

Fall 2025



Course Catalog

Join us for online classes this Fall!

Register online: rochester.oasisnet.org

Full class descriptions are on our website. Registration will begin on August 11th and will be via mail and online at rochester.oasisnet.org

Dear Oasis Friends,

We are excited to present our Fall 2025 catalog!
Below are some tips to find and register for classes.

Finding Classes:

- In this catalog we've organized the classes by Category.
- If you prefer to view classes by Date or Instructor, you can use the Filter feature on our website.

Registration Tips:

- You can register at any time through our website.
- Alternatively, you can mail in or drop off your registration using the form found in this catalog.
- Please make note of the format of the classes you sign up for, which is listed near the class price.
- If you see an Oasis Rochester class on the Oasis Everywhere site, please register directly on the Oasis Rochester site.



Class Recordings:

- This fall, we are embarking on a pilot program to record many of our lectures.
- Lectures that will be recorded have a red camera icon next to them in this catalog.
- You must be signed up for the class **before it begins** to request the class recording.
- To request a recording, email us within one week **after the class** at inforochoasis@gmail.com.
- The recording will be available to stream for two weeks after the class.
- A class recording is solely intended for the use of the person who signed up for the class and should not be shared.

A handwritten signature in black ink, appearing to read "Ann Cunningham".

Ann Cunningham
Oasis Rochester Executive Director

DID YOU KNOW?

A planned giving gift to Oasis Rochester is a special way to express your gratitude for years of impact in our community.

Call us at (585) 730-8800 and ask how.

Take a class on Oasis Everywhere:

- Our Oasis Everywhere classes, noted in green, are also being listed on Oasis Everywhere; please register at rochester.oasiseverywhere.org
- Oasis Everywhere offers live online content provided by Oasis instructors from all nine centers across the country. For a full list of Oasis Everywhere (OE) classes, visit online @ store.oasiseverywhere.org

Oasis Rochester Update:

- Staff can be reached by contacting us at 585.730.8800 or at inforochoasis@gmail.com
- Registration will begin on August 11th and will be via mail and online at: rochester.oasisnet.org

Full class descriptions are on our website. Registration will begin on August 11th and will be via mail and online at
rochester.oasisnet.org

Contact us: inforochoasis@gmail.com

Oasis Course Catalog–Fall 2025



ARTS & HUMANITIES

207 Alcohol Ink

Gisele Simons Oasis
 Tuesday Sep 9-30 12:30-2:30 PM Fee: \$70 4 sessions
 Come get lost in the world of Alcohol Ink! Alcohol Ink is a free-flowing art medium with vivid stained-glass-like colors. Watch the art unfold before your eyes and be amazed at the results. Newbie artists and experienced painters are welcome. Smocks or painting clothes recommended. Materials fee, payable to the instructor, is \$30 and is in addition to the class fee. Students will receive these items which they keep: 6 Tim Holtz Adirondack Ranger Inks; Yupo paper for each lesson and Blending Solution and Oiler Boiler. Gloves will be provided for each class. NOTE: The instructor will contact you via e-mail prior to the beginning of the course. E-mail address and Internet connection are required. Registration deadline is 9/2 at noon.

208 Storytelling And Social Narrative: Mini Story Quilts On Paper

Susan Carmen-Duffy Central Creatives
 Tuesday Sep 9 1:00-3:00 PM Fee: \$50
 Explore your creative voice through the styles of groundbreaking women artists by channeling their bold techniques and expressive spirit. Inspired by artist Faith Ringgold, this workshop invites you to tell a personal or community story using collage, acrylic paint, and handwritten text. Create a quilt-inspired artwork with painted borders and a central image that brings your story to life. No art experience needed! All materials are included!

209 Hidden Western Gems

James Kraus, retired English teacher, Rochester City School District Oasis
 Tuesday Oct 7-28 12:30-3:00 PM Fee: \$85 4 sessions
 The western is a celebrated American film genre, some viewed at Oasis. Yet the great Gary Cooper made 3 westerns late in his career that remain under appreciated. This class will choose one of them. It was also view lesser known westerns from Wayne, Stewart, Douglas or Alan Ladd, which the class members will discuss after each film.

