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Full class descriptions are on our website.
Registration will begin on December 9th
and will be via mail and online at
rochester.oasisnet.org

Winter 2025



Course Catalog
Join us for online classes this Winter!

Register online: rochester.oasisnet.org



Dear Oasis Friends,

Winter is here and we are excited to present our winter offerings. We have a new instructor, Betsy Feldman, who will be offering Yoga and Stretch and Strengthen! Both can be adapted to your needs, including the use of a chair if needed. New classes will be added throughout the trimester, so please watch the website and weekly emails. This flyer shows a few class descriptions, but all can be found on our website. Stay current on any updates by 'opting in' on your Oasis account profile to receive email correspondence. Feel free to reach out to the Oasis office by phone at (585) 730-8800 with any questions. We hope to see you this winter!



A handwritten signature in black ink, appearing to read "Ann Cunningham".

Ann Cunningham
Oasis Rochester Executive Director



DID YOU KNOW?

A planned giving gift to Oasis Rochester is a special way to express your gratitude for years of impact in our community.

Call us at (585) 730-8800 and ask how.

Take a class on Oasis Everywhere:

- **Our Oasis Everywhere classes, noted in green, are also being listed on Oasis Everywhere; please register at rochester.oasiseverywhere.org**
- Oasis Everywhere offers live online content provided by Oasis instructors from all nine centers across the country. For a full list of Oasis Everywhere (OE) classes, visit online @ store.oasiseverywhere.org

Oasis Rochester Update:

- Staff can be reached by contacting us at 585.730.8800 or at info@rochoasis@gmail.com
- Registration will begin on December 9th and will be via mail and online at: rochester.oasisnet.org

Full class descriptions are on our website. Registration will begin on December 9th and will be via mail and online at

rochester.oasisnet.org

Contact us: info@rochoasis@gmail.com

Oasis Course Catalog–Winter 2025

ARTS & HUMANITIES

211 Love Notes and Valentines:

A Mixed Media Art Experience

Susan Carmen-Duffy
Tuesday Jan 14 1:00-3:00 PM
Central Creatives
Fee: \$45

Unleash your creativity and spread the love in our engaging mixed media art class dedicated to crafting unique valentines and heartfelt love notes! In this hands-on workshop, participants will explore various artistic techniques and materials, including collage, painting, stamping, and more, to create one-of-a-kind pieces that capture their affection for loved ones. All materials are included!

212 Starting Your Watercolor Painting Journey

Lisa Robinson
Tuesday Jan 21 1:00-3:00 PM
Central Creatives
Fee: \$45

This workshop will encourage you to focus on "letting go" and enjoying the process of watercolor painting. We will experiment with different colors, brush strokes and styles. Fundamentals and techniques will be covered during this 2-hour practice. Materials are included.

215 Dear Diary-Painting Elements For Journals And Scrapbooks

Susan Carmen-Duffy
Tuesday Mar 4 1:00-3:00 PM
Central Creatives
Fee: \$45

Unleash your creativity and add a splash of color to your journaling and scrapbooking journey in our immersive workshop. Join fellow art enthusiasts and crafters in a delightful exploration of painting techniques tailored specifically for enhancing your personal journals and cherished scrapbooks. All materials are included!

216 Painting From Your Vacation Photos

Lisa Robinson
Tuesday Mar 11 1:00-3:00 PM
Central Creatives
Fee: \$45

Discover the magic of turning your travel photos into a work of art. Create souvenirs of your vacation photos by painting a watercolor of your favorite scene. Lisa will help with your sketch, color selections and painting techniques. Materials are included.

217 Book Discussion: Ann's Pick: *My Brilliant Friend* (Book 1) by Elena Ferrante

Ann Cunningham
Tuesday Apr 8 1:00-2:00 PM
Oasis
Fee: \$6

Join Ann Cunningham as we discuss *My Brilliant Friend* (Book 1) by Elena Ferrante. Beginning in the 1950s in a poor but vibrant neighborhood on the outskirts of Naples, Elena Ferrante's four-volume story spans almost sixty years, as its main characters, the fiery and unforgettable Lila and the bookish narrator, Elena, become women, wives, mothers, and leaders, all the while maintaining a complex and at times conflicted friendship. This first novel in the series follows Lila and Elena from their fateful meeting as ten-year-olds through their school years and adolescence. Through the lives of these two women, Ferrante tells the story of a neighborhood, a city, and a country as it is transformed in ways that, in turn, also transform the relationship between two women. Come having read the book and ready for a great discussion.

Full class descriptions are on our website. Registration will begin on December 9th and will be via mail and online at rochester.oasisnet.org



309 Hudson River Landscape Painting (In Person)

Grace Seiberling, Art Historian
Wednesday Jan 15 11:00 AM-12:30 PM
Feb 5
Oasis
Fee: \$65 4 sessions

The first distinctly American painting took as its subject landscape, beginning with the Hudson River. Thomas Cole and his successors created a vision of the majestic character and special qualities of American landscape. This four-session class will look at the rise and decline of this loosely defined "school", only named in the 1870s when its works began to seem old-fashioned. Please register for this class if you plan to join in person.

310 Hudson River Landscape Painting (Zoom Simulcast)

Grace Seiberling, Art Historian
Wednesday Jan 15- Feb 5 11:00 AM-12:30 PM
Zoom
Fee: \$65 4 sessions

311 The Films of Paul Newman

Otto Bruno, author 'Barney Miller and the Files of the O' One-Two'
Wednesday Jan 15- Feb 5 1:00-4:00 PM
Oasis
Fee: \$80 4 sessions

2025 is the Centennial Anniversary of Paul Newman's birth. Join us as we mark the occasion with four films from his legendary career. He went from a young romantic lead to a middle aged tough guy to a curmudgeonly charmer and won legions of fans along the way. He was a star who preferred to let his roles speak for him; a private man in a very public career. If you're a Newman fan, you won't want to miss this tribute to his very talented legacy.

*Register at rochester.oasisnet.org for this Oasis Everywhere class.

312 Book Discussion: Penny's Pick *The Extraordinary Life of Sam Hell*

Penny Foley
Wednesday Feb 5 1:00-2:00 PM
Oasis
Fee: \$6

Join Penny Foley as we discuss *The Extraordinary Life of Sam Hell* by Robert Dugoni. 'Sam Hell was born with a rare condition called ocular albinism which causes irises to look red. His mother believes his eyes are a miracle from God and that his life is marked for greatness. She insists that he attend the Catholic school, but Sister Beatrice does not want him in her school. School is not a pleasant place for Sam. Sam does not want to hurt his parents, so he makes up stories about imaginary friends. His classmates, however, call him "Devil Boy" and "Sam Hell" and the school bully targets him. Then one day a kid named Ernie comes to the school and befriends Sam. Sam is sure that it was God who sent him. Things seem to be going along fine until tragedy strikes. Join Sam as he embarks on a journey to find purpose and acceptance in his life.' Come having read the book and ready for a lively and respectful discussion.

