



Spring/Summer 2025



Course Catalog

Join us for online classes this Spring & Summer!

Register online: rochester.oasisnet.org

Full class descriptions are on our website. Registration will begin on April 14th and will be via mail and online at rochester.oasisnet.org

Dear Oasis Friends,

We are excited to present our Spring/Summer 2025 catalog! Below are some tips to find and register for classes.

Finding Classes:

- In this catalog we've organized the classes by Category.
- If you prefer to view classes by Date or Instructor, you can use the Filter feature on our website.

Registration Tips:

- You can register at any time through our website.
- Alternatively, you can mail in or drop off your registration using the form found in this catalog.
- Please make note of the format of the classes you sign up for, which is listed near the class price.
- If you see an Oasis Rochester class on the Oasis Everywhere site, please register directly on the Oasis Rochester site.



Class Recordings:

- This spring/summer, we are embarking on a pilot program to record many of our lectures.
- Lectures that will be recorded have a red camera icon next to them in this catalog.
- You must be signed up for the class **before it begins** to request the class recording.
- To request a recording, email us within one week **after the class** at inforochoasis@gmail.com.
- The recording will be available to stream for two weeks after the class.
- A class recording is solely intended for the use of the person who signed up for the class and should not be shared.

A handwritten signature in black ink, appearing to read "Ann Cunningham".

Ann Cunningham
Oasis Rochester Executive Director

DID YOU KNOW?

A planned giving gift to Oasis Rochester is a special way to express your gratitude for years of impact in our community.

Call us at (585) 730-8800 and ask how.

Take a class on Oasis Everywhere:

- Our Oasis Everywhere classes, noted in green, are also being listed on Oasis Everywhere; please register at rochester.oasiseverywhere.org
- Oasis Everywhere offers live online content provided by Oasis instructors from all nine centers across the country. For a full list of Oasis Everywhere (OE) classes, visit online @ store.oasiseverywhere.org

Oasis Rochester Update:

- Staff can be reached by contacting us at 585.730.8800 or at inforochoasis@gmail.com
- Registration will begin on April 14th and will be via mail and online at rochester.oasisnet.org

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rochester.oasisnet.org

ARTS & HUMANITIES



214 Landscape Painting in Acrylics

Lisa Robinson Central Creatives
Tuesday May 13 1:00-3:00 PM Fee: \$45

Acrylics are very forgiving for beginners to work with. They are water-soluble, fast-drying and water-resistant when dry. This medium can be used for a variety of art projects and applications, from washes and colored glazes to thick impasto brushstrokes. This class will cover materials, color mixing and different brush stroke techniques. Starting with a simple landscape, Lisa will give you an understanding of acrylics that will help lay the foundation for future painting projects. Materials are included.

218 Summer Themes in Watercolor

Lisa Robinson Central Creatives
Tuesday Jun 3 1:00-3:00 PM Fee: \$45

As with any skill, the more you practice using your watercolors, the more progress you'll see. In this fun and easy workshop, Lisa will help you paint trees, flowers and summer skies. Geared towards beginning students, we will explore color mixing, shapes, forms and wet wash techniques. A great and creative way to start your summer! Materials are included.

221 Macrame A Plant Hanger

Anne Groth Oasis
Tuesday Jun 17 1:00-3:00 PM Fee: \$35

Join us for a creative and hands-on workshop where you'll learn to make your own beautiful macrame plant hanger! In this beginner-friendly class, we'll guide you through the process of mastering three essential macrame knots, which form the foundation of many macrame projects and are perfect for creating a stylish and functional plant hanger. You'll leave with a finished product to proudly display your favorite plants, plus the skills to create more macrame pieces at home. All materials are provided, and no previous experience is necessary. Just bring your creativity and get ready to tie, twist, and knot your way to a beautiful handmade creation! Sign up and get knotted with us! All materials are included!

305 Turner And Constable In Context (In Person)

Grace Seiberling, Art Historian Oasis
Wednesday May 7-28 11:00 AM-12:30 PM Fee: \$65 4 sessions

These innovative artists transformed painting in England in the early 19th century. This four-session class will look at their works in the context of artistic developments and in light of the social and agricultural context of the scenes they depicted. Please register for this class if you plan to join the class in person.

Full class descriptions are on our website. Registration will begin on April 14th and will be via mail and online at rochester.oasisnet.org

306 Turner And Constable In Context (Zoom Simulcast)

Grace Seiberling, Art Historian Zoom
Wednesday May 7-28 11:00 AM-12:30 PM Fee: \$65 4 sessions

These innovative artists transformed painting in England in the early 19th century. This four-session class will look at their works in the context of artistic developments and in light of the social and agricultural context of the scenes they depicted. Please register for this class if you plan to join the class via Zoom.

310 More Paul Newman

Otto Bruno, author Oasis
Barney Miller and the Files of the OJ' One-Two
Wednesday May 7-28 1:00-4:00 PM Fee: \$80 4 sessions

Our first Paul Newman course was so well-received that the fans hollered for "More!" Therefore, we'll examine and enjoy four more Newman films as we continue his Centennial Celebration here at Oasis. It will be four weeks with four completely different Newman classics loaded up for our enjoyment. Join us even if you weren't with us last trimester!

312 Paint A Beautiful Bicycle

Lesley Shakespeare-Brogan Oasis
Wednesday May 28 1:00-3:30 PM Fee: \$45

Such a fun project. Join us in welcoming spring with this quaint flower basket on bike. Acrylics on a 11x14" canvas. All supplies are included, no experience is necessary and beginners are welcome! Join in the fun!

313 Museums and Controversy (In Person)

Grace Seiberling, Art Historian Oasis
Wednesday Jun 4-25 11:00 AM-12:30 PM Fee: \$65 4 sessions

Are museums the preservers of the status quo, or is it their mission to challenge visitors? Should museums preserve artifacts of world culture in encyclopedic collections or should artifacts be returned to the groups that produced them (and from which in many cases they were acquired violently)? How do museums handle controversial topics such as evolution, race, and climate change? How does funding affect the choices of what to present? This four-session class will examine both specific moments of controversy and broader issues. Please register for this class if you plan to join the class in person.

314 Museums and Controversy (Zoom Simulcast)

Grace Seiberling, Art Historian Zoom
Wednesday Jun 4-25 11:00 AM-12:30 PM Fee: \$65 4 sessions

Are museums the preservers of the status quo, or is it their mission to challenge visitors? Should museums preserve artifacts of world culture in encyclopedic collections or should artifacts be returned to the groups that produced them (and from which in many cases they were acquired violently)? How do museums handle controversial topics such as evolution, race, and climate change? How does funding affect the choices of what to present? This four-session class will examine both specific moments of controversy and broader issues. Please register for this class if you plan to join the class via Zoom.

***Register at rochester.oasisnet.org for this Oasis Everywhere class.**

315 Jack Lemmon at 100

Otto Bruno, author Oasis
Barney Miller and the Files of the Ol' One-Two
Wednesday Jun 4-25 1:00-4:00 PM Fee: \$80 4 sessions
Cinema's everyman, Jack Lemmon, was born in 1925 and so it's only right that we celebrate his Centennial Anniversary in 2025 with some of his very best performances. This legend spanned half a century as one of Hollywood's most versatile and popular actors, showing off his talents in dramatic, tragic, and comedic films with equal aplomb. Join the fun as we sample some of Lemmon's most laudable movie turns in this four-week celebration of his cinematic legacy.