210 Energetic Abstraction – Inspired by Lee Krasner

Susan Carmen-Duffy Central Creatives
 Tap into your emotions through bold color, movement, and texture. Using acrylic paint and collage, you'll create a dynamic abstract panel guided by music and intuitive mark-making. No art experience needed—just a willingness to explore! All materials are included!
 Tuesday Oct 21 1:00-3:00 PM Fee: \$50

211 Ebony and Ivory Chanteuses

James Kraus, retired English teacher, Rochester City School District Oasis
 Tuesday Nov 4-Nov 25 1:00-2:30 PM Fee: \$75 4 sessions
 Dee Dee Bridgewater is a contemporary singer whose career began in her teens at Monday evening sessions in the Village Vanguard. Her career has soared globally since the 1980s, especially in France, Europe, and Japan. She is a worthy successor to Ella and Sarah. This class will examine another contemporary vocalist, and then take a peek back at several lesser known Ebony and Ivory Chanteuses. Jim Kraus, a retired English teacher, has a deep interest in singers of the Great American Songbook.

Full class descriptions are on our website. Registration will begin on August 11th and will be via mail and online at rochester.oasisnet.org

213 Joyful Mosaics– Ornaments And Cards Inspired By Alma Thomas

Susan Carmen-Duffy Central Creatives
 Tuesday Dec 9 1:00-3:00 PM Fee: \$50
 Explore your creative voice through the styles of groundbreaking women artists by channeling their bold techniques and expressive spirit. Create vibrant, abstract ornaments and greeting cards inspired by Alma Thomas. Using acrylic paint and collage, explore color, rhythm, and pattern through playful, expressive design. All materials provided—no art experience needed!

308 Barbara Stanwyck: Tough And Timeless

Otto Bruno, author *Barney Miller and the Files of the Of One-Two* Oasis
 Wednesday Sep 3-24 1:00-4:00 PM Fee: \$85 4 sessions
 From her start as a Ziegfeld Girl to success as a Broadway actress to Hollywood stardom as a leading lady to a popular TV star, Barbara Stanwyck achieved everything you could hope to achieve as an actor. Her efforts culminated in a AFI Lifetime Achievement Award in 1987. Join us as we view four of Stanwyck's classic film performances this fall by popular demand.

310 Telling American Stories: Genre Painting and Illustration in the Nineteenth Century

Grace Seiberling, Art Historian Oasis
 Wednesday Sep 10 – 11:00 AM-12:30 PM Fee: \$70 4 sessions
 Oct 1
 Images of everyday life were an important feature of American art. Purporting to give us glimpses of real life, these paintings, prints and photographs show imagined realities which give us insights into their broader cultural context. Please register for this class if you plan to join the class in person.

311 Telling American Stories: Genre Painting and Illustration in the Nineteenth Century

Grace Seiberling, Art Historian Zoom
 Wednesday Sep 10 – 11:00 AM-12:30 PM Fee: \$70 4 sessions
 Oct 1
 Images of everyday life were an important feature of American art. Purporting to give us glimpses of real life, these paintings, prints and photographs show imagined realities which give us insights into their broader cultural context. Please register for this class if you plan to join the class via Zoom.

312 Beginning Your Watercolor Journey With The Basics

Lisa Robinson Central Creatives
 Wednesday Sep 17 1:00-3:00 PM Fee: \$50
 This class will cover concepts such as understanding how much water to use, the right brush for the job, tonal values and simplification. Materials are included.

*Register at rochester.oasisnet.org for this Oasis Everywhere class.

313 Watercolor Color Mixing and More

Lisa Robinson Central Creatives

Wednesday Sep 24 1:00-3:00 PM Fee: \$50

Color mixing is a fundamental skill used in all painting mediums. Using watercolors, Lisa will concentrate on basic color mixing, creating vibrant and muted hues, darks and lights and so much more. Each participant will develop worksheets to use as reference for their own paintings. Materials are included.

314 Renoir In Context (In Person)

Grace Seiberling, Art Historian Oasis

Wednesday Oct 8-29 11:00 AM-12:30 PM Fee: \$70 4 sessions

Working back and forth between avant-garde landscape and more traditional figure painting, especially portraits and nudes, Renoir was at once a central figure in Impressionism and a representative of a long tradition. This four-session class looks at his development and his relationship with other artists, especially Monet and Cézanne, his distinctive images of modern life and apparently timeless nudes, and his influence. Please register for this class if you plan to join the class in person.