313 Watercolor Family Tree Class: *Branching Out in Art and Heritage*

Susan Carmen-Duffy
Wednesday Feb 5 1:00-3:00 PM
Central Creatives
Fee: \$45

Join us for a unique and inspiring watercolor class where participants will create a beautiful visual representation of their family tree. This class is ideal for beginners and experienced artists alike, offering a delightful opportunity to blend creativity with personal history. In this two-hour workshop, you will learn how to translate your family's lineage and heritage into a stunning watercolor piece. Guided by our experienced instructor, you will discover techniques for using watercolors to depict your family's branches, leaves, and roots in an artistic and meaningful way. All materials are included and please dress for a mess!

314 Mel Brooks, The Nearly 2000 Year Old Man

Otto Bruno, author 'Barney Miller
and the Files of the OI' One-Two'
Wednesday Feb 12- 1:00-4:00 PM
Mar 5
Oasis
Fee: \$80 4 sessions

From *Your Show of Shows* to the *2000 Year Old Man* to *Get Smart* to *The Producers* and *Young Frankenstein*, the list of Mel Brooks' contributions and accomplishments are endless. He's not only an EGOT member (earning an Emmy, Grammy, Oscar, and Tony) he actually has more than one of each. Join us as we celebrate the zany, wacky, world of Mel Brooks with a class that promises to be four weeks of laughter and song as we delve into all things Brooksiian.

315 Women, Art and Textiles: *The Subversive Stitch II (In Person)*

Grace Seiberling, Art Historian
Wednesday Feb 26- 11:00 AM-12:30 PM
Mar 12
Oasis
Fee: \$50 3 sessions

In contrast to the previous class, which dealt primarily with embroidery, this class will focus on weaving and quilts, looking at how they moved from the realm of "craft" to being taken seriously in the art world. Among other topics it will include women's weaving at the Bauhaus and beyond, with a focus on Anni Albers, and quilting, including Gee's Bend quilters, as well as the work of contemporary fiber artists. Please register for this class if you plan to join in person.

316 Women, Art and Textiles: *The Subversive Stitch II (Zoom Simulcast)*

Grace Seiberling, Art Historian
Wednesday Feb 26- 11:00 AM-12:30 PM
Mar 12
Zoom
Fee: \$50 3 sessions

317 Unlocking Your Inner Artist: 5 Creative Exercises for Non-Creative People

Susan Carmen-Duffy and Lisa Robinson
Wednesday Feb 26 1:00-3:00 PM
Central Creatives
Fee: \$45

Are you feeling uninspired or lacking confidence in your artistic abilities? Join us for a fun and engaging 2-hour workshop designed specifically for those who believe they are 'non-creative.' This interactive session will guide you through five unique exercises that challenge traditional notions of creativity and help you discover your own artistic expression. All materials are included and please dress for a mess!

318 Bob Newhart: The Accidental Comedian

Otto Bruno, author 'Barney Miller
and the Files of the OI' One-Two'
Wednesday Mar 12-26 1:00-3:00 PM
Oasis
Fee: \$50 3 sessions

A shy, retiring accountant from Chicago is bored by his every day job adding up figures on a ledger. His friends encourage him to cultivate his natural gift for comedy and almost immediately, America is given the gift of one of the funniest characters in the history of television. Bob Newhart left the stage in 2024 but his work will endure. Join us in sampling his talent on records, movies, and television as we celebrate the buttoned down comedic legacy of Bob Newhart.



320 Photographing America: Photojournalism and Redefining Documentary (In Person)

Grace Seiberling, Art Historian
Wednesday Mar 26- 11:00 AM-12:30 PM
Apr 16
Oasis
Fee: \$65 4 sessions

Beginning in the 1930s, LIFE Magazine brought a particular view of America to millions of homes every week. Robert Frank's visually raw and personally expressive style, revealed in his 1959 book *The Americans*, was pivotal in changing the course of documentary photography. This 4-session class looks at changes in photography from photo-essays to the snapshot aesthetic of the 1960s. Please register for this class if you plan to join in person.

321 Photographing America: Photojournalism and Redefining Documentary (Zoom Simulcast)

Grace Seiberling, Art Historian
Wednesday Mar 26- 11:00 AM-12:30 PM
Apr 16
Zoom
Fee: \$65 4 sessions

322 Explore And Create Like Henri Matisse

Susan Carmen-Duffy
Wednesday Mar 26 1:00-3:00 PM
Central Creatives
Fee: \$45

Unleash your inner colorist: Explore the vibrant world of Henri Matisse through a mixed media workshop, where you'll delve into bold color palettes, playful shapes, and the art of paper cut-outs to create dynamic compositions that celebrate the joy of form and color. Learn to cut, layer, and arrange vibrant colored papers, incorporating elements of drawing and painting to craft unique pieces that embody Matisse's signature expressive style. All materials are included!

410 Learn To Paint In The Monet Style

Lisa Robinson
Thursday Apr 3 1:00-3:00 PM
Central Creatives
Fee: \$45

French impressionism is all about capturing the light and feel of a place or subject, not getting it picture-perfect. Together we will cover the techniques needed to discover your inner Monet. In this workshop we will use acrylic paint to create the idea of the subject, rather than the details. Materials are included.

BOOK CLUB



509 Oasis Book Club (Zoom Simulcast)

Jenny Lloyd
Friday Jan 10- Apr 11 1:30-2:30 PM Zoom
Fee: \$24 4 sessions

We have many avid readers at Oasis Rochester who share books with each other. This peer-led group will meet four Mondays this trimester to critique and share ideas on a selected book and to recommend favorite books to one another. This group will stretch your literary horizons. Meeting dates are 1/10, 2/14, 3/14, 4/11. The book selection for January is *Maybe You Should Talk To Someone* by Lori Gottlieb. Class is held via Zoom. You must have a computer/tablet/phone with audio and video capability.

512 Little Surprise!

Friday Jan 17 12:00-2:00 PM Little Theatre
Fee: \$6

Enjoy a private screening for Oasis members only of a currently running movie at the Little Theatre. In the past, we've had several Academy Award winners. We select the movie based on what is playing at the theatre - you take your chances and enjoy a wonderful afternoon with friends. The movie will be announced via Facebook and an email by Tuesday of the week the movie is scheduled. You must pay in advance. Concessions will be available. Doors open at 11:30 am and the movie starts at 12:00 pm. The doors will be locked when the movie begins. You may register for up to 4 tickets. Registration deadline is 1/17/25 at 9am.

513 Little Surprise!

Friday Feb 21 12:00-2:00 PM Little Theatre
Fee: \$6

514 Little Surprise!

Friday Mar 14 12:00-2:00 PM Little Theatre
Fee: \$6

515 Little Surprise!

Friday Apr 11 12:00-2:00 PM Little Theatre
Fee: \$6

COMPUTERS

101 Technology Tutoring

Pat Martinez
Monday Jan 6-13 10:00-11:00 AM Oasis
Fee: \$45 2 sessions
This is your opportunity to have two private lessons with Pat and learn whatever you need to advance your technology skills. Includes iPhone or Android phones, laptops or Alexa devices, but no Mac laptops please.

