<td>Sep 11-Dec 11</td>
<td>9:30-10:30 AM</td>
<td>$70</td>
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<tr>
<td>103</td>
<td>T’ai Chi - Intermediate Level</td>
<td>Diane Macchiavelli, Lac</td>
<td>Sep 11-Nov 13</td>
<td>10:45-11:45 AM</td>
<td>$50</td>
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<tr>
<td>106</td>
<td>Nia: Body, Mind and Spirit</td>
<td>Rhonda Wright, Fitness Coach</td>
<td>Sep 11-Dec 11</td>
<td>12:15-1:15 PM</td>
<td>$65</td>
<td>13</td>
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<tr>
<td>108</td>
<td>Senior Pilates (Zoom Only)</td>
<td>Rosalind Walker</td>
<td>Sep 18-Dec 11</td>
<td>9:00-10:00 AM</td>
<td>$78</td>
<td>12</td>
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</tbody>
</table>
109 Bone Up Fitness (Zoom Only)
Rosalind Walker
Monday Sep 18–Dec 11 10:30-11:30 AM Fee: $78 12 sessions
No class 11/20

202 Aquafit-Arthritis/Fibromyalgia/Range of Motion
Valley Manor Staff
Wed, Fri Sep 6–Dec 15 10:00-11:00 AM Valley Manor
Fee: $145 29 sessions
No class 11/24

203 Beginning Belly Dance
Julie Ferreira
Tuesday Sep 5–Oct 17 1:00-2:00 PM Fee: $30 6 sessions
No class 9/26

208 Buff Bones® Level 2 Intermediate Mat Class (Zoom Only)
Nancy Alexander, Physical Therapist, Certified Senior Fitness Specialist
Tuesday Sep 19–Dec 19 9:00-10:00 AM Fee: $139 14 sessions

209 Buff Bones® Level 1 Introductory (Zoom Only)
Nancy Alexander, Physical Therapist, Certified Senior Fitness Specialist
Tuesday Sep 19–Dec 19 11:00 AM-12:00 PM Fee: $139 14 sessions

213 Beginning Belly Dance
Julie Ferreira
Tuesday Oct 24–Nov 28 1:00-2:00 PM Fee: $30 6 sessions

301 Tap Dance 3
Erika Atkinson
Wednesday Sep 6–Dec 13 9:00-9:40 AM Fee: $70 14 sessions
No class 11/22

302 Ballet
Erika Atkinson
Wednesday Sep 6–Dec 13 9:45-10:25 AM Fee: $70 14 sessions
No class 11/22

306 Jazz
Erika Atkinson
Wednesday Sep 6–Dec 13 10:30-11:10 AM Fee: $70 14 sessions
No class 11/22

307 Tap Dance 4
Erika Atkinson
Wednesday Sep 6–Dec 13 11:15-11:55 AM Fee: $70 14 sessions
No class 11/22

309 Oasis Tappers Wednesday
Erika Atkinson
Wednesday Sep 6–Dec 13 12:00-1:00 PM Fee: $70 14 sessions
No class 11/22

406 BackStrong Mat Class (Zoom Only)
Nancy Alexander, Physical Therapist, Certified Senior Fitness Specialist
Thursday Sep 21–Dec 21 9:00-10:00 AM Fee: $129 13 sessions
No class 11/23

407 Bone Up Fitness (Zoom Only)
Rosalind Walker
Thursday Sep 21–Dec 14 2:00-3:00 PM Fee: $78 12 sessions
No class 11/23

411 CardioMix (Zoom Only)
Rosalind Walker
Thursday Sep 21–Dec 14 9:00-10:00 AM Fee: $78 12 sessions
No class 11/23

501 Tap Dance 2A
Erika Atkinson
Oasis Friday Sep 8–Dec 15 9:00-9:40 AM Fee: $70 14 sessions
No class 11/24

502 Tap Dance 2B
Erika Atkinson
Oasis Friday Sep 8–Dec 15 9:45-10:25 AM Fee: $70 14 sessions
No class 11/24

503 Oasis Tappers Friday
Erika Atkinson
Oasis Friday Sep 8–Dec 15 11:15 AM-12:10 PM Fee: $70 14 sessions
No class 11/24

504 Tap Dance 1
Erika Atkinson
Oasis Friday Sep 8–Dec 15 12:15-12:55 PM Fee: $70 14 sessions
No class 11/24

507 Iconic Tap Dances: Learn The Shim Sham Shimmy
Erika Atkinson
Oasis Friday Sep 15–29 10:30-11:10 AM Fee: $15 3 sessions
No class 11/24

508 Nia: Body, Mind and Spirit (Zoom Only)
Rhonda Wright
Zoom Friday Sep 15–Dec 8 10:30-11:30 AM Fee: $60 12 sessions
No class 11/24

513 Iconic Tap Dances: Learn Fools Fall In Love
Erika Atkinson
Oasis Friday Oct 6–27 10:30-11:10 AM Fee: $20 4 sessions
No class 11/24

519 Iconic Tap Dances: Learn The “BS” Chorus
Erika Atkinson
Oasis Friday Nov 3–Dec 1 10:30-11:10 AM Fee: $20 4 sessions
No class 11/24

*Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.