315 Renoir in Context (Zoom Simulcast)

Grace Seiberling, Art Historian Zoom

Wednesday Oct 8-29 11:00 AM-12:30 PM Fee: \$70 4 sessions

Working back and forth between avant-garde landscape and more traditional figure painting, especially portraits and nudes, Renoir was at once a central figure in Impressionism and a representative of a long tradition. This four-session class looks at his development and his relationship with other artists, especially Monet and Cézanne, his distinctive images of modern life and apparently timeless nudes, and his influence. Please register for this class if you plan to join the class via Zoom.

316 Here's Johnny!

Otto Bruno, author *Barney Miller and the Files of the O'One-Two* Oasis

Wednesday Oct 8-22 1:00-2:30 PM Fee: \$50 3 sessions

One hundred years ago this month in the small town of Corning, Iowa, a king was born. He would bring laughter and respite from the concerns of the day to millions as he tucked them into bed each night for 30 years. Join us as we celebrate the unprecedented career of Johnny Carson. He not only made the phenomenon of Late Night TV a television staple but left behind an unassailable legacy as the King of Late Night.

317 Flowers In Watercolor

Lisa Robinson Central Creatives

Wednesday Oct 15 1:00-3:00 PM Fee: \$50

An up close look at flowers in watercolor. Loose painting of the Poppy, iris and sunflower. Playing with abstraction and loosening your watercolor style. Materials are included.

318 Dick Van Dyke: Laugh Lines And Legacy

Otto Bruno, author *Barney Miller and the Files of the O'One-Two* Oasis

Wednesday Oct 29- Nov 19 1:00-4:00 PM Fee: \$85 4 sessions

Few entertainers have spread more happiness over the last century than Dick Van Dyke. Join this centennial celebration as we focus on Van Dyke's film career while sampling some of the gold nuggets of his TV career as well. Singing, dancing, sublime slapstick, and lots of laughter. This class will be filled with the joy that is Dick Van Dyke!

322 Painting (and Creating) as a Woman: Second-Wave Feminism (In Person)

Grace Seiberling, Art Historian Oasis

Wednesday Nov 5-Dec 3 11:00 AM-12:30 PM Fee: \$70 4 sessions
No class 11/26

Art-making by women changed in the 1960s and 1970s as artists consciously produced works reframing women's lives and experiences and challenged the traditional hierarchies of the art world. This four-session class will look at works of Judy Chicago and Miriam Schapiro, Eva Hesse, Louise Bourgeois, Barbara Kruger and others. Please register for this class if you plan to join the class in person.

323 Painting (and Creating) as a Woman: Second-Wave Feminism (Zoom)

Grace Seiberling, Art Historian Zoom

Wednesday Nov 5-Dec 3 11:00 AM-12:30 PM Fee: \$70 4 sessions
No class 11/26

Art-making by women changed in the 1960s and 1970s as artists consciously produced works reframing women's lives and experiences and challenged the traditional hierarchies of the art world. This four-session class will look at works of Judy Chicago and Miriam Schapiro, Eva Hesse, Louise Bourgeois, Barbara Kruger and others. Please register for this class if you plan to join the class via Zoom.

319 Winter Themes In Watercolor

Lisa Robinson Central Creatives

Wednesday Nov 12 1:00-3:00 PM Fee: \$50

Painting winter scenes in watercolor can be achieved through various techniques focusing on capturing the essence of cold, snowy environments. We will also work on fun winter wreaths and colorful ornaments. Techniques include creating wet on wet washes, using salt for texture and experimenting with negative space to create whites. Materials are included.

Wednesday Nov 12 1:00-3:00 PM Fee: \$50

320 Book Discussion: Ann's Pick: *This Tender Land* By William Kent Kreuger

Ann Cunningham Oasis

Wednesday Dec 3 1:00-2:00 PM Fee: \$7

Join Ann Cunningham as we discuss *This Tender Land* by William Kent Kreuger. The unforgettable story of four orphans who travel the Mississippi River on a life-changing odyssey during the Great Depression. Come having read the book and ready for a great discussion.