104 Technology Tutoring

Pat Martinez
Monday Jan 6-13 11:15-12:15 AM Oasis
Fee: \$45 2 sessions

106 Technology Tutoring

Pat Martinez
Monday Jan 27- Feb 3 10:00-11:00 AM Oasis
Fee: \$45 2 sessions

109 Technology Tutoring

Pat Martinez
Monday Jan 27- Feb 3 11:15-12:15 AM Oasis
Fee: \$45 2 sessions

114 Technology Tutoring

Pat Martinez
Monday Feb 17- Feb 24 10:00-11:00 AM Oasis
Fee: \$45 2 sessions

115 Technology Tutoring

Pat Martinez
Monday Feb 17-24 11:15-12:15 AM Oasis
Fee: \$45 2 sessions

118 Technology Tutoring

Pat Martinez
Monday Mar 10- Mar 17 10:00-11:00 AM Oasis
Fee: \$45 2 sessions

119 Technology Tutoring

Pat Martinez
Monday Mar 10- Mar 17 11:15-12:15 AM Oasis
Fee: \$45 2 sessions

124 Technology Tutoring

Pat Martinez
Monday Mar 31- Apr 7 10:00-11:00 AM Oasis
Fee: \$45 2 sessions

125 Technology Tutoring

Pat Martinez
Monday Mar 31- Apr 7 11:15-12:15 AM Oasis
Fee: \$45 2 sessions



***Register at rochester.oasis everywhere.org for this Oasis Everywhere class.**

EXERCISE

203 T'ai Chi – Introduction

Tim Farnum
Tuesday Jan 6- 9:30-10:30 AM
Apr 15

Oasis
Fee: \$86 14 sessions

No class 1/20

T'ai Chi, a 2,000-year-old form of exercise, is gentle and self-paced. The slow and continuous movements lengthen and strengthen the muscles while relaxing the mind. It is used as therapy for chronic pain, high blood pressure, depression, and limited mobility. Described as swimming through air, it is a perfect exercise for all ages and abilities. It can be practiced while seated, making T'ai Chi accessible to those with compromised physical conditions such as arthritis, etc. A recent study by the National Institutes of Health found that practicing T'ai Chi can help older adults keep dormant the virus that causes shingles. This course is for beginning students.

204 Aquafit-Arthritis/Fibromyalgia/ Range of Motion

Valley Manor Staff
Tue., Thu. Jan 7- 10:00-11:00 AM
Apr 17

Valley Manor
Fee: \$180 30 sessions

A great class to increase joint range of motion while increasing cardiovascular health, bone density and muscular strength. LOTS of fun and will improve agility, flexibility and cardiovascular endurance. No swimming skill is required to participate. A component of aerobic activity is introduced in this class and increases during the duration of the session weeks. The pool is maintained at a pleasant 88 degrees. Class is held at Valley Manor.



205 T'ai Chi – Intermediate Level

Tim Farnum
Tuesday Jan 6- 10:45-11:45 AM
Apr 15

Oasis
Fee: \$86 14 sessions

No class 1/20

This more advanced level of T'ai Chi is for those students who have previously taken T'ai Chi.

207 Beginning Belly Dance

Julie Ferreira
Tuesday Jan 7- 1:00-2:00 PM
Feb 18

Oasis
Fee: \$42 7 sessions

Join us in learning some fundamental belly dance movements or build on the moves you've already learned. Belly dance movements flow with your natural ways of motion without putting undue strain on your hips and knees, while helping your coordination and body-brain connections. Throughout the class, you'll also learn about the music of the region as we focus on both traditional and modern Egyptian styles using those fundamental moves. OPTIONAL performance opportunities may be available after a few sessions.

209 Beginning Belly Dance

Betsy Feldman
Tuesday Jan 7- 1:30-2:30 PM
Mar 11

Oasis
Fee: \$60 10 sessions

This class focuses on improving muscle strength, range of motion, balance and stamina with exercises suitable for all fitness levels. Class can be taken either seated or standing.

214 Beginning Belly Dance

Julie Ferreira
Tuesday Mar 4- 1:00-2:00 PM
Apr 15

Oasis
Fee: \$42 7 sessions

301 Tap Dance 4A

Erika Atkinson
Wednesday Jan 8- 9:00-9:40 AM
Apr 16

Oasis
Fee: \$90 15 sessions

This class is a continuation of Tap 3, continuing to learn complex rhythms and combinations. It is recommended that you've completed Tap 3 or have at least 5 years of tap dance training to be in this level.

302 Ballet

Erika Atkinson
Wednesday Jan 8- 9:45-10:25 AM
Apr 16

Oasis
Fee: \$90 15 sessions

This class is an open level class, welcoming all dancers, new and experienced. We will focus on stretching, balance and coordination. Ballet vocabulary and exercises will be taught and executed with an emphasis on posture, technique and ballet etiquette.

304 Jazz

Erika Atkinson
Wednesday Jan 8- 10:30-11:10 AM
Apr 16

Oasis
Fee: \$90 15 sessions

No class 11/29

This class is an open level, welcoming all dancers. Class will consist of a warm-up/ stretching period, movements across the floor, focusing on basic jazz terminology, and choreography of the given season or time. Dancers will learn some classic choreography, such as Fosse, Robbins, and Blankenbuehler, but also original choreography for different chosen holidays, artists and themes. Jazz shoes, ballet shoes, sneakers, or non slip socks are required.

306 Oasis Tappers - Wednesday

Erika Atkinson
Wednesday Jan 6- 11:15 AM-12:10 PM
Apr 16

Oasis
Fee: \$90 15 sessions

This is the performing tap dance troupe which is open for participation with permission from Erika only.

307 Tap Dance 1

Erika Atkinson
Wednesday Jan 8- 12:15-12:55 PM
Apr 16

Oasis
Fee: \$90 15 sessions

Tap dance? You? You bet! You do not need special shoes to try this class. Come, have a good time, and tap those tootsies! This is a class for beginners.

503 Yoga

Betsy Feldman
Thursday Jan 9- 1:30-2:30 PM
Mar 13

Oasis
Fee: \$60 10 sessions

All classes are based on Hatha Yoga, which is the branch of yoga that focuses on physical techniques and breathing. Each class includes yoga based poses and stretches to improve strength, flexibility and balance. Basic classes are conducted mainly with participants in chairs, combined with some standing. Later sessions may include more standing postures and mat work where appropriate. All participants are encouraged to modify any exercise to meet their individual needs and level of fitness. It is my priority that each session provides a comfortable, supportive environment and feeling of acceptance for every participant.