316 Book Discussion: Penny's Pick *Horse*

Penny Foley Oasis
Wednesday Jun 18 1:00-2:00 PM Fee: \$6
Join Penny Foley for a discussion of *Horse* by Geraldine Brooks. Based on the remarkable true story of the record-breaking thoroughbred Lexington, *Horse* is a novel of art and science, love and obsession, and our unfinished reckoning with racism. A discarded painting in a junk pile, a skeleton in an attic, and the greatest racehorse in American history: from these strands, a Pulitzer Prize winner braids a sweeping story of spirit, obsession, and injustice across American history. Come having read the book and be ready for a great discussion.

317 Sammy Davis Jr. at 100

Otto Bruno, author Oasis
Barney Miller and the Files of the Ol' One-Two
Wednesday Jul 2-16 1:00-3:00 PM Fee: \$50 3 sessions
He was regarded by many in the show biz world as the greatest entertainer of his time. He started in vaudeville as a child in The Will Mastin Trio and endured years of hardship and prejudice in and out of show business before emerging in the 1950s as a recording artist and then a full-fledged Broadway star. From there he moved onto Hollywood films, best-selling books, and gold records. Join us as we celebrate 100 years of The Wham of Sam!

318 Mel Torme, Jazz Man

Otto Bruno, author Oasis
Barney Miller and the Files of the Ol' One-Two
Wednesday Jul 23-Aug 6 1:00-3:00 PM Fee: \$50 3 sessions
They don't get much cooler than jazz vocalist Mel Torme. He started singing professionally as a child, landed numerous roles in Hollywood films, played drums in Chico Marx's Big Band, and began recording with the singing group he formed, The Mel-Tones, all before he was 21 years of age. He was, to put it simply, a phenom. Join us as we celebrate the multi-faceted Mel Torme through the film, TV appearances, and recordings of this talented man.

319 Paint Beautiful Poppies

Lesley Shakespeare-Brogan Oasis
Wednesday Jul 30 1:00-3:30 PM Fee: \$50
Such a fun project. Join us in welcoming spring with this quaint flower basket on bike. Acrylics on a 11x14" canvas. All supplies are included, no experience is necessary and beginners are welcome! Join in the fun! All supplies are included, no experience is necessary and beginners are welcome! Join in the fun!

414 Book Discussion: Ann's Pick: *Take My Hand* By Dolen Perkins-Valdez

Ann Cunningham Oasis
Thursday Jul 10 1:00-2:00 PM Fee: \$6
Join Ann Cunningham as we discuss *Take My Hand* By Dolen Perkins-Valdez. Inspired by true events that rocked the nation, a searing and compassionate novel about a Black nurse in post-segregation Alabama who blows the whistle on a terrible injustice done to her patients, from the New York Times bestselling author of *Wench*. Come having read the book and ready for a great discussion.

503 Mixed Media Domino Pendant: Upcycled Art Jewelry

Susan Carmen-Duffy Central Creatives
Friday May 9 1:00-3:00 PM Fee: \$45
Discover the art of creating unique, wearable pieces with our Mixed Media Domino Pendant workshop! In this fun, hands-on session, you'll transform ordinary found materials into extraordinary upcycled jewelry. Using dominoes as your base, you will combine hand-made and found papers, along with mixed media techniques, to craft one-of-a-kind pendants that tell a story. This workshop encourages creativity and sustainability by utilizing repurposed materials such as vintage papers, book pages, and natural fibers. You'll learn how to layer, embellish, and seal your creations to produce beautiful, eco-friendly art jewelry you can wear or gift. All materials are included!

504 Oasis Book Club (Zoom Only)

Jenny Lloyd Zoom
Friday May 9-Aug 8 1:30-2:30 PM Fee: \$24 4 sessions

We have many avid readers at Oasis Rochester who share books with each other. This peer-led group will meet four Fridays this trimester to critique and share ideas on a selected book and to recommend favorite books to one another. This group will stretch your literary horizons. Meeting dates are 5/9, 6/13, 7/11, 8/8. The book selection for May is *The Women* by Kristen Hannah. Class is held via Zoom. You must have a computer/tablet/phone with audio and video capability.

505 Little Surprise!

Little Theatre
Friday May 16 12:00-2:00 PM Fee: \$6
Enjoy a private screening for Oasis members only of a currently running movie at the Little Theatre. In the past, we've had several Academy Award winners. We select the movie based on what is playing at the theatre - you take your chances and enjoy a wonderful afternoon with friends. The movie will be announced via Facebook and an email by Tuesday of the week the movie is scheduled. You must pay in advance. Concessions will be available. Doors open at 11:30 am and the movie starts at 12:00 pm. The doors will be locked when the movie begins. You may register for up to 4 tickets. Registration deadline 5/16/25 at 9am.

507 Little Surprise!

Little Theatre
Friday Jun 13 12:00-2:00 PM Fee: \$6
Registration deadline 6/13/25 at 9am.

508 Little Surprise!

Little Theatre
Friday Jul 11 12:00-2:00 PM Fee: \$6
Registration deadline 7/11/25 at 9am.

512 Little Surprise!

Little Theatre
Friday Aug 15 12:00-2:00 PM Fee: \$6
Registration deadline 8/15/25 at 9am.

101 T'ai Chi - Introduction

Tim Farnum
Monday May 5– Aug 4 9:30–10:30 AM Oasis
Fee: \$78 13 sessions

No class 5/26

T'ai Chi, a 2,000-year-old form of exercise, is gentle and self-paced. The slow and continuous movements lengthen and strengthen the muscles while relaxing the mind. It is used as therapy for chronic pain, high blood pressure, depression, and limited mobility. Described as swimming through air, it is a perfect exercise for all ages and abilities. It can be practiced while seated, making T'ai Chi accessible to those with compromised physical conditions such as arthritis, etc. A recent study by the National Institutes of Health found that practicing T'ai Chi can help older adults keep dormant the virus that causes shingles. This course is for beginning students.

102 T'ai Chi - Intermediate Level

Tim Farnum
Monday May 5– Aug 4 10:45–11:45 AM Oasis
Fee: \$78 13 sessions

No class 5/26

This more advanced level of T'ai Chi is for those students who have previously taken T'ai Chi.

201 Walk/Bird Watch: Mendon Ponds Park - Bird Song Trail

Ann McMican, Hiker, Bird Enthusiast

Tuesday May 6 8:00–10:00 AM Fee: \$6

Park and meet at the Park Nature Center, 27 Pond Rd., Honeoye Falls, NY, (Same entrance as Wild Wings) for an even path walk/bird watch led by Ann McMican, Hiker, Birder, Amateur Naturalist. The walk is approximately two miles long, but you can turn around (with a buddy) and walk back sooner if you'd like. Please come prepared with comfortable walking shoes, sunglasses, a hat, water, sunscreen and binoculars.

202 Tap Dance 2A

Erika Atkinson
Tuesday May 6– Jun 24 9:00–9:40 AM Oasis
Fee: \$48 8 sessions

This is the next step following Beginning Tap. Enroll in this course with permission from Erika if you have taken Tap Dance I and know some basic steps.

205 Tap Dance 2B

Erika Atkinson
Tuesday May 6– Jun 24 9:45–10:25 AM Oasis
Fee: \$48 8 sessions

This is a continuation of Level 2B. You will be working on speed, accuracy and tap technique. You will visit steps such as time steps, turning steps and syncopated rhythms. A good basic knowledge of tap dancing is needed for this level. Erika will decide which Level 2 class you should join.