321 Christmas Movie Classics: Otto's Pick!

Otto Bruno, author *Barney Miller and the Files of the O'One-Two* Oasis

Wednesday Dec 10 1:00-4:00 PM Fee: \$25

The annual holiday movie has become a tradition with Otto Bruno's brilliant and enthusiastic film students/scholars. Join us for this year's version of classic holiday fun—Otto's pick. Join us for some holiday fun!

413 Book Discussion: Penny's Pick *The River We Remember*

Penny Foley Oasis

Thursday Oct 9 1:00-2:00 PM Fee: \$7

Join Penny Foley for a discussion of *The River We Remember* by William Kent Kreuger. Plot: On Memorial Day in Jewel, Minnesota, the body of wealthy landowner Jimmy Quinn is found floating in the Alabaster River, dead from a shotgun blast. As suspicions and accusations mount, the town teeters on the edge of more violence. Sheriff Brody Dern struggles not only to solve the mystery of Quinn's murder, but also to face the demons from his own past. Caught up in the torrent of anger that sweeps through Jewel are a Native American WWII veteran who has recently returned to Jewel with a Japanese wife, a war widow and her adolescent son, and a crusading female lawyer, all of whom struggle with their own tragic histories and harbor secrets that Quinn's death threatens to expose. —a *New York Times* bestseller. Come having read the book and be ready for a great discussion.

***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**

414 Rochester Movie Memories

Peter Elliott Oasis
Thursday Oct 16 -23 1:00-2:30 PM Fee: \$40 2 sessions
Come and share your Rochester Movie Memories! This course focuses on the fabulous movie theaters in downtown Rochester that sadly no longer exist—the RKO Palace, Loew's, Paramount, Capitol and Regent Theaters. We'll also cover the neighborhood cinemas such as the Lake, Monroe, Riviera, Waring, Lyell and Coronet, among others. Rare photos of these long ago movie theaters along with a brief history will be presented. Janet Archibald will join Peter to relate her memories of working as a candy seller and later cashier at the Riviera Theater when it was showing films such as *Lawrence of Arabia*, *My Fair Lady* and *Doctor Zhivago* to the days when it was showing *The Devil in Miss Jones*. Do you have souvenir books from the days when first run movies had reserved seats and uniformed ushers or do you have the rare Pictorial History of the RKO Palace booklet? If so, bring them to this class for a fun show and tell and share your Rochester Movie Memories.

508 Oasis Book Club (Zoom Only)

Jenny Lloyd Zoom
Friday Sep 12- 1:30-2:30 PM Fee: \$28 4 sessions
Dec 12
We have many avid readers at Oasis Rochester who share books with each other. This peer-led group will meet four Fridays this trimester to critique and share ideas on a selected book and to recommend favorite books to one another. This group will stretch your literary horizons. Meeting dates are 9/12, 10/10, 11/14, 12/12. The book selection for 9/12 is Ariel Lawhorn's *The Frozen River*. Class is held via Zoom. You must have a computer/tablet/phone with audio and video capability.

515 Little Surprise!

Little Theatre
Friday Sep 19 12:00-2:00 PM Fee: \$7
Enjoy a private screening for Oasis members only of a currently running movie at the Little Theatre. In the past, we've had several Academy Award winners. We select the movie based on what is playing at the theatre - you take your chances and enjoy a wonderful afternoon with friends. The movie will be announced via Facebook and an email by Tuesday of the week the movie is scheduled. You must pay in advance. Concessions will be available. Doors open at 11:30 am and the movie starts at 12:00 pm. The doors will be locked when the movie begins. You may register for up to 4 tickets.

516 Little Surprise!

Little Theatre
Friday Oct 24 12:00-2:00 PM Fee: \$7
Enjoy a private screening for Oasis members only of a currently running movie at the Little Theatre. In the past, we've had several Academy Award winners. We select the movie based on what is playing at the theatre - you take your chances and enjoy a wonderful afternoon with friends. The movie will be announced via Facebook and an email by Tuesday of the week the movie is scheduled. You must pay in advance. Concessions will be available. Doors open at 11:30 am and the movie starts at 12:00 pm. The doors will be locked when the movie begins. You may register for up to 4 tickets.