501 Tap Dance 2A

Erika Atkinson
 Friday Jan 10- 9:00-9:40 AM
 Apr 18 Oasis
 Fee: \$90 15 sessions

This is the next step following Beginning Tap. Enroll in this course with permission from Erika if you have taken Tap Dance I and know some basic steps.

502 Tap Dance 2B

Erika Atkinson
 Friday Jan 10- 9:45-10:25 AM
 Apr 18 Oasis
 Fee: \$90 15 sessions

This is a continuation of Level 2B. You will be working on speed, accuracy and tap technique. You will visit steps such as time steps, turning steps and syncopated rhythms. A good basic knowledge of tap dancing is needed for this level. Erika will decide which Level 2 class you should join.

503 Nia: Body, Mind and Spirit (Zoom Simulcast)

Rhonda Wright
 Friday Jan 10- 10:30-11:30 AM
 Apr 18 Zoom
 Fee: \$72 12 sessions

No class 3 sessions TBD

Nia is a whole-body approach to fitness that encompasses the dance arts, the martial arts, and the healing arts. Through expressive movement and music, Nia invites you to achieve physical, mental, and spiritual fitness and well-being. Nia is adaptable to every level of fitness, every age and type of body, even those with special limitations. Nia will lubricate your joints, release your tension, enhance your balance, and tone your muscles with pleasure, mindful awareness, and joyful spirit. Come discover how fitness can feel good, be safe, and deliver results, all without jogging up and down! If you are new to Nia, or have participated in Basic Nia through Oasis, you are encouraged to register for this welcoming class. You will be able to see your friends, and make new ones, via Zoom. You will need a phone, laptop or tablet with audio and video capability.



For classes held on Zoom:

How to join- you will need to download the Zoom app to your device prior to class.

Please visit: <https://zoom.us/download>



504 Tap Dance 3

Erika Atkinson
 Friday Jan 10- 10:30-11:10 AM
 Apr 18 Oasis
 Fee: \$90 15 sessions

This class is a continuation of Tap 2B, focusing on rhythm and timing, pattern work and combinations. Choreography for given holidays and themes will be shared. Dancers should have completed Tap 2B or have 4 years of tap experience to be in this level.

506 Tap Dance 4B

Erika Atkinson
 Friday Jan 10- 11:15-11:55 AM
 Apr 18 Oasis
 Fee: \$90 15 sessions

This class is mandatory for all Oasis Tappers. This class will consist primarily of Choreography for current seasons, or featured artists. Dancers will receive focused instruction on difficult rhythms and patterns that will be set to music. All dancers must have completed Tap 4A or have at least 6 years of tap dancer experience. Dancers must also be committed to attending class regularly, as each week's lesson will build on previous lessons taught.

507 Oasis Tappers - Friday

Erika Atkinson
 Friday Jan 10- 12:00-12:55 PM
 Apr 18 Oasis
 Fee: \$90 15 sessions

This is the performing tap dance troupe which is open for participation with permission from Erika only.

HEALTH

323 Guided Meditation (Zoom Simulcast)

Betsy Feldman
 Wednesday Jan 8- 1:30-2:30 PM
 Mar 12 Zoom
 Fee: \$60 10 sessions

This class focuses on teaching stress reduction techniques, including breathing and progressive muscle relaxation exercises, combined with calming imagery and music to create an atmosphere conducive to relieving physical and emotional tension.

505 Meditation For Everyone

Diane Macchiavelli, L.Ac
 Friday Jan 10- 10:45 AM-12:00 PM
 Feb 7 Oasis
 Fee: \$60 5 sessions

Are you looking for a way to begin or develop a meditation practice but don't know where to start? Maybe you've tried a class or attempted to start on your own but are frustrated because nothing has helped calm your "monkey mind." This class teaches the tried and true method of Metta or Loving Kindness Meditation as a much-needed anchor to free the mind. Learn how to calm the whirling, repetitive or troubling thoughts that plague our days and nights, robbing us of our peacefulness and contentment. Learn this mindfulness practice along with other techniques as remedies for the inevitable pitfalls of a meditation practice. This class is open to all Beginning & Intermediate level seekers. Diane Macchiavelli, L.Ac. is a 40+ year active meditation practitioner, still learning how to find that elusive "peace within." Sign up for one or both sessions!

510 Meditation For Everyone

Diane Macchiavelli, L.Ac
 Friday Feb 14- 10:45 AM-12:00 PM
 Mar 14 Oasis
 Fee: \$60 5 sessions

*Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.

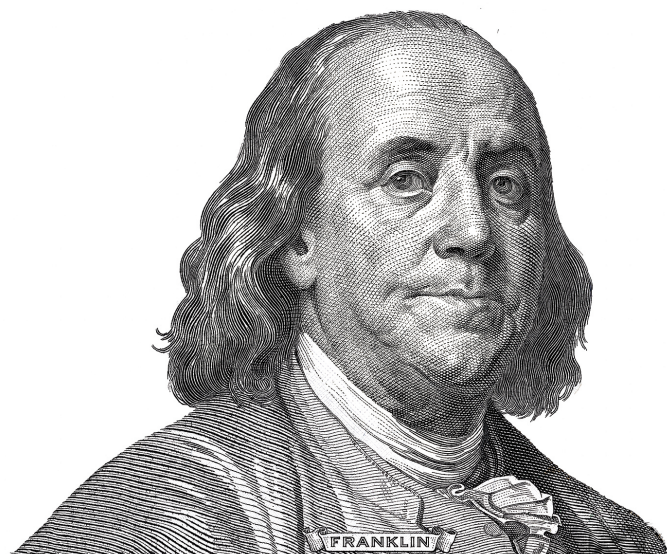
102 Election of 1876 (In Person)

David Woodruff Oasis
Monday Jan 6-13 11:00 AM-12:00 PM Fee: \$30 2 sessions

The Election Everyone Lost. Certainly, we see the current elections as a mess. But what we've lived through recently can't hold a candle to the corrupt activities of the past. There was even talk of a second civil war if the election didn't turn out right. This campaign was vicious, violent, and unnecessarily cruel. But to top off all that anger and pain, few people today could tell you who was involved... most people have even forgotten the winner's name! And it all happened when the US was only just 100 years old. Please register for this class if you are interested in participating via in person only.

103 Election of 1876 (Zoom Simulcast)

David Woodruff Zoom
Monday Jan 6-13 11:00 AM-12:00 PM Fee: \$30 2 sessions



107 Ben Franklin (In Person)

David Woodruff Oasis
Monday Jan 27- Feb 3 11:00 AM-12:00 PM Fee: \$30 2 sessions

America's Grandfather. "Franklin did this, and Franklin did that, and Franklin did some other... thing. Franklin smote the ground and out sprang George Washington - fully grown and on his horse. Franklin then electrified him with his miraculous lightning rod and the three of them, Franklin, Washington and the horse, conducted the entire revolution all by themselves." Classic as this line may be, Ben Franklin was critical to our becoming an independent country. And he had his hands in everything—our founding father who said he was nothing more than a printer. Please register for this class if you are interested in participating via in person only.