206 Aquafit-Arthritis/Fibromyalgia/Range of Motion

Valley Manor Staff
Tue, Thu May 6– Aug 14 10:00–11:00 AM Valley Manor
Fee: \$174 29 sessions

No class 6/19

A low-impact shallow water class in a pleasing 88 degree pool. Promote joint flexibility, range of motion and agility while building cardiovascular endurance, bone density and muscular strength. This is a FUN shallow water exercise program to help you live better with decreased range of motion, balance, arthritis, muscle stiffness, fibromyalgia pain, recuperation from chemotherapy or lack of flexibility. Suitable for every fitness level; no swimming skill is required. Reduce pain and stiffness while increasing strength, flexibility, balance, endurance and range of motion. Class is held at Valley Manor.

207 Tap Dance 3

Erika Atkinson
Tuesday May 6– Jun 24 10:30–11:10 AM Oasis
Fee: \$48 8 sessions

This class is a continuation of Tap 2B, focusing on Rhythm and timing, pattern work and combinations. Choreography for given holidays, and themes will be shared. Dancers should have completed Tap 2B or have 4 years' tap experience to be in this level.

210 Beginning Belly Dance

Julie Ferreira
Tuesday May 6– Jun 24 1:00–2:00 PM Oasis
Fee: \$48 8 sessions

Join us in learning some fundamental belly dance movements or building on the moves you've already learned. Belly dance movements flow with your natural ways of motion without putting undue strain on your hips and knees, while helping your coordination and body-brain connections, all while having fun! Throughout the class, you'll also learn about the music of the region as we focus on both traditional and modern Egyptian styles using those fundamental moves. OPTIONAL performance opportunities may be available after a few sessions.

212 Stretch and Strengthen

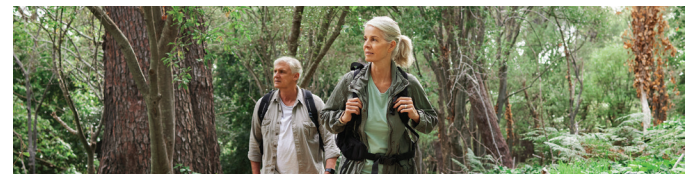
Betsy Feldman
Tuesday May 6– Aug 12 2:30–3:15 PM Oasis
Fee: \$90 15 sessions

This class focuses on improving muscle strength, range of motion, balance, and stamina with exercises suitable for all fitness levels. Class can be taken either seated or standing.

213 Walk/Bird Watch: Lakeview Community Church

Ann McMican, Hiker, Bird Enthusiast
Tuesday May 13 8:00–10:00 AM Fee: \$6

Meet at Lakeview Community Church, 30 Long Pond Rd., Greece, NY for an even path walk/bird watch led by Ann McMican, Hiker, Birder, Amateur Naturalist. The walk is approximately two miles long, but you can turn around (with a buddy) and walk back sooner if you'd like. Please come prepared with comfortable walking shoes, sunglasses, a hat, water, sunscreen and binoculars.



***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**

For classes held on Zoom:

How to join- you will need to download the Zoom app to your device prior to class.

Please visit: <https://zoom.us/download>



215 Walk/Bird Watch: Sibleyville Nature Reserve

Ann McMican, Hiker, Bird Enthusiast

Tuesday May 20 8:00-10:00 AM Fee: \$6

Meet at Sibleyville Nature Reserve, One Gravel Hill Lane, Honeoye Falls, NY for an even path walk/bird watch led by Ann McMican, Hiker, Birder, Amateur Naturalist. The walk is approximately two miles long, but you can turn around (with a buddy) and walk back sooner if you'd like. Please come prepared with comfortable walking shoes, sunglasses, a hat, water, sunscreen and binoculars.

216 Walk/Bird Watch: Rush Riverside Refuge at White Springs Farm

Ann McMican, Hiker, Bird Enthusiast

Tuesday May 27 8:00-10:00 AM Fee: \$6

Meet at Rush Riverside Refuge at White Springs Farm, 6565 E. River Rd., Rush, NY for an even path walk/bird watch led by Ann McMican, Hiker, Birder, Amateur Naturalist. The walk is approximately two miles long, but you can turn around (with a buddy) and walk back sooner if you'd like. Please come prepared with comfortable walking shoes, sunglasses, a hat, water, sunscreen and binoculars.

301 Tap Dance 4A

Erika Atkinson

Wednesday May 7-Aug 13 9:00-9:40 AM Fee: \$84 14 sessions

No class 7/30

This class is a continuation of Tap 3, continuing to learn complex rhythms and combinations. It is recommended that you've completed Tap 3 or have at least 5 years of tap dance training to be in this level.

303 Jazz

Erika Atkinson

Wednesday May 7-Aug 13 9:45-10:25 AM Fee: \$84 14 sessions

No class 7/30

This class is an open level, welcoming all dancers. Class will consist of a warm-up/stretching period, movements across the floor, focusing on basic jazz terminology, and choreography of the given season or time. Dancers will learn some classic choreography, such as Fosse, Robbins, and Blankenbuehler, but also original choreography for different chosen holidays, artists and themes. Jazz shoes, ballet shoes, sneakers, or non slip socks are required.

304 Tap Dance 4B

Erika Atkinson

Wednesday May 7-Aug 13 10:30-11:10 AM Fee: \$84 14 sessions

No class 7/30

This is class is mandatory for all Oasis Tappers. This class will consist primarily of Choreography for current seasons or featured artists. Dancers will receive focused instruction on difficult rhythms and patterns that will be set to music. All dancers must have completed Tap 4A or have at least 6 years' tap dancer experience. Dancers must also be committed to attending class regularly, as each week's lesson will build on previous lessons taught.

308 Oasis Tappers

Erika Atkinson

Wednesday May 7-Aug 13 11:15 AM-12:10 PM Fee: \$84 14 sessions

No class 7/30

This is the performing tap dance troupe which is open for participation with permission from Erika only.

309 Tap Dance 1B

Erika Atkinson

Wednesday May 7-Aug 13 12:15-12:55 PM Fee: \$84 14 sessions

No class 6/30

Tap dance? You? You bet! You do not need special shoes to try this class. Come, have a good time, and tap those tootsies! This is a class for those who have taken Tap 1 or have taken a recent tap class.

311 Hula Basics

Marie Bross

Wednesday May 7-Jun 18 1:15 AM-1:55 PM Fee: \$42 7 sessions

Exercise gently through the graceful art of hula dance. Hula is far more than a dance. Hula is the Heart of Hawaii! Class will include warmups in preparation for learning a routine. Hula is usually done barefoot. But if necessary, use ballet slippers, jazz shoes, or indoor sandals. Please no street shoes in the studio.

401 Walk: Brickyard Trail

Rosemary Johnson, Hiker

Thursday May 8 9:30-11:00 AM Fee: \$6

Meet at 1341 Westfall Rd. in Buckland Park near the tennis courts. This is an easy walk on a flat gravel path through woods and wetlands. Approximately 2.5 miles round trip. Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Boots and trekking poles are useful. Walk will only be cancelled in the event of heavy rain or thunder. Rain Date 7/3.

404 Yoga

Betsy Feldman

Thursday May 8-Aug 14 1:30-2:15 PM Fee: \$78 13 sessions

No class 6/19, 7/3

All classes are based on Hatha Yoga, which is the branch of yoga that focuses on physical techniques and breathing. Each class includes yoga based poses and stretches to improve strength, flexibility and balance. Basic classes are conducted mainly with participants in chairs, combined with some standing. Later sessions may include more standing postures and mat work where appropriate. All participants are encouraged to modify any exercise to meet their individual needs and level of fitness. It is my priority that each session provides a comfortable, supportive environment and feeling of acceptance for every participant.