517 Little Surprise!

Little Theatre
Friday Nov 21 12:00-2:00 PM Fee: \$7
Enjoy a private screening for Oasis members only of a currently running movie at the Little Theatre. In the past, we've had several Academy Award winners. We select the movie based on what is playing at the theatre - you take your chances and enjoy a wonderful afternoon with friends. The movie will be announced via Facebook and an email by Tuesday of the week the movie is scheduled. You must pay in advance. Concessions will be available. Doors open at 11:30 am and the movie starts at 12:00 pm. The doors will be locked when the movie begins. You may register for up to 4 tickets.

513 Christmas With The Crooners

Roberta R Ryan Oasis
Friday Dec 5 11:00 AM-12:00 PM Fee: \$15
Oh, By Gosh, By Golly...get into the spirit by taking a sleigh ride down memory lane to revisit some of the most-loved holiday tunes by the legendary (and a few surprising) singers/performers from years gone by. Roberta will share video, audio and even one or two "show and tell" items from a long-ago time when riding the Monorail and visiting Santa's Magic Mountain was a Christmastime requirement for the young and "young at heart" in Rochester.

518 Little Surprise!

Little Theatre
Friday Dec 12 12:00-2:00 PM Fee: \$7
Enjoy a private screening for Oasis members only of a currently running movie at the Little Theatre. In the past, we've had several Academy Award winners. We select the movie based on what is playing at the theatre - you take your chances and enjoy a wonderful afternoon with friends. The movie will be announced via Facebook and an email by Tuesday of the week the movie is scheduled. You must pay in advance. Concessions will be available. Doors open at 11:30 am and the movie starts at 12:00 pm. The doors will be locked when the movie begins. You may register for up to 4 tickets.

EXERCISE

101 T'ai Chi - Introduction

Tim Farnum Oasis
Monday Sep 8-Dec 8 9:30-10:30 AM Fee: \$91 13 sessions
No class 10/13

T'ai Chi, a 2,000-year-old form of exercise, is gentle and self-paced. The slow and continuous movements lengthen and strengthen the muscles while relaxing the mind. It is used as therapy for chronic pain, high blood pressure, depression, and limited mobility. Described as swimming through air, it is a perfect exercise for all ages and abilities. It can be practiced while seated, making T'ai Chi accessible to those with compromised physical conditions such as arthritis, etc. A recent study by the National Institutes of Health found that practicing T'ai Chi can help older adults keep dormant the virus that causes shingles. This course is for beginning students.

102 T'ai Chi - Intermediate Level

Tim Farnum Oasis
Monday Sep 8-Dec 8 10:45-11:45 AM Fee: \$91 13 sessions
No class 10/13

This more advanced level of T'ai Chi is for those students who have previously taken T'ai Chi.

201 Aquafit-Arthritis/Fibromyalgia/Range of Motion

Valley Manor Staff Valley Manor
Tue, Thu Sep 2- 10:00-11:00 AM Fee: \$203 29 sessions
Dec 11

No class 11/27
A low-impact shallow water class in a pleasing 88 degree pool. Promote joint flexibility, range of motion and agility while building cardiovascular endurance, bone density and muscular strength. This is a FUN shallow water exercise program to help you live better with decreased range of motion, balance, arthritis, muscle stiffness, fibromyalgia pain, recuperation from chemotherapy or lack of flexibility. Suitable for every fitness level, no swimming skill is required. Reduce pain and stiffness while increasing strength, flexibility, balance, endurance and range of motion. Class is held at Valley Manor.



For classes held on Zoom:

How to join- you will need to download the Zoom app to your device prior to class. Please visit: <https://zoom.us/download>

206 Stretch and Strengthen

Betsy Feldman Oasis
Tuesday Sep 9- 12:00-12:45 PM Fee: \$98 14 sessions
Dec 9

This class focuses on improving muscle strength, range of motion, balance and stamina with exercises suitable for all fitness levels. Class can be taken either seated or standing.

214 Beginning Belly Dance

Julie Ferreira Oasis
Tuesday Sept 9- 1:00-2:00 PM Fee: \$56 8 sessions
Oct 28

Join us in learning some fundamental belly dance movements - or continue building on the moves you've already learned. Belly dance movements flow with your natural ways of motion without putting undue strain on your hips and knees, while helping your coordination and body-brain connections, all while having fun learning choreography!