108 Ben Franklin (Zoom Simulcast)

David Woodruff Zoom
Monday Jan 27- Feb 3 11:00 AM-12:00 PM Fee: \$30 2 sessions

110 Lizzie Borden (In Person)

David Woodruff Oasis
Monday Feb 10-17 11:00 AM-12:00 PM Fee: \$30 2 sessions

The 40 Whacks Murderer. If Jack the Ripper was Great Britain's most famous unsolved murder, then Lizzie Borden has to be in the top five American unsolved crimes. Fall River was happy to have caught Lizzie for the axe murder of her parents, but did she do it? Way before Mr. Miranda was even arrested, Lizzie lost her rights in the courtroom and in public opinion. There are more missing pieces in this story than perhaps any other murder mystery in the United States. But if Lizzie didn't do it, then who did? Please register for this class if you are interested in participating via in person only.

111 Lizzie Borden (Zoom Simulcast)

David Woodruff Zoom
Monday Feb 10-17 11:00 AM-12:00 PM Fee: \$30 2 sessions

112 Jeanette Rankin: From Suffragette to Congress (In Person)

Mark Sample, Professor of History, MCC Oasis
Monday Feb 17 9:00-10:30 AM Fee: \$20

Rankin was involved in the Women's Suffrage Movement, and then she was the first woman elected to the U.S. Congress in 1916. She was re-elected to Congress in 1940. Her long, controversial life has inspired women for generations. Come hear MCC professor of history, Mark Sample, tell the story of her amazing life.

113 Jeanette Rankin: From Suffragette to Congress (Zoom Simulcast)

David Woodruff Zoom
Monday Feb 17 9:00-10:30 AM Fee: \$20

116 Germany After Versailles (In Person)

David Woodruff Oasis
Monday Feb 24- Mar 3 11:00 AM-12:00 PM Fee: \$30 2 sessions

Tragedy: 1919 to 1933. MI-6 in London received a message from one of their agents in Germany. It stated bluntly that unless England acted immediately, the most terrible right-wing leaders would come to control Germany. There would surely be another war. This message was sent in March 1919. How does a country build a new government, not when the people want a new one, but when outsiders force it upon them? And what happens to a people when the rest of the world states that everything that is wrong with the world is their fault? Please register for this class if you are interested in participating via in person only.

117 Germany After Versailles (Zoom Simulcast)

David Woodruff Zoom
Monday Feb 24- Mar 3 11:00 AM-12:00 PM Fee: \$30 2 sessions

120 Lindbergh Kidnapping (In Person)

David Woodruff Oasis
Monday Mar 10- Mar 17 11:00 AM-12:00 PM Fee: \$30 2 sessions

Encore: Called the "Crime of the Century." Charles "Lucky Lindy" Lindbergh's firstborn son mysteriously disappeared in 1932, when kidnapping in the US had reached epic proportions. Yet for a crime so enormous as the Lindbergh kidnapping no progress was made in finding a suspect for almost two and a half years. Even today's criminal experts have a hard time agreeing on what the facts of the case point to... and ultimately who or how many were responsible. To this day, the majority of the ransom money remains unaccounted for. This would be the biggest mystery case until D. B. Cooper. Please register for this class if you are interested in participating via in person only.

121 Lindbergh Kidnapping (Zoom Simulcast)

David Woodruff Zoom
Monday Mar 10- Mar 17 11:00 AM-12:00 PM Fee: \$30 2 sessions

122 Murder of William Desmond Taylor (In Person)

David Woodruff Oasis
Monday Mar 24- Mar 31 11:00 AM-12:00 PM Fee: \$30 2 sessions

Encore: Work on the classic unsolved 1922 murder of a well-known Hollywood director. Meet the suspects, hear from the 'persons of interest' involved in the case. Look at the physical evidence. This case has all the components of a great story: Sex, false identities, underage women, amnesia, drug use, gangsters, multiple deathbed confessions and strangely missing evidence. Come to your own conclusions and solve one of the great murder mysteries of the early part of the 20th century. Please register for this class if you are interested in participating via in person only.

***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**

Contact us: infochoasis@gmail.com

Oasis Course Catalog—Winter 2025



123 Murder of William Desmond Taylor

(Zoom Simulcast)

David Woodruff
Monday Mar 24- 11:00 AM-12:00 PM Zoom
Mar 31 Fee: \$30 2 sessions

201 Our Three Worst Presidents (In Person)

Steve Schockow, Retired History Teacher Oasis
Tuesday Jan 7 9:30-10:30 AM Fee: \$15

Most historians agree that our greatest President was Abraham Lincoln, the leader who preserved the Union and led the way to slavery's abolition during the Civil War era. Many blame Lincoln's immediate predecessors, Millard Fillmore, Franklin Pierce and James Buchanan, for the Civil War. That said, some rank them as the three most ineffective Presidents in our nation's history. This class will look at the lives of these three men and challenge you to make up your own mind. Were they deserving of the negative recognition that has come their way? Mr. Schockow is a recently retired Junior High School history teacher.

202 Our Three Worst Presidents (Zoom Simulcast)

Steve Schockow, Retired History Teacher Zoom
Tuesday Jan 7 9:30-10:30 AM Fee: \$15



407 America and Russia – A Fraught Relationship (In Person)

Laurence Britt Oasis
Thursday Mar 13- 11:00 AM-12:00 PM Fee: \$50 3 sessions
Mar 27

This three-part course will deal with the turbulent history of the relationship between the United States and Russia. This relationship has been one of continual tension for more than 100 years, briefly interrupted during World War II when the two nations were critical allies to each other. The first session of the course will cover the period from Czarist Russia, through the Bolshevik revolution and the coming of World War II. Session two will deal with the war time alliance, the quick descent into antagonism and the long Cold War struggle. The third session will cover the period since the breakup of the Soviet Union and culminating with the current standoff between the United States, Putin's Russia and the conflicting policies in American political leadership, including the ongoing war in Ukraine.

408 America and Russia – A Fraught Relationship (Zoom Simulcast)

Laurence Britt Zoom
Thursday Mar 13- 11:00 AM-12:00 PM Fee: \$50 3 sessions
Mar 27

LANGUAGES

208 French - Beginning Continued (Zoom Only)

Kevin Finnigan Zoom
Tuesday Jan 7- 1:00-2:00 PM Fee: \$90 15 sessions
Apr 15

This is a CONTINUING BEGINNING course, equivalent to the second half of high school French 1. The emphasis of this course will be aural/oral communication skills with the appropriate grammar to support that. There will be individual, pair and group activities. Topics will include household furniture and chores. The textbook used emphasizes the multi-cultural diversity of the francophone world. Class is taught via Zoom. You must have a computer, smart phone or tablet and printer/scanner to participate. Students currently not enrolled in the course will need permission of the instructor to register. Please contact Oasis Rochester before registering and we will get you in touch with Kevin. The text used is *Bien Dit!* French 1, 2013 edition.