405 Walk: Erie Canal

Rosemary Johnson, Hiker

Thursday May 15 9:30-11:00 AM Fee: \$6

Park at Henpeck Park, 2901 Ridgeway Ave., 14626. We will walk eastward along the canal towpath. This is an easy, flat walk on a gravel path. Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Boots and trekking poles are useful. Walk will only be cancelled in the event of heavy rain or thunder. Rain Date 7/3.

406 Walk: Genesee Valley Greenway

Rosemary Johnson, Hike

Thursday May 22 9:30-11:00 AM Fee: \$6

Meet at 30 Brook Rd., Rochester, 14623 (off Scottsville Rd.). Park in the designated greenway parking area. This is a gentle walk through woods and wetlands, a habitat for an interesting variety of wildlife and plants. We will walk along a flat, gravel pathway (approximately 3 mi.). Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Boots and trekking poles are useful. Walk will only be cancelled in the event of heavy rain or thunder. Rain Date 7/3.

***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**



407 Walk: Durand Eastman North/Lake Ontario Trail
 Rosemary Johnson, Hiker Durand Eastman North
 Thursday May 29 9:30-11:00 AM Fee: \$6
 Park on Sweet Fern Rd. near the intersection of Culver Rd. We will walk along paved pathways passing through woodlands, and boardwalks. This is an easy walk with gentle elevations and scenic views. Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Boots and trekking poles are useful. Walk will only be cancelled in the event of heavy rain or thunder. Rain Date 7/3.

409 Walk: Turning Point Park
 Rosemary Johnson, Hiker Turning Point Park
 Thursday Jun 5 9:30-11:00 AM Fee: \$6
 Located in the Charlotte neighborhood near Lake Ontario. Follow Boxart Street until it dead ends in a parking area near the Genesee River. We will walk north along the west shore of the Genesee. This is a paved pathway with a scenic boardwalk over the river. There is one moderately steep incline but we take it slow. Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Boots and trekking poles are useful. Walk will only be cancelled in the event of heavy rain or thunder. Rain Date 7/3.

410 Walk: Mt. Hope Cemetery
 Rosemary Johnson, Hiker Mt. Hope Cemetery
 Thursday Jun 12 9:30-11:00 AM Fee: \$6
 Park in the North entrance opposite Highland Park. You will pass through large iron gates and see a large fountain ahead. Park by the fountain and the crematorium/chapel building. Mt. Hope is moderately hilly with a variety of pathways. Some paved, some cobblestone, some gravel. Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Boots and trekking poles are useful. Walk will only be cancelled in the event of heavy rain or thunder. Rain Date 7/3.

413 Walk: Corbett's Glen
 Rosemary Johnson, Hiker Corbett's Glen
 Thursday Jun 26 9:30-11:00 AM Fee: \$6
 Meet at Corbett's Glen, 439 Penfield Rd. This is a 2 mile loop trail with a moderate, gravel and dirt surface through a wooded glen along Allen's Creek. There is one moderately steep section. Please note: parking is very limited. Carpooling is encouraged. Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Boots and trekking poles are useful. Walk will only be cancelled in the event of heavy rain or thunder. Rain Date 7/3.

501 Nia: Body, Mind and Spirit (Zoom Only)
 Rhonda Wright Zoom
 Friday May 9-10:30-11:30 AM Fee: \$72 12 sessions
 Aug 15
 No class 3 sessions TBD

Nia is a whole-body approach to fitness that encompasses the dance arts, the martial arts, and the healing arts. Through expressive movement and music, Nia invites you to achieve physical, mental, and spiritual fitness and well-being. Nia will lubricate your joints, release your tension, enhance your balance, and tone your muscles with pleasure, mindful awareness and joyful spirit. If you are new to Nia, or have participated in Basic Nia through Oasis, you are encouraged to register for this welcoming class. You will be able to see your friends, and make new ones, via Zoom. You will need a phone, laptop or tablet with audio and video capability.

HISTORY

103 Bad Supreme Court Decisions (In Person)
 David Woodruff Oasis
 Monday May 5-12 11:00 AM-12:00 PM Fee: \$30 2 sessions
 Nine Old Men—Or Worse. Alexander Bickel once called the Judicial Branch "the least dangerous branch." Boy, was he ever wrong. Some of the biggest blunders perpetrated by the US government were made by the US Supreme Court. Just ask Dred Scott. But the court still thinks it's perfect. The truth is the court has made many mistakes. Mistakes that transcend current political views, parties, and factions. But in the end, the court comprises people. People are human, and humans make mistakes. And mistakes are the mother's milk of storytellers. Please register for this class if you are interested in participating via in person only.

104 Bad Supreme Court Decisions (Zoom Simulcast)
 David Woodruff Zoom
 Monday May 5-12 11:00 AM-12:00 PM Fee: \$30 2 sessions
 Nine Old Men—Or Worse. Alexander Bickel once called the Judicial Branch "the least dangerous branch." Boy, was he ever wrong. Some of the biggest blunders perpetrated by the US government were made by the US Supreme Court. Just ask Dred Scott. But the court still thinks it's perfect. The truth is the court has made many mistakes. Mistakes that transcend current political views, parties, and factions. But in the end, the court comprises people. People are human, and humans make mistakes. And mistakes are the mother's milk of storytellers. Please register for this class if you are interested in participating via Zoom. You must have access to a computer/tablet/phone with audio and video capability.

106 Shirley Chisholm: Breaking Barriers (In Person)
 Mark Sample, Professor of History, MCC Oasis
 Monday May 12 1:00 AM-2:30 PM Fee: \$20
 In 1968, Shirley Chisholm became the first woman of color to be elected to the House of Representatives. As a representative of a district in Brooklyn, NY, Chisholm fought for women's issues. She was also a founding member of the Congressional Black Caucus. In 1972, she became the first woman of color to run for President on the Democratic ticket. Please join professor of history, Mark Sample, as he tells Chisholm's inspiring story and her times.

107 Shirley Chisholm: Breaking Barriers (Zoom Simulcast)
 Mark Sample, Professor of History, MCC Zoom
 Monday May 12 1:00-2:30 PM Fee: \$20
 In 1968, Shirley Chisholm became the first woman of color to be elected to the House of Representatives. As a representative of a district in Brooklyn, NY, Chisholm fought for women's issues. She was also a founding member of the Congressional Black Caucus. In 1972, she became the first woman of color to run for President on the Democratic ticket. Please join professor of history, Mark Sample, as he tells Chisholm's inspiring story and her times. You must have access to a computer/tablet/phone with audio and video capability. Please register for this class if you are interested in participating via Zoom.



108 Mata Hari (In Person)

David Woodruff Oasis
Monday May 19- 11:00 AM-12:00 PM Fee: \$30 2 sessions
Jun 2

No class 5/26

Dancer and Spy for Hire. She never held any high political office. Didn't invent any new technology or make a scientific discovery. She had such an impact on society that people still talk about her... over 100 years after her death. Beaten and abused, she made her own rules in a time dominated by men. Mata Hari was a woman who refused to conform to the expectations of society and lived life on her own terms. And ended up leaving this world because someone else decided that they didn't like her choices. Please register for this class if you are interested in participating via in person only.