Register online: rochester.oasisnet.org | Oasis Course Catalog - Fall 2023
HEALTH

123 Sugar Blues
Pam Gardephe, Integrative Nutrition Health Coach
Monday Nov 6 11:00 AM–12:00 PM Fee: $10

121 Live More, Weigh Less: A Non-Diet Approach to Weight Loss
Pam Gardephe, Integrative Nutrition Health Coach
Monday Nov 13 11:00 AM–12:00 PM Fee: $10

414 Lifestyle Medicine: What’s in it for You? (In Person)
Dr. Susan Friedman, Geriatrician
Thursday Oct 19 11:00 AM–12:00 PM Fee: $10

415 Lifestyle Medicine: What’s in it for You? (Zoom Simulcast)
Dr. Susan Friedman, Geriatrician
Thursday Oct 19 11:00 AM–12:00 PM Fee: $10

524 Medicare Counseling
Norm Thayer, HICAP (Health Insurance Information, Counseling and Assistance) Program of Lifespan
To Be Scheduled Fee: Free

HISTORY

104 Stalin vs. Trotsky (In Person)
David Woodruff, Story Teller
Monday Sep 11-18 11:00 AM–12:00 PM Fee: $20 2 sessions

104 Stalin vs. Trotsky (Zoom Simulcast)
David Woodruff, Story Teller
Monday Sep 11-18 11:00 AM–12:00 PM Fee: $20 2 sessions

113 Lincoln Assassination (In Person)
David Woodruff, Story Teller
Monday Oct 2-9 11:00 AM–12:00 PM Fee: $20 2 sessions

114 Lincoln Assassination (Zoom Simulcast)
David Woodruff, Story Teller
Monday Oct 2-9 11:00 AM–12:00 PM Fee: $20 2 sessions

116 Lost Cities (In Person)
David Woodruff, Story Teller
Monday Oct 16-23 11:00 AM–12:00 PM Fee: $20 2 sessions

117 Lost Cities (Zoom Simulcast)
David Woodruff, Story Teller
Monday Oct 16-23 11:00 AM–12:00 PM Fee: $20 2 sessions

LANGUAGES

201 French - Beginning Continued (Zoom Only)
Kevin Finnigan, Retired Teacher
Tuesday Sep 5–Dec 12 1:00–2:00 PM Fee: $75 15 sessions

Contact us: inforochoasis@gmail.com | Oasis Course Catalog - Fall 2023
204 French - Advanced (Zoom Only)
Kevin Finnigan, Retired Teacher
Tuesday Sep 5 – Dec 12 2:30-4:00 PM Fee: $90 15 sessions

303 Spanish - Advanced Continued (Zoom Only)
Kristine Hannon, Retired Teacher
Wednesday Sep 6 – Dec 13 10:00-11:00 AM Fee: $70 14 sessions
No class 11/22

308 Spanish - Intermediate Continued
Kristine Hannon, Retired Teacher
Wednesday Sep 6 – Dec 13 11:15 AM-12:15 PM Fee: $70 14 sessions
No class 11/22

310 Latin - Beginning (Zoom Only)
Kevin Finnigan
Wednesday Sep 6 – Dec 13 1:00-2:00 PM Fee: $90 14 sessions
No class 11/22

402 Beginning American Sign Language
Cat Hardesty, Nationally Certified Interpreter for the Deaf
Thursday Sep 7 – Dec 14 1:30-2:30 PM Fee: $70 14 sessions
No class 11/23

401 German - Intermediate
Ingeborg Oberdoerster
Thursday Sep 14 – Dec 14 9:30-10:30 AM Fee: $65 13 sessions
No class 11/23

404 German - Advanced
Ingeborg Oberdoerster
Thursday Sep 14 – Dec 14 10:45-11:45 AM Fee: $65 13 sessions
No class 11/23

MUSIC

107 Oasis Community Chorus (Zoom Only)
Rhonda Wright, Musician
Monday Sep 11 – Dec 11 2:30-3:30 PM Fee: $65 13 sessions
No class 11/27