212 Belly Dance Drills and Thrills

Julie Ferreira Oasis
Tuesday Nov 11- 1:00-2:00 PM Fee: \$28 4 sessions
Dec 2

This class will focus on technique, shimmies, and drills to learn or strengthen your dance skills. All levels are welcome to learn some basics or to improve their skills.

301 Tap Dance 4A

Erika Atkinson Oasis
Wednesday Sep 3- 9:00-9:40 AM Fee: \$98 14 sessions
Dec 10

No class 11/26

This class is a continuation of Tap 3, continuing to learn complex rhythms and combinations. It is recommended that you've completed Tap 3 or have at least 5 years of tap dance training to be in this level.

302 Ballet

Erika Atkinson Oasis
Wednesday Sep 3- 9:45-10:25 AM Fee: \$98 14 sessions
Dec 10

No class 11/26

This class is an open level class, welcoming all dancers, new and experienced. We will focus on stretching, balance and coordination. Ballet vocabulary and exercises will be taught and executed with an emphasis on posture, technique and ballet etiquette.

304 Jazz

Erika Atkinson Oasis
Wednesday Sep 3- 10:30-11:10 AM Fee: \$98 14 sessions
Dec 10

No class 11/26

This class is open level, welcoming all dancers. Class will consist of a warm-up/ stretching period, movements across the floor, focusing on basic jazz terminology, and choreography of the given season or time. Dancers will learn some classic choreography, such as Fosse, Robbins, and Blankenhuebler, but also original choreography for different chosen holidays, artists and themes. Jazz shoes, ballet shoes, sneakers, or non slip socks are required.

305 Oasis Tappers - Wednesday

Erika Atkinson Oasis
Wednesday Sep 3- 11:15 AM-12:10 PM Fee: \$98 14 sessions
Dec 10

No class 11/26

This is the performing tap dance troupe which is open for participation with permission from Erika only.

306 Tap Dance 1B

Erika Atkinson Oasis
Wednesday Sep 3- 12:30-1:10 PM Fee: \$98 14 sessions
Dec 10

No class 11/26

Tap dance? You? You bet! You do not need special shoes to try this class. Come, have a good time, and tap those tootsies! This is a class for those who have taken Tap 1 or have taken a recent tap class.

309 Tap Dance 1A

Erika Atkinson Oasis
Wednesday Sep 3- 1:15-1:55 PM Fee: \$98 14 sessions
Dec 10

Tap dance? You? You bet! You do not need special shoes to try this class. Come, have a good time, and tap those tootsies! This is a class for beginners.

403 Walk: Beatty Point Park

Rosemary Johnson, Hiker Beatty Point Park
Thursday Sep 11 9:30 AM-11:00 AM Fee: \$7

Meet on Long Pond Road north of the Parkway. Parking is on the east side of Long Pond Road. The walk is approximately an easy 2.3 mile loop trail on gravel and grass, but you can turn around (with a buddy) and walk back sooner if you'd like. Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Walk will only be cancelled in the event of heavy rain or thunder.

406 Yoga

Betsy Feldman Oasis
Thursday Sep 11- 12:00-12:45 PM Fee: \$91 13 sessions
Dec 11

No class 11/27

All classes are based on Hatha Yoga, which is the branch of yoga that focuses on physical techniques and breathing. Each class includes yoga based poses and stretches to improve strength, flexibility and balance. Basic classes are conducted mainly with participants in chairs, combined with some standing. Later sessions may include more standing postures and mat work where appropriate. All participants are encouraged to modify any exercise to meet their individual needs and level of fitness. It is my priority that each session provides a comfortable, supportive environment and feeling of acceptance for every participant.

408 Walk: Mendon Ponds Quaker Pond Trail

Rosemary Johnson, Hiker Mendon Ponds Park
Thursday Sep 18 9:30-11:00 AM Fee: \$7

Parking is at the trail head on the north side of Pond Rd. between Douglas Rd and Pittsford Mendon Rd. Lookout Shelter can be seen adjacent to trail head parking (43.01555, 77.57167). This is a 3 mi. trail over level terrain with pond views, a variety of wildlife and plants. The path is natural grass and dirt. Expect muddy sections especially following wet weather. Walk will only be cancelled in the event of heavy rain or thunder.