109 Mata Hari (Zoom Simulcast)

David Woodruff Zoom
Monday May 19- 11:00 AM-12:00 PM Fee: \$30 2 sessions
Jun 2

No class 5/26

Dancer and Spy for Hire. She never held any high political office. Didn't invent any new technology or make a scientific discovery. She had such an impact on society that people still talk about her... over 100 years after her death. Beaten and abused, she made her own rules in a time dominated by men. Mata Hari was a woman who refused to conform to the expectations of society and lived life on her own terms. And ended up leaving this world because someone else decided that they didn't like her choices. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

110 Raid at Cabanatuan (In Person)

David Woodruff Oasis
Monday Jun 9-16 11:00 AM-12:00 PM Fee: \$30 2 sessions

Rescue of the Death March Survivors. It was called The Great Raid. And it happened on January 30, 1945. Led by US Army Rangers and now forgotten Philippine Guerillas, they rescued American prisoners of war in the Cabanatuan prison camp in the Philippines before the advance of Gen. Douglas MacArthur's forces caused the Japanese to move them to Japan or, more probably, kill them. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

111 Raid at Cabanatuan (Zoom Simulcast)

David Woodruff Zoom
Monday Jun 9-16 11:00 AM-12:00 PM Fee: \$30 2 sessions

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112 Richard III (In Person)

David Woodruff Oasis
Monday Jun 23-30 11:00 AM-12:00 PM Fee: \$30 2 sessions
The Lost King Richard III was king of England for a little over two years. He was the last king of the Plantagenet dynasty, and the branch known as the House of York. His defeat and death at the Battle of Bosworth Field marked the end of the Middle Ages in England. The last time, an English king took the field to defend his throne. Mostly remembered as an evil character from the famous play of the same name, he also invented the phrase, "innocent until proven guilty." His body... long missing... was only found in 2012... in a parking lot. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

113 Richard III (Zoom Simulcast)

David Woodruff Zoom
Monday Jun 23-30 11:00 AM-12:00 PM Fee: \$30 2 sessions
The Lost King Richard III was king of England for a little over two years. He was the last king of the Plantagenet dynasty, and the branch known as the House of York. His defeat and death at the Battle of Bosworth Field marked the end of the Middle Ages in England. The last time, an English king took the field to defend his throne. Mostly remembered as an evil character from the famous play of the same name, he also invented the phrase, "innocent until proven guilty." His body... long missing... was only found in 2012... in a parking lot. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

114 Francis J. Tumblety (In Person)

David Woodruff Oasis
Monday Jul 7-14 11:00 AM-12:00 PM Fee: \$30 2 sessions
Encore: Rochester's Jack the Ripper Suspect. Rochester native, medical quack, author, and rabid bookseller. He'd have loved the idea of the eBook. A tireless self-promoter who would have made P. T. Barnum proud. Famous during his lifetime, he would disappear into obscurity after he died in 1903... only to be catapulted back into fame in 1993 connecting him to one of the most famous murder sprees in history. Francis would have been no stranger to this notoriety... he'd already been held in connection with the assassination of President Lincoln and being a Confederate spy! Please register for this class if you are interested in participating in person.

115 Francis J. Tumblety (Zoom Simulcast)

David Woodruff Zoom
Monday Jul 7-14 11:00 AM-12:00 PM Fee: \$30 2 sessions
Encore: Rochester's Jack the Ripper Suspect. Rochester native, medical quack, author, and rabid bookseller. He'd have loved the idea of the eBook. A tireless self-promoter who would have made P. T. Barnum proud. Famous during his lifetime, he would disappear into obscurity after he died in 1903... only to be catapulted back into fame in 1993 connecting him to one of the most famous murder sprees in history. Francis would have been no stranger to this notoriety... he'd already been held in connection with the assassination of President Lincoln and being a Confederate spy! Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

203 U.S. Presidents: One-Term Wonders (In Person)

Steve Schockow, Retired History Teacher Oasis
Tuesday May 6 9:30-10:30 AM Fee: \$15
A number of our U.S. Presidents have served only one term in office. Sadly, they seem to be long forgotten. We will look at four of our Chief Executives - John Quincy Adams, James K. Polk, Rutherford B. Hayes and William Howard Taft. This class will give us a glimpse of their lives, as well as the contributions they made to our nation. Mr. Schockow is a recently retired Junior High School history teacher.

204 U.S. Presidents: One-Term Wonders

(Zoom Simulcast)

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402 Phenomenon of Hitler and the Third Reich

(In Person)

Laurence Britt Oasis
Thursday May 8-22 11:00 AM - 12:00 PM Fee: \$50 3 sessions

Few events in history can match the dystopian events that occurred in Germany between 1933 and 1945. How could a nation renowned for its level of education, culture, scientific achievement, and sophistication fall under the spell of a megalomaniac? A perfect storm of circumstances came together which rode the currents of history to a European and world catastrophe. Adolf Hitler, a penniless and complete unknown in 1919 rose to power in a modern nation state and then initiate the most destructive war in history. How and why could this happen? The essence of this three-session course will be to explore the answers to these questions. The first session will explore Hitler's background and development and how he molded a political movement. Session two will show how power was obtained and an authoritative state was quickly achieved. Session three will demonstrate the inevitable result of maniacal power without limit. Laurence Britt is a published writer on several aspects of fascism and has taught numerous classes on modern history at Oasis for the past fifteen years.

403 Phenomenon of Hitler and the Third Reich

(Zoom Simulcast)

Laurence Britt, author and commentator on political and economic affairs Zoom
Thursday May 8-22 11:00 AM-12:00 PM Fee: \$50 3 sessions

Few events in history can match the dystopian events that occurred in Germany between 1933 and 1945. How could a nation renowned for its level of education, culture, scientific achievement, and sophistication fall under the spell of a megalomaniac? A perfect storm of circumstances came together which rode the currents of history to a European and world catastrophe. Adolf Hitler, a penniless and complete unknown in 1919 rose to power in a modern nation state and then initiate the most destructive war in history. How and why could this happen? The essence of this three-session course will be to explore the answers to these questions. The first session will explore Hitler's background and development and how he molded a political movement. Session two will show how power was obtained and an authoritative state was quickly achieved. Session three will demonstrate the inevitable result of maniacal power without limit. Laurence Britt is a published writer on several aspects of fascism and has taught numerous classes on modern history at Oasis for the past fifteen years. Presented via Zoom. You will need a computer/phone/tablet with audio capabilities.

411 Fascism – What, When, How, and Why?

(In Person)

Laurence Britt Oasis
Friday Jun 13-27 11:00 AM-12:00 PM Fee: \$50 3 sessions

In the 1930s, author Sinclair Lewis wrote a dystopian novel, *It Can't Happen Here*, about fascism coming to America. This course will explore that subject given the current status of the political environment in America. The rise of fascism has been one of the most destructive movements of the past hundred years, bringing oppression, war and devastation in its path. Yet few really understand what fascism is, why it appeals, and how it has gained power so extensively in recent history. This course will attempt to define exactly what fascism is, based on its characteristics, and will cover the experience of living under fascist regimes. The course will also address the reasons why a fascist mentality appeals to such large segments of a given population, even in contemporary settings. Recent trends and events in the American political environment have led many to think that incipient fascism is a possibility even here. Is this really possible or even conceivable in America given our established democratic institutions? Laurence Britt is a published writer on several aspects of fascism and has taught numerous classes on modern history at Oasis for the past fifteen years.

412 Fascism – What, When, How, and Why?

(Zoom Simulcast)

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Friday Jun 13-27 11:00 AM-12:00 PM Fee: \$50 3 sessions

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LANGUAGES

209 French - Beginning Continued (Zoom Only)

Kevin Finnigan Zoom
Tuesday May 6- 1:00-2:00 PM Fee: \$90 15 sessions
Aug 12

This is a CONTINUING BEGINNING course, equivalent to the end of the second half of high school French 1. The emphasis of this course will be aural/oral communication skills with the appropriate supporting grammar. There will be individual, pair and group activities. Topics will include Household furniture and chores. The textbook used emphasizes the multi-cultural diversity of the francophone world. Class is taught via Zoom. You must have a computer, smart phone or tablet and printer/scanner to participate. Students currently not enrolled in the course will need permission of the instructor to register. Please contact Oasis Rochester before registering and we will get you in touch with Kevin. The text used is *Bien Dit!* French 1, 2013 edition.