210 French – Advanced Continued (Zoom Only)

Kevin Finnigan Zoom
Tuesday Jan 7- 2:30-4:00 PM Fee: \$95 15 sessions
Apr 15

This course is aimed at those who have completed the equivalent of high school French 2. Emphasis will be on the communication skills of listening and speaking with gradual introduction of longer reading passages with the aim of building vocabulary and fluency. Students not currently enrolled in the course will need permission of the instructor to register. Please contact Oasis Rochester before registering and we will get you in touch with Kevin. Class is taught via Zoom. You must have a computer, or smart phone, or tablet with video and audio capability and a printer/scanner for class materials. Required text will be discussed during the first class.



303 Spanish – Advanced Continued (Zoom Only)

Kristine Hannon, retired Rochester City School District teacher Zoom
Wednesday Jan 8- 10:00-11:00 AM Fee: \$90 15 sessions
Apr 16

If you have studied Spanish before and have a basic speaking knowledge of Spanish, you are welcome to join this lively class. The advanced intermediate level class provides an opportunity to practice speaking in a friendly environment. You must have taken Spanish with Kris previously. Text is on your confirmation letter. Class is presented via Zoom. You must have a computer/laptop, tablet or a phone and capability for sound and camera access. Book: *Complete Spanish All-in-One, Premium Third Edition* ISBN 978-1-264-28554-9

305 Spanish – Intermediate Continued

Kristine Hannon, retired Rochester City School District teacher Zoom
Wednesday Jan 8- 11:15 AM-12:15 PM Fee: \$90 15 sessions
Apr 16

This is a continuation for those who have taken Spanish II. You will be able to practice in a relaxed and friendly atmosphere. You must have previously taken class with Kris. The textbook is not included and will be listed on your confirmation.

308 Latin – Beginning Continued (Zoom Only)

Kevin Finnigan Zoom
Wednesday Jan 8- 1:00-2:00 PM Fee: \$90 15 sessions
Apr 16

No class 11/27

The course is a continuation of seeing ancient Rome through the eyes and ears of an actual ancient Roman senatorial class family. The course will include, but is not limited to, Latin's influence on English, Greco-Roman mythology, Roman history and Roman archaeology and topography. Students not currently enrolled in the course will need permission of the instructor to register. Please contact Oasis Rochester before registering and we will get you in touch with Kevin. The course will be offered one day weekly for the trimester via Zoom. You must have a computer or smart phone or tablet with video and audio capability and a printer/scanner for class materials. Required text will be discussed after you register.

401 German – Intermediate

Ingeborg Oberdoerster Oasis
Thursday Jan 9- 9:30-10:30 AM Fee: \$84 14 sessions
Apr 10

This class is a continuation of Inge's beginner class. More advanced grammar, discussions about German politics and customs will be included. Feel good about communicating while traveling in a German speaking country. Text: *1,000 Jahre deutsche Literatur*, 2nd Edition by Gudrun Clay. ISBN-13: 978-1585102877

402 German – Advanced

Ingeborg Oberdoerster Oasis
Thursday Jan 9- 10:45-11:45 AM Fee: \$84 14 sessions
Apr 10

This class is for students who can speak and write German at a higher level. Perhaps you studied German in college or grew up in a German speaking household and you'd like to refresh your German. In this advanced German class we will read, translate and discuss stories and talk about recent world events. Join us if you'd like to challenge yourself and improve your German language skills.



MUSIC

105 Oasis Community Chorus (Zoom Only)

Rhonda Wright Zoom
Monday Jan 6- 2:30-3:30 PM Fee: \$66 11 sessions
Apr 14

No class 1/20 plus 3 sessions TBD

We welcome all Oasis participants who enjoy singing, and those who think they might, to give us a try. There are no auditions and newcomers are always welcome. The chorus learns to sing in harmony to favorites and popular Broadway tunes to new contemporary arrangements. The Chorus has been selected to sing at Eastman Theatre on February 16 for the "Taste of Song" concert, and expects to perform for residents at a nearby nursing home or older adult facility (participation optional). Concert participants must wear white tops with matching red chorus tie or scarf. This class is for those who prefer to join chorus via Zoom only. Music pick up day/time will be found in your confirmation email. You must have a computer/tablet/phone with audio and video capability. Music truly does lift the spirit and feed the soul.

206 Oasis Community Chorus (In Person)

Rhonda Wright Oasis
Tuesday Jan 7- 11:00 AM-12:00 PM Fee: \$72 12 sessions
Apr 15

No class 2 sessions TBD

We welcome all Oasis participants who enjoy singing, and those who think they might, to give us a try. There are no auditions and newcomers are always welcome. The chorus learns to sing in harmony to favorites and popular Broadway tunes to new contemporary arrangements. The Chorus has been selected to sing at Eastman Theatre on February 16 for the "Taste of Song" concert, and expects to perform for residents at a nearby nursing home or older adult facility (participation optional). Concert participants must wear white tops with matching red chorus tie or scarf. Masking use is optional for rehearsals. Music truly does lift the spirit and feed the soul.



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Contact us: infochoasis@gmail.com

Oasis Course Catalog–Winter 2025

PERSONAL DEVELOPMENT



404 Safety First: Privacy, Online Safety and Recent Scams

Pat Martinez
Thursday Jan 16 10:00 AM-12:00 PM
Oasis
Fee: \$25

The Internet provides us with powerful tools to shop, message with friends, send emails and video chat with family. However, it also creates some threats to our privacy. Learn about using passwords, good security habits, virus protection, firewalls and much more. Knowing how to protect yourself online can go a long way towards making the use of the Internet safer. Recent phone and other scams will also be discussed.

405 Amazon Echo/Alexa-What is it?

Pat Martinez
Thursday Jan 30 10:00 AM-12:00 PM
Oasis
Fee: \$25

The Amazon Echo/Alexa is a relatively new electronic device capable of voice interaction, music playback, making to-do lists, setting alarms, streaming podcasts, playing audiobooks, and providing weather, traffic and other real time information. It can also control several smart devices itself as a sort of "brain" for controlling lights and other electronics in your home. It can answer questions, tell jokes, create lotto numbers, give advice and even notify your family (up to 5 people) if you are physically unable to get to a phone. Now Alexa has been introduced with all new possibilities. This two-hour session will demonstrate the amazing potential for this "artificial companion" in your home.

406 Safety First: Privacy, Online Safety and Recent Scams

Pat Martinez
Thursday Mar 6 10:00 AM-12:00 PM
Oasis
Fee: \$25

409 Indoor Houseplant Care

Suzanne Feather, Master Gardener,
Cornell Cooperative Extension
Thursday Mar 20 1:00-2:00 PM
Oasis
Fee: \$15

Houseplants are all the craze. Learn how to choose the best plants for your environment and how to keep them happy and healthy.