205 How to Read Music
Rhonda Wright, Musician
Tuesday Sep 12 – Dec 12 10:00-10:45 AM Fee: $70 14 sessions

206 Oasis Community Chorus (In Person)
Rhonda Wright, Musician
Tuesday Sep 12 – Dec 12 11:00 AM-12:00 PM Fee: $70 14 sessions

207 Music Theory I
Rhonda Wright, Musician
Tuesday Sep 12 – Dec 12 12:15 PM-1:00 PM Fee: $70 14 sessions

PERSONAL DEVELOPMENT

110 Television Streaming Services - Beginning
Pat Martinez
Monday Sep 25 10:00 AM-12:00 PM Fee: $20

115 Television Streaming Services - Intermediate
Pat Martinez
Monday Oct 16 10:00 AM-12:00 PM Fee: $20

313 Wines From Around The World: France
Bruce Smoller, Sommelier
Wednesday Sep 20 2:00-3:30 PM Fee: $30

323 Wines From Around The World: Spain
Bruce Smoller, Sommelier
Wednesday Nov 8 2:00-3:30 PM Fee: $30

412 New York Citizen Preparedness Training Program
Master Sergeant Adam Winters, NYS Citizen Preparedness Corps
Thursday Oct 5 1:00-2:30 PM Fee: $10

416 Safety First: Privacy and Security Online
Pat Martinez
Thursday Oct 26 10:00-11:00 AM Fee: $20

515 Wines From Around The World: Italy
Bruce Smoller, Sommelier
Friday Oct 13 2:00-3:30 PM Fee: $30

522 Wines From Around The World: Chile
Bruce Smoller, Sommelier
Friday Dec 8 2:00-3:30 PM Fee: $30

TRIPS

111 Strong Museum Monday
Monday Sep 25 10:00 AM-5:00 PM The Strong Fee: $20

403 Rochester Public Market Tour
Thursday Sep 14 10:00-11:00 AM Public Market Fee: $10

505 The Art of Looking: Learning Tools For a Lifetime
MAG Docent
Friday Sep 8-22 1:00-3:00 PM Memorial Art Gallery Fee: $40 3 sessions

514 The Art of Looking: Learning Tools For a Lifetime
MAG Docent
Friday Oct 6-20 1:00-3:00 PM Memorial Art Gallery Fee: $40 3 sessions

520 The Art of Looking: Learning Tools For a Lifetime
MAG Docent
Friday Nov 3-17 1:00-3:00 PM Memorial Art Gallery Fee: $40 3 sessions

*Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.

Register online: rochester.oasisnet.org | Oasis Course Catalog - Fall 2023
Registration Procedures

Registration is required for all Oasis classes. Ways to register:

• **Mail-In** - Registration Processed beginning August 14th, 2023
• **Online** - Registration Opens August 14th, 2023 @ 9am @ rochester.oasisnet.org
• **Walk-In** - Registration August 16th–17th, 2023, 9am–12 noon

Please follow all procedures listed below:

• You must be a participant of Oasis to register. If you are not a participant you may join by coming to the Oasis Center, by phone or online at the Oasis website: rochester.oasisnet.org.

  **Membership is free.**

• Please complete the registration form, including name and phone number. Please print clearly. Place a check mark in the left hand column in front of each class for which you want to register.

• All participants must sign the registration form, which serves as signature of the Waiver of Liability below.

• If there are two members in one household, please make a photocopy of the full blank registration form or pick up a form at Oasis. Do not list two members on one form.

• **If you would like a confirmation letter mailed, please enclose a self-addressed stamped envelope.**

• **If you would like your confirmation letter emailed, please provide your email address on the registration form.**

• Credit cards may be used to pay for classes and trips. Oasis accepts Visa, MasterCard, and Discover.

• Mark the credit card box on the registration form and include the type of card, the credit card number, expiration date and the **CVV number**. Credit cards are not charged if you are placed on a waiting list.

• If paying by check, **separate checks** must be written for each class requiring a fee. Please write the class number on the check. If the class is full, the unused check will be returned to the member.

  Make checks payable to Oasis unless otherwise noted. If separate checks are not submitted, refundable fees will be credited to your Oasis account.

• Members who want to attend classes with another member should send their registrations to Oasis in one envelope. Don’t forget to send the self-addresses stamped envelope or request an email receipt.

Waiver of Liability: I release and discharge Oasis Rochester and all other sponsors, supporters and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis. These include but are not limited to: educational, cultural, volunteer, physical fitness related programs and travel in any form.