***Register at rochester.oasis everywhere.org for this Oasis Everywhere class.**





Going Your Way

Oasis is proud to play an integral role in *Going Your Way*, a PBS documentary that focuses on the personal, medical, and spiritual issues surrounding end-of-life care, the options available, and steps that can be taken to put those wishes to practical use. End-of-life planning should be according to your own wishes. We'll learn from the experts and real people who have stories to share about preparing for life and death.

View the documentary on WXXI:
Monday, March 31st at 10:30 PM & Saturday, April 5th at 3PM

PERSONAL DEVELOPMENT

219 Wines From Around The World: Wines From Around The Black Sea

Bruce Smoller, Sommelier Oasis
Tuesday Jun 10 1:00-2:30 PM Fee: \$30

Same country, different wines and regions! Large amounts of wine are produced in the Black Sea area. Many of these wines are available within the United States and they have a wide range of styles, suitable for many types of occasions and food pairings. In this class, we will take a brief tour of wines from around the Black Sea as an overview of the markedly divergent types. We will discuss and taste 5 wines and suggest suitable food pairings, along with a discussion of wine making processes, and the effects of climate and geology from the region. Registration deadline is 6/3/25 at noon.

408 Wines From Around The World: Wines of Portugal

Bruce Smoller, Sommelier Oasis
Thursday May 29 1:00-2:30 PM Fee: \$30

Same country, different wines and regions! Portugal is a large wine-producing country. Many of these wines are available within the United States and they have a wide range of styles, suitable for many types of occasions and food pairings. In this class, we will take a brief tour of Portugal wines as an overview of the markedly divergent types. We will discuss and taste 5 wines and suggest suitable food pairings, along with a discussion of wine making processes, and the effects of climate and geology from the region. Registration deadline is 5/22/25 at noon.

415 Wines From Around The World: Wines from Greece

Bruce Smoller, Sommelier Oasis
Thursday Aug 7 1:00-2:30 PM Fee: \$30

Same country, different wines and regions! Greece is a large wine-producing country. Many of these wines are available within the United States and they have a wide range of styles, suitable for many types of occasions and food pairings. In this class, we will take a brief tour wines from around Greece as an overview of the markedly divergent types. We will discuss and taste 5 wines and suggest suitable food pairings, along with a discussion of wine making processes, and the effects of climate and geology from the region. Registration deadline is 7/31/25 at noon.

***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**

211 French - Advanced Continued (Zoom Only)

Kevin Finnigan Zoom
Tuesday May 6- 2:30-4:00 PM Fee: \$95 15 sessions
Aug 12

This course is aimed at those who have completed the equivalent of University level fourth semester or high school French 4. Emphasis will be on the communication skills of listening and speaking with gradual introduction of longer reading passages with the aim of building vocabulary and fluency. Students not currently enrolled in the course will need permission of the instructor to register. Please contact Oasis Rochester before registering and we will get you in touch with Kevin. Class is taught via Zoom. You must have a computer, or smart phone, or tablet with video and audio capability and a printer/scanner for class materials. Required text will be discussed during the first class.

302 Spanish - Advanced Continued (Zoom Only)

Kristine Hannon, Zoom
retired Rochester City School District teacher
Wednesday May 7- 10:00-11:00 AM Fee: \$90 15 sessions
Aug 13

If you have studied Spanish before and have a basic speaking knowledge of Spanish, you are welcome to join this lively class. The advanced intermediate level class provides an opportunity to practice speaking in a friendly environment. You must have taken Spanish with Kris previously. Text is on your confirmation letter. Class is presented via Zoom. You must have a computer/laptop, tablet or a phone and capability for sound and camera access. Book: *Complete Spanish All-in-One, Premium Third Edition* ISBN 978-1-264-28554-9

307 Spanish - Intermediate Continued

Kristine Hannon, Oasis
retired Rochester City School District teacher
Wednesday May 7- 11:15 AM-12:15 PM Fee: \$90 15 sessions
Aug 13

This is a continuation for those who have taken Spanish II. You will be able to practice in a relaxed and friendly atmosphere. You must have previously taken class with Kris. The textbook is not included and will be listed on your confirmation.

MUSIC

105 Community Chorus (Zoom Only)

Rhonda Wright Zoom
Monday May 5- 2:30-3:30 PM Fee: \$66 11 sessions
Aug 11

No class 5/26 and 3 session TBD

We welcome all Oasis participants who enjoy singing, and those who think they might, to give us a try. There are no auditions and newcomers are always welcome. The chorus learns to sing in harmony to favorites and popular Broadway tunes and to new contemporary arrangements. The Chorus usually performs one outreach concert for residents at a nearby nursing home or senior facility (participation optional). Concert participants must wear white tops with matching red chorus tie or scarf. This class is for those who prefer to join chorus via Zoom only. Music pick up day/time will be found in your confirmation email. You must have a computer/tablet/phone with audio and video capability. Music truly does lift the spirit and feed the soul.

208 Oasis Community Chorus (In Person)

Rhonda Wright Oasis
Tuesday May 6- 11:00 AM-12:00 PM Fee: \$72 12 sessions
Aug 12

No class 3 sessions TBD

We welcome all Oasis participants who enjoy singing, and those who think they might, to give us a try. There are no auditions and newcomers are always welcome. The chorus learns to sing in harmony to favorites and popular Broadway tunes and to new contemporary arrangements. The Chorus usually performs one outreach concert for residents at a nearby nursing home or senior facility (participation optional). Concert participants must wear white tops with matching red chorus tie or scarf. Masking use is optional for rehearsals. Music truly does lift the spirit and feed the soul.

Contact us: inforochaoasis@gmail.com |

Oasis Course Catalog–Spring/Summer 2025

509 Wines From Around The World: Wines From The US

Bruce Smoller, Sommelier Oasis
Friday Jul 11 1:00-2:30 PM Fee: \$30

Same country, different wines and regions! The United States is a large wine-producing country. Many of these wines are available within the United States and they have a wide range of styles, suitable for many types of occasions and food pairings. In this class, we will take a brief tour wines from around the US as an overview of the markedly divergent types. We will discuss and taste 5 wines and suggest suitable food pairings, along with a discussion of wine making processes, and the effects of climate and geology from the region. Registration deadline is 7/11/25 at noon.

TOURS

217 Linwood Garden Tour

Lee Gratwick Linwood Gardens
Tuesday May 27 10:00-11:00 AM Fee: \$30

Linwood Gardens, a private garden, is located in Linwood, New York, 35 miles southwest of Rochester in the farmlands of the Genesee Valley. The garden landscape was designed in the early 1900s, with an Arts and Crafts style summerhouse, walled gardens with pools and fountains, ornamental trees, and a view of the valley beyond. The gardens include a distinguished collection of Japanese and American tree peonies featured each spring at the Tree Peony Festival of Flowers. The tour is guided for one hour, but feel free to stay and wander the property after the class. You can register for another guest with your registration. You will drive on your own to the gardens- directions will be in your confirmation email. RSVP by 5/21/25 at noon.