If you cannot afford to contribute, scholarships are available on request.

TRIPS

213 The Dutch Connection - George Eastman Museum

Amelia Galasso
Tuesday Feb 18 11:00 AM-12:00 PM
George Eastman Museum
Fee: \$22

Each year during Mr. Eastman's residency between 1902 and 1932, except during a wartime coal shortage in 1918, flowering bulbs such as tulips, hyacinths, and daffodils provided a full spectrum of color and fragrance during the winter months. Now, each year the Eastman House recreates a particular year in the house's history by exactly duplicating Mr. Eastman's order for that year of thousands of bulbs from Holland. In addition to the many spring flowers will be beautiful orchids - a favorite of Mr. Eastman. You will be given a guided tour through the Mansion, and can tour the marvelous floral displays on your own. There is a café and you may stay for lunch on your own after the tour. You may purchase 2 entry tickets per person.

319 Helmer Nature Center Maple Sugaring Demonstration

Naturalist, HNC | RSVP by 3/7/25 at noon
Wednesday Mar 12 1:00-2:30 PM
Helmer Nature Center
Fee: \$15

A part of the West Irondequoit Central School District since 1973, Helmer Nature Center, named for former superintendent Earle Helmer, is a 45-acre outdoor classroom. The facility has evolved into an integral component of the West Irondequoit curriculum. In addition, classes, families, and groups of all ages come to the Center's woods and wetlands from throughout the region to learn about, enjoy, and celebrate our natural heritage. Come learn about the Maple Sugaring process which will include a stop at the Nature Center's evaporator to see how sap is made into syrup and a hands-on hike to tap a maple tree. Feel free to stay after and hike the grounds. Dress warmly as most of the visit is outdoors. RSVP by 3/7 at noon.



508 The Art of Looking: Learning Tools For a Lifetime

MAG Docent | RSVP by 1/7/25 at noon
Friday Jan 10-1:00-3:00 PM
Jan 24
Memorial Art Gallery
Fee: \$40 3 sessions

This class has received rave reviews from our members. Using art at the Memorial Art Gallery, the docents will guide you through the Gallery, teaching art appreciation skills of observation and interpretation. You will learn new ways to look at, and engage deeply with, works of art. Your new skills will enable you to enjoy art differently in the future. One of the weeks will concentrate on a temporary exhibit. Pay at registration, not at the door.

511 The Art of Looking: Learning Tools For a Lifetime

MAG Docent | RSVP by 3/4/25 at noon
Friday Mar 7-21 1:00-3:00 PM
Memorial Art Gallery
Fee: \$40 3 sessions

This class has received rave reviews from our members. Using art at the Memorial Art Gallery, the docents will guide you through the Gallery, teaching art appreciation skills of observation and interpretation. You will learn new ways to look at, and engage deeply with, works of art. Your new skills will enable you to enjoy art differently in the future. One of the weeks will concentrate on a temporary exhibit. Pay at registration, not at the door.

Registration Procedures

Registration is required for all Oasis classes. Ways to register:

- **Mail-In-Registration Processed beginning December 9th, 2024**
- **Online-Registration Opens December 9th, 2024 @ 9am @ rochester.oasisnet.org**
- **Walk-In-Registration December 10th-December 11th, 2024, 9am-12 noon**

Please follow all procedures listed below:

- You must be a participant of Oasis to register. If you are not a participant you may join by coming to the Oasis Center, by phone or online at the Oasis website: rochester.oasisnet.org.
Membership is free.
- Please complete the registration form, including name and phone number. Please print clearly. Place a check mark in the left hand column in front of each class for which you want to register.
- All participants must sign the registration form, which serves as signature of the Waiver of Liability below.
- If there are two participants in one household, please make a photocopy of the full blank registration form or pick up a form at Oasis. Do not list two members on one form.
- **If you would like a confirmation letter mailed, please enclose a self-addressed stamped envelope.**
- **If you would like your confirmation letter emailed, please provide your email address on the registration form.**
- Credit cards may be used to pay for classes and trips. Oasis accepts **Visa, MasterCard, and Discover.**
- Mark the credit card box on the registration form and include the type of card, the credit card number, expiration date and the **CVV number**. Credit cards are not charged if you are placed on a waiting list.
- If paying by check, **separate checks** must be written for **each class requiring a fee**. Please write the class number on the check. If the class is full, the unused check will be returned to the participant. Make checks payable to Oasis unless otherwise noted. If separate checks are not submitted, refundable fees will be credited to your Oasis account.
- Participants who want to attend classes with another participant should send their registrations to Oasis in one envelope. Don't forget to send the self-addresses stamped envelope or request an email receipt.

Waiver of Liability: I release and discharge Oasis Rochester and all other sponsors, supporters and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis. These include but are not limited to: educational, cultural, volunteer, physical fitness related programs and travel in any form. I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that the Oasis mailing list may be used by Oasis sponsors for educational mailings. I understand that participants in Oasis programs are expected to conduct themselves in a courteous manner, respecting the rights of all other participants, volunteers and staff. Oasis will follow CDC guidelines as it relates to COVID-19 but requires proof of full vaccination for all in-person classes. I give permission for Oasis Rochester to photograph or videotape me and use my name and image in Oasis materials and publicity. I authorize the use of my name and image in publications produced by The Oasis Rochester's partners and by the media. I agree to be photographed or videotaped by the media for general publication.

New Participant Form



Date: _____ Month/Year of Birth: _____

Name: _____
(First) (Last)

Address: _____ Apt#: _____

City: _____ State: _____ Zip Code: _____

Home Phone: (_____) _____

Email Address: _____ Cell Phone: (_____) _____

Check here if you would like to “Opt In” to receive occasional group emails from Oasis. We do not share or sell our email addresses.

In case of an emergency (required), contact:

_____ (_____) _____
(Name) (Phone)

The information you provide is strictly confidential. We do not sell any information. This document is shredded after it is entered into our database.

Gender: Female Male Other

Marital Status: Single Married Domestic Partnership Widowed Divorced

Race/Ethnicity: Asian Black or African American White/Caucasian
 Hispanic or Latino American Indian or Alaska Native
 Native Hawaiian or other Pacific Islander Two or more races

Highest Level of Education: Grade School High School Some College
 College Degree Post Graduate

How did you hear about Oasis? Brochure Advertisement Oasis Catalog Friend
 Presentation TV/Radio Walk-In Internet/Website Newspaper

If you would like to be an Oasis volunteer, please check your interests:

Instructor Office Work Special Events Health and Wellness

Past/Present Employer: _____ Past/Present Occupation: _____

Please return this form to:

Oasis Rochester | 259 Monroe Avenue | Rochester, NY 14607 | PH: 585-730-8800

To register for classes, please see the Class Registration forms in this catalog, or visit us at www.rochester.oasisnet.org

Cut along the line to remove and return this form.

Oasis Registration Form

Please place a check mark in the left hand column of each class you want to attend.