I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that the Oasis mailing list may be used by Oasis sponsors for educational mailings. I understand that participants in Oasis programs are expected to conduct themselves in a courteous manner, respecting the rights of all other participants, volunteers and staff. Oasis will follow CDC guidelines as it relates to COVID-19 but requires proof of full vaccination for all in-person classes.

I give permission for Oasis Rochester to photograph or videotape me and use my name and image in Oasis materials and publicity. I authorize the use of my name and image in publications produced by The Oasis Rochester’s partners and by the media. I agree to be photographed or videotaped by the media for general publication.
New Participant Form

Date: ___________________ Month/Year of Birth: ___________________

Name: ________________________________________________________________________________
       (First)                                                                                   (Last)

Address: ________________________________________________________________________________ Apt#: ___________________

City: __________________________________________________________________________ State: ____________ Zip Code: ____________

Home Phone: (____) ____________________________________________________________________

Email Address: _________________________________________________________________________ Cell Phone: (____) ____________________________________________________________________

☐ Check here if you would like to “Opt In” to receive occasional group emails from Oasis. We do not share or sell our email addresses.

In case of an emergency (required), contact:
____________________________________________________________________________________

(Name) (Phone)

☐ The information you provide is strictly confidential. We do not sell any information. This document is shredded after it is entered into our database.

Gender: ☐ Female ☐ Male ☐ Other

Marital Status: ☐ Single ☐ Married ☐ Domestic Partnership ☐ Widowed ☐ Divorced

Race/Ethnicity: ☐ Asian ☐ Black or African American ☐ White/Caucasian
☐ Hispanic or Latino ☐ American Indian or Alaska Native
☐ Native Hawaiian or other Pacific Islander ☐ Two or more races

Highest Level of Education: ☐ Grade School ☐ High School ☐ Some College
☐ College Degree ☐ Post Graduate

How did you hear about Oasis? ☐ Brochure ☐ Advertisement ☐ Oasis Catalog ☐ Friend
☐ Presentation ☐ TV/Radio ☐ Walk-In ☐ Internet/Website ☐ Newspaper

If you would like to be an Oasis volunteer, please check your interests:
☐ Instructor ☐ Office Work ☐ Special Events ☐ Health and Wellness

Past/Present Employer: ___________________________Past/Present Occupation: ___________________________

Please return this form to:
Oasis Rochester | 259 Monroe Avenue | Rochester, NY 14607 | PH: 585-730-8800

To register for classes, please see the Class Registration forms in this catalog, or visit us at
www.rochester.oasisnet.org
Oasis Registration Form  Please place a check mark in the left hand column of each class you want to attend.

Name: ____________________________________________________________________________________
Address: __________________________________________________________  Phone: _________________
E-mail Address: ________________________________
Would you like to receive emails from Oasis?  □ Yes  □ No
Signature: ________________________________________ Date:  _______________________
Emergency Contact:  Name ___________________________________ Phone _________________________
Credit Card #: ______________________________________ Exp. Date. _____/_____ CVV: _____ (On back of card)
(Visa/MasterCard/Discover)
Tax deductible donation to Oasis Rochester  $ ______

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<td>126 Book Discussion: Ann’s Pick Hello Beautiful</td>
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### HEALTH

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### MUSIC

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<td>Music Theory I</td>
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### PERSONAL DEVELOPMENT

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<td>Strong Museum Monday</td>
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<td>New York Citizen Preparedness Training Program</td>
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### LANGUAGES

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### HISTORY

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### TRIPS

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</table>
Full class descriptions are on our website. Registration will begin on August 14th and will be via mail and online at rochester.oasisnet.org.

Looking for something new? We are always looking for new instructors and volunteers to expand our programming.

Have an interest or passion about a topic? **Lead a class!**

Want to meet new people and give back to your community? **Volunteer!**

Please contact Ann Cunningham at (585) 730-8800 or oasisrochesterdirector@gmail.com for more information.

For classes held on Zoom:

- **How to join:** you will need to download the Zoom app to your device prior to class. Please visit: zoom.us/download
- **Zoom meeting information** will be included in registration receipts. Please be sure to save your receipt or conveniently file Zoom meeting ID and passcode for easy use.
- **To ensure admittance into the class,** please be sure to change your device name to reflect who is enrolled in the class.
- **Arriving to class on time** will prevent any disruptions.
- **To minimize distractions,** please keep yourself muted (if on Zoom) at all times unless otherwise instructed.
- **Due to storage space constraints** and copyright issues, we will not be recording classes.