220 Sodus Bay Lighthouse Museum Tour

 Sodus Bay
 Lighthouse Museum
Tuesday Jun 17 11:00 AM-12:00 PM Fee: \$10

In 1824 Congress appropriated \$4,500 to construct a lighthouse tower and keeper's residence at Sodus Bay. A year later, Ishmael D. Hill, a veteran of the War of 1812, was appointed as its first keeper. By 1869, both structures had deteriorated to the extent that Congress appropriated \$14,000 to build a second lighthouse to replace the original tower. This second stone lighthouse building, with its attached tower and Fresnel lens, was completed in 1871 and became the residence of Sodus Lighthouse Keepers for the next 80 years. This same lighthouse is still preserved in excellent condition, and has been run as a Maritime Museum by the Sodus Bay Historical Society in accordance with an agreement and lease from the Town of Sodus since 1984. Take a step back in time and tour the Lighthouse Museum. Pack a lunch and feel free to explore the nearby Chimney Bluffs on your own. RSVP by 6/13/25 at noon.



No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This

Includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status.

502 The Art of Looking: Learning Tools For a Lifetime

MAG Docent Memorial Art Gallery
Friday May 9-23 1:00-3:00 PM Fee: \$40 3 sessions

This class has received rave reviews from our members. Using art at the Memorial Art Gallery, the docents will guide you through the Gallery, teaching art appreciation skills of observation and interpretation. You will learn new ways to look at, and engage deeply with, works of art. Your new skills will enable you to enjoy art differently in the future. One of the weeks will concentrate on a temporary exhibit. May's temporary exhibition is 'Composing Color: Paintings by Alma Thomas:' see the world through the eyes of this singular figure in the story of twentieth-century American art. Thomas developed her exuberant form of abstract painting after retiring from a long career as a schoolteacher. Taking inspiration from nature, the cosmos, and music for her vibrant, rhythmic art, Alma Thomas incorporated the intuitive approach of gestural abstraction and beaming hues of color field painting into her work, which goes beyond established genres. Pay at registration, not at the door. RSVP by 5/6/25 at noon.

506 The Art of Looking: Learning Tools For a Lifetime

MAG Docent Memorial Art Gallery
Friday Jun 6-20 1:00-3:00 PM Fee: \$40 3 sessions

This class has received rave reviews from our members. Using art at the Memorial Art Gallery, the docents will guide you through the Gallery, teaching art appreciation skills of observation and interpretation. You will learn new ways to look at, and engage deeply with, works of art. Your new skills will enable you to enjoy art differently in the future. One of the weeks will concentrate on a temporary exhibit. June's exhibition will be 'Making Connections: Highlights from a Decade of Acquisitions' invites new dialogues between artworks. Featured in the Lockhart Gallery, the exhibition presents works in pairs, drawing connections between different mediums, styles, periods, and regions. This grouping strategy provides an opportunity for a more diverse understanding of a growing collection. Coinciding with multiple small installations in the permanent collection galleries, Making Connections reimagines the ways in which we bring artworks together to inspire new conversations. Pay at registration, not at the door. RSVP by 6/3/25 at noon.

510 The Art of Looking: Learning Tools For a Lifetime

MAG Docent Memorial Art Gallery
Friday Jul 11-25 1:00-3:00 PM Fee: \$40 3 sessions

This class has received rave reviews from our members. Using art at the Memorial Art Gallery, the docents will guide you through the Gallery, teaching art appreciation skills of observation and interpretation. You will learn new ways to look at, and engage deeply with, works of art. Your new skills will enable you to enjoy art differently in the future. One of the weeks will concentrate on a temporary exhibition. July's exhibition will be 'Rochester Finger Lakes Exhibition.' This is an exhibition of artists from the 27 counties that make up Western New York. Pay at registration, not at the door. RSVP by 7/8/25 at noon.

511 Artisan Works Tour

 Artisan Works
Friday Aug 1 1:00-2:00 PM Fee: \$15

Artisan Works is difficult to describe - it must be experienced. It is a 21st Century art space which features students, local artists, modern artists, realist artists, illustrators, sculptors, printers, craftsmen, the crazy and the tame, the world famous as well as unknowns. They are all there, side by side, hanging from the rafters as well as on the walls. On your guided tour you will see areas not open to the public with an auto made of wood, a Victorian dining room, a firehouse complete with 1968 restored truck, a Frank Lloyd Wright room, and a complete retro dental office. This is a tour not to be missed. Feel free to remain after to tour the rest of the museum. Artisan Works is at 565 Blossom Rd. You may register for one additional person and RSVP by 7/25/25 at noon.

Registration Procedures

Registration is required for all Oasis classes. Ways to register:

- **Mail-In-Registration Processed beginning April 14th, 2025**
- **Online-Registration Opens April 14th, 2025 @ 9am @ rochester.oasisnet.org**
- **Walk-In-Registration April 15th-16th, 2025, 9am-12 noon**

Please follow all procedures listed below:

- You must be a participant of Oasis to register. If you are not a participant you may join by coming to the Oasis Center, by phone or online at the Oasis website: rochester.oasisnet.org.
Membership is free.
- Please complete the registration form, including name and phone number. Please print clearly. Place a check mark in the left hand column in front of each class for which you want to register.
- All participants must sign the registration form, which serves as signature of the Waiver of Liability below.
- If there are two participants in one household, please make a photocopy of the full blank registration form or pick up a form at Oasis. Do not list two members on one form.
- **If you would like a confirmation letter mailed, please enclose a self-addressed stamped envelope.**
- **If you would like your confirmation letter emailed, please provide your email address on the registration form.**
- Credit cards may be used to pay for classes and trips. Oasis accepts **Visa, MasterCard,** and **Discover.**
- Mark the credit card box on the registration form and include the type of card, the credit card number, expiration date and the **CVV number.** Credit cards are not charged if you are placed on a waiting list.
- If paying by check, **separate checks** must be written for **each class requiring a fee.** Please write the class number on the check. If the class is full, the unused check will be returned to the participant. Make checks payable to Oasis unless otherwise noted. If separate checks are not submitted, refundable fees will be credited to your Oasis account.
- Participants who want to attend classes with another participant should send their registrations to Oasis in one envelope. Don't forget to send the self-addresses stamped envelope or request an email receipt.

Waiver of Liability: I release and discharge Oasis Rochester and all other sponsors, supporters and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis. These include but are not limited to: educational, cultural, volunteer, physical fitness related programs and travel in any form. I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that the Oasis mailing list may be used by Oasis sponsors for educational mailings. I understand that participants in Oasis programs are expected to conduct themselves in a courteous manner, respecting the rights of all other participants, volunteers and staff. Oasis will follow CDC guidelines as it relates to COVID-19 but requires proof of full vaccination for all in-person classes. I give permission for Oasis Rochester to photograph or videotape me and use my name and image in Oasis materials and publicity. I authorize the use of my name and image in publications produced by The Oasis Rochester's partners and by the media. I agree to be photographed or videotaped by the media for general publication.

New Participant Form



Date: _____ Month/Year of Birth: _____

Name: _____
(First) (Last)

Address: _____ Apt#: _____

City: _____ State: _____ Zip Code: _____

Home Phone: (_____) _____

Email Address: _____ Cell Phone: (_____) _____

☐ Check here if you would like to "Opt In" to receive occasional group emails from Oasis. We do not share or sell our email addresses.

In case of an emergency (required), contact:

(Name) (Phone)

The information you provide is strictly confidential. We do not sell any information. This document is shredded after it is entered into our database.