Name: _____

Address: _____ Phone: _____

E-mail Address: _____ Would you like to receive emails from Oasis? Yes No

Signature: _____ Date: _____

Emergency Contact: Name _____ Phone _____

Credit Card #: _____ Exp. Date. ____/____/____ CVV: _____ (On back of card)

Tax deductible donation to Oasis Rochester \$ _____
(Visa/MasterCard/Discover)

✓	#	Class Name	Fee	Office Use		
				W	E	Ck#
		ARTS & HUMANITIES				
	211	Love Notes and Valentines: A Mixed Media Art Experience	\$45			
	212	Starting Your Watercolor Painting Journey	\$45			
	215	Dear Diary- Painting Elements For Journals And Scrapbooks	\$45			
	216	Painting From Your Vacation Photos	\$45			
	217	Book Discussion: Ann's Pick: <i>My Brilliant Friend</i> (Book 1) by Elena Ferrante	\$6			
	309	Hudson River Landscape Painting (In Person)	\$65			
	310	Hudson River Landscape Painting (Zoom Simulcast)	\$65			
	311	The Films of Paul Newman	\$80			
	312	Book Discussion: Penny's Pick <i>The Extraordinary Life of Sam Hell</i>	\$6			
	313	Watercolor Family Tree Class: Branching Out in Art and Heritage	\$45			
	314	Mel Brooks, The Nearly 2000 Year Old Man	\$80			
	315	Women, Art and Textiles: The Subversive Stitch II (In Person)	\$50			
	316	Women, Art and Textiles: The Subversive Stitch II (Zoom Simulcast)	\$50			
	317	Unlocking Your Inner Artist: 5 Creative Exercises for Non-Creative People	\$45			
	318	Bob Newhart: The Accidental Comedian	\$50			
	320	Photographing America: Photojournalism and Redefining Documentary (In Person)	\$65			
	321	Photographing America: Photojournalism and Redefining Documentary (Zoom Simulcast)	\$65			

✓	#	Class Name	Fee	Office Use		
				W	E	Ck#
	322	Explore And Create Like Henri Matisse	\$45			
	410	Learn To Paint In The Monet Style	\$45			
	509	Oasis Book Club (Zoom Only)	\$24			
	512	Little Surprise!	\$6			
	513	Little Surprise!	\$6			
	514	Little Surprise!	\$6			
	515	Little Surprise!	\$6			
		COMPUTERS				
	101	Technology Tutoring	\$45			
	104	Technology Tutoring	\$45			
	106	Technology Tutoring	\$45			
	109	Technology Tutoring	\$45			
	114	Technology Tutoring	\$45			
	115	Technology Tutoring	\$45			
	118	Technology Tutoring	\$45			
	119	Technology Tutoring	\$45			
	124	Technology Tutoring	\$45			
	125	Technology Tutoring	\$45			
		EXERCISE				
	203	T'ai Chi - Introduction	\$86			
	204	Aquafit-Arthritis/Fibromyalgia/Range of Motion	\$180			
	205	T'ai Chi - Intermediate Level	\$86			
	207	Beginning Belly Dance	\$42			
	209	Strength and Strengthen	\$60			
	214	Beginning Belly Dance	\$42			
	301	Tap Dance 4A	\$90			

✓ #	Class Name	Fee	Office Use
302	Ballet	\$90	
304	Jazz	\$90	
306	Oasis Tappers – Wednesday	\$90	
307	Tap Dance 1	\$90	
503	Yoga	\$60	
501	Tap Dance 2A	\$90	
502	Tap Dance 2B	\$90	
503	Nia: Body, Mind and Spirit (Zoom Only)	\$72	
504	Tap Dance 3	\$90	
506	Tap Dance 4B	\$90	
507	Oasis Tappers – Friday	\$90	
	HEALTH		
323	Guided Meditation (Zoom Simulcast)	\$60	
505	Meditation For Everyone	\$60	
510	Meditation For Everyone	\$60	
	HISTORY		
102	Election of 1876 (In Person)	\$30	
103	Election of 1876 (Zoom Simulcast)	\$30	
107	Ben Franklin (In Person)	\$30	
108	Ben Franklin (Zoom Simulcast)	\$30	
110	Lizzie Borden (In Person)	\$30	
111	Lizzie Borden (Zoom Simulcast)	\$30	
112	Jeanette Rankin: From Suffragette to Congress (In Person)	\$20	
113	Jeanette Rankin: From Suffragette to Congress (Zoom Simulcast)	\$20	
116	Germany After Versailles (In Person)	\$30	
117	Germany After Versailles (Zoom Simulcast)	\$30	
120	Lindbergh Kidnapping (In Person)	\$30	
121	Lindbergh Kidnapping (Zoom Simulcast)	\$30	
122	Murder of William Desmond Taylor (In Person)	\$30	
123	Murder of William Desmond Taylor (Zoom Simulcast)	\$30	

✓ #	Class Name	Fee	Office Use
201	Our Three Worst Presidents (In Person)	\$15	
202	Our Three Worst Presidents (Zoom Simulcast)	\$15	
407	America and Russia – A Fraught Relationship (In Person)	\$50	
408	America and Russia – A Fraught Relationship (Zoom Simulcast)	\$50	
	LANGUAGES		
208	French – Beginning Continued (Zoom Only)	\$90	
210	French – Advanced Continued (Zoom Only)	\$95	
303	Spanish – Advanced Continued (Zoom Only)	\$90	
305	Spanish – Intermediate Continued	\$90	
308	Latin – Beginning Continued (Zoom Only)	\$90	
401	German – Intermediate	\$84	
402	German – Advanced	\$84	
	MUSIC		
105	Oasis Community Chorus (Zoom Only)	\$66	
206	Oasis Community Chorus (In Person)	\$72	
	PERSONAL DEVELOPMENT		
404	Safety First: Privacy, Online Safety and Recent Scams	\$25	
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409	Indoor Houseplant Care	\$15	
	TRIPS		
213	The Dutch Connection – George Eastman Museum	\$22	
319	Helmer Nature Center Maple Sugaring Demonstration	\$15	
508	The Art of Looking: Learning Tools For a Lifetime	\$40	
511	The Art of Looking: Learning Tools For a Lifetime	\$40	



Full class descriptions are on our website. Registration will begin on December 9th and will be via mail and online at rochester.oasisnet.org



For classes held on Zoom:

- How to join: you will need to download the Zoom app to your device prior to class. **Please visit: zoom.us/download**
- Zoom meeting information will be included in registration receipts. **Please be sure to save your receipt or conveniently file Zoom meeting ID and passcode for easy use.**



- To ensure admittance into the class, please be sure to change your device name to reflect who is enrolled in the class.
- Arriving to class on time will prevent any disruptions.
- To minimize distractions, please keep yourself muted (if on Zoom) at all times unless otherwise instructed.
- Due to storage space constraints and copyright issues, we will not be recording classes.