Gender: ☐ Female ☐ Male ☐ Other

Marital Status: ☐ Single ☐ Married ☐ Domestic Partnership ☐ Widowed ☐ Divorced

Race/Ethnicity: ☐ Asian ☐ Black or African American ☐ White/Caucasian
☐ Hispanic or Latino ☐ American Indian or Alaska Native
☐ Native Hawaiian or other Pacific Islander ☐ Two or more races

Highest Level of Education: ☐ Grade School ☐ High School ☐ Some College
☐ College Degree ☐ Post Graduate

How did you hear about Oasis? ☐ Brochure ☐ Advertisement ☐ Oasis Catalog ☐ Friend
☐ Presentation ☐ TV/Radio ☐ Walk-In ☐ Internet/Website ☐ Newspaper

If you would like to be an Oasis volunteer, please check your interests:

☐ Instructor ☐ Office Work ☐ Special Events ☐ Health and Wellness

Past/Present Employer: _____ Past/Present Occupation: _____

Please return this form to:

Oasis Rochester | 259 Monroe Avenue | Rochester, NY 14607 | PH: 585-730-8800

To register for classes, please see the Class Registration forms in this catalog, or visit us at www.rochester.oasisnet.org

Cut along the line to remove and return this form.

Oasis Registration Form

Please place a check mark in the left hand column of each class you want to attend.

Name: _____

Address: _____ Phone: _____

E-mail Address: _____ Would you like to receive emails from Oasis? ☐ Yes ☐ No

Signature: _____ Date: _____

Emergency Contact: Name _____ Phone _____

Credit Card #: _____ Exp. Date. ____/____/____ CVV: _____ (On back of card)

Tax deductible donation to Oasis Rochester \$ _____
(Visa/MasterCard/Discover)

✓	#	Class Name	Fee	Office Use		✓	#	Class Name	Fee	Office Use	
		ARTS & HUMANITIES	W	E	Ck#			EXERCISE			
	214	Landscape Painting in Acrylics	\$45				101	T'ai Chi - Introduction	\$78		
	218	Summer Themes in Watercolor	\$45				102	T'ai Chi - Intermediate Level	\$78		
	221	Macrame A Plant Hanger	\$35				201	Walk/Bird Watch: Mendon Ponds Park - Bird Song Trail	\$6		
	305	Turner And Constable In Context (In Person)	\$65				202	Tap Dance 2A	\$48		
	306	Turner And Constable In Context (Zoom Simulcast)	\$65				205	Tap Dance 2B	\$48		
	310	More Paul Newman	\$80				206	AquaFit-Arthritis/Fibromyalgia/Range of Motion	\$174		
	312	Paint A Beautiful Bicycle	\$45				207	Tap Dance 3	\$48		
	313	Museums and Controversy (In Person)	\$65				210	Beginning Belly Dance	\$48		
	314	Museums and Controversy (Zoom Simulcast)	\$65				212	Stretch and Strengthen	\$90		
	315	Jack Lemmon at 100	\$80				213	Walk/Bird Watch: Lakeview Community Church	\$6		
	316	Book Discussion: Penny's Pick <i>Horse</i>	\$6				215	Walk/Bird Watch: Sibleyville Nature Reserve	\$6		
	317	Sammy Davis Jr. at 100	\$50				216	Walk/Bird Watch: Rush Riverside Refuge at White Springs Farm	\$6		
	318	Mel Torme, Jazz Man	\$50				301	Tap Dance 4A	\$84		
	319	Paint Beautiful Poppies	\$50				303	Jazz	\$84		
	414	Book Discussion: Ann's Pick: <i>Take My Hand</i> By Dolen Perkins-Valdez	\$6				304	Tap Dance 4B	\$84		
	503	Mixed Media Domino Pendant: Upcycled Art Jewelry	\$45				308	Oasis Tappers	\$84		
	504	Oasis Book Club (Zoom Only)	\$24				309	Tap Dance 1B	\$84		
	505	Little Surprise!	\$6								
	507	Little Surprise!	\$6								
	508	Little Surprise!	\$6								
	512	Little Surprise!	\$6								

✓	#	Class Name	Fee	Office Use
	311	Hula Basics	\$42	
	401	Walk: Brickyard Trail	\$6	
	404	Yoga	\$78	
	405	Walk: Erie Canal	\$6	
	406	Walk: Genesee Valley Greenway	\$6	
	407	Walk: Durand Eastman North/ Lake Ontario Trail	\$6	
	409	Walk: Turning Point Park	\$6	
	410	Walk: Mt. Hope Cemetery	\$6	
	413	Walk: Corbett's Glen	\$6	
	501	Nia: Body, Mind and Spirit (Zoom Only)	\$72	
		<u>HISTORY</u>		
	103	Bad Supreme Court Decisions (In Person)	\$30	
	104	Bad Supreme Court Decisions (Zoom Simulcast)	\$30	
	106	Shirley Chisolm: Breaking Barriers (In Person)	\$20	
	107	Shirley Chisolm: Breaking Barriers (Zoom Simulcast)	\$20	
	108	Mata Hari (In Person)	\$30	
	109	Mata Hari (Zoom Simulcast)	\$30	
	110	Raid at Cabanatuan (In Person)	\$30	
	111	Raid at Cabanatuan (Zoom Simulcast)	\$30	
	112	Richard III (In Person)	\$30	
	113	Richard III (Zoom Simulcast)	\$30	
	114	Francis J. Tumblety (In Person)	\$30	
	115	Francis J. Tumblety (Zoom Simulcast)	\$30	
	203	U.S. Presidents: One-Term Wonders (In Person)	\$15	
	204	U.S. Presidents: One-Term Wonders (Zoom Simulcast)	\$15	
	402	Phenomenon of Hitler and the Third Reich (In Person)	\$50	
	403	Phenomenon of Hitler and the Third Reich (Zoom Simulcast)	\$50	

✓	#	Class Name	Fee	Office Use
	411	Fascism - What, When, How, and Why? (In Person)	\$50	
	412	Fascism - What, When, How, and Why? (Zoom Simulcast)	\$50	
		<u>LANGUAGES</u>		
	209	French - Beginning Continued (Zoom Only)	\$90	
	211	French - Advanced Continued (Zoom Only)	\$95	
	302	Spanish - Advanced Continued (Zoom Only)	\$90	
	307	Spanish - Intermediate Continued	\$90	
		<u>MUSIC</u>		
	105	Community Chorus (Zoom Only)	\$66	
	208	Oasis Community Chorus (In Person)	\$72	
		<u>PERSONAL DEVELOPMENT</u>		
	219	Wines From Around The World: Wines From Around The Black Sea	\$30	
	408	Wines From Around The World: Wines of Portugal	\$30	
	415	Wines From Around The World: Wines from Greece	\$30	
	509	Wines From Around The World: Wines From The US	\$30	
		<u>TOURS</u>		
	217	Linwood Garden Tour	\$30	
	220	Sodus Bay Lighthouse Museum Tour	\$10	
	502	The Art of Looking: Learning Tools For a Lifetime	\$40	
	506	The Art of Looking: Learning Tools For a Lifetime	\$40	
	510	The Art of Looking: Learning Tools For a Lifetime	\$40	
	511	Artsan Works Tour	\$15	



Full class descriptions are on our website. Registration will begin on April 14th and will be via mail and online at rochester.oasisnet.org



It just got easier to
watch your favorite
Oasis lecture!



This Spring, we are launching a pilot program to record our lectures in case you have to miss one. Here's what to expect...

- If a class is going to be recorded, it will be notated by an icon in the catalog as well as in the class listing on our website.
- You must be signed up for the class **BEFORE** it begins in order to request the class recording.
- Recordings will be sent by request; email us after the class at info@rochoasis@gmail.com.
- Requests will be honored within one week following the original class date.
- The recording will be available to stream for two weeks.
- A class recording is solely intended for the use of the person who signed up for the class and should not be shared.