411 Walk: Beechwood State Park

Rosemary Johnson, Hiker Beechwood State Park
Thursday Oct 2 9:30-11:00 AM Fee: \$7

Located in Sodus along the Lake Ontario shore. Once home to a summer camp, this park features mature woodland with a diverse ecosystem featuring a variety of ferns and other woodland plants. Once home to a Girl Scout summer camp, remnants of the camp can still be found. We will explore the trails and the shore line for approximately a 3 mi walk. Bring a snack and we will pause halfway to enjoy the lakeside view. Allow two hours for this walk. Expect grassy, flat trails. Directions: Park at Beechwood State Park West Entrance. 7423 Lake Rd Sodus is a private residence. The park entrance is just east of this house on the north side of Lake Rd. This entrance is directly across from Maxwell Rd. Walk will only be cancelled in the event of heavy rain or thunder.

412 Walk: Tinker Nature Park

Rosemary Johnson, Hiker Tinker Nature Center
Thursday Oct 9 9:30 AM-11:00 AM Fee: \$7

Located at 1585 Calkins Rd. This is 1.2 mi easy, flat trail of stone and wood chips traversing through woods, wetlands, and wildflower meadows. Walk will only be cancelled in the event of heavy rain or thunder.

415 Walk: Seneca Park Riverway Trail

Rosemary Johnson, Hiker Seneca Park
Thursday Oct 23 9:30-11:00 AM Fee: \$7
Riverway Trail

Park in the southwest corner of the zoo parking lot. We will walk north along the eastern ridge above the Genesee River. This is a 3 mile walk along varied terrain, dirt path with some moderate inclines. Please come prepared with comfortable walking shoes, sunglasses, a hat, water and sunscreen. Walk will only be cancelled in the event of heavy rain or thunder.

416 Walk: Ganondagan State Historic Site

Rosemary Johnson, Hiker Ganondagan

Thursday Oct 30 9:30-11:00 AM Fee: \$7

Ganondagan State Historic Site. Park at 7000 County Road 41 (Boughton Hill Road), Victor, NY 14564. We will explore the woodland trails on the grounds of the of Seneca Art & Culture Center. Interpretive signs highlight the close relationship between the Seneca people and the natural world. We will traverse hills and woodlands with moderate inclines. Trekking poles may be useful. Walk will only be cancelled in the event of heavy rain or thunder.

501 Tap Dance 2A

Erika Atkinson Oasis

Friday Sep 5- Dec 12 9:00-9:40 AM Fee: \$98 14 sessions

No class 11/28

This is the next step following Beginning Tap. Enroll in this course with permission from Erika if you have taken Tap Dance I and know some basic steps.

502 Tap Dance 2B

Erika Atkinson Oasis

Friday Sep 5- Dec 5 9:45-10:25 AM Fee: \$98 13 sessions

No class 11/28

This is a continuation of Level 2B. You will be working on speed, accuracy and tap technique. You will visit steps such as time steps, turning steps and syncopated rhythms. A good basic knowledge of tap dancing is needed for this level. Erika will decide which Level 2 class you should join.

503 Tap Dance 3

Erika Atkinson Oasis

Friday Sep 5- Dec 12 10:30-11:10 AM Fee: \$98 14 sessions

This class is a continuation of Tap 2B, focusing on Rhythm and timing, pattern work and combinations. Choreography for given holidays and themes will be shared. Dancers should have completed Tap 2B or have 4 years of tap experience to be in this level.

519 Nia: Body, Mind and Spirit (Zoom Only)

Rhonda Wright Oasis

Friday Sep 5- Dec 5 10:30 AM-11:30 AM Fee: \$98 14 sessions

No class 11/28

Nia is a whole-body approach to fitness that encompasses the dance arts, the martial arts, and the healing arts. Through expressive movement and music, Nia invites you to achieve physical, mental, and spiritual fitness and well-being. Nia will lubricate your joints, release your tension, enhance your balance, and tone your muscles with pleasure, mindful awareness and joyful spirit. Participants may choose to exercise and stretch while seated. You will be able to see your friends, and make new ones, via Zoom. You will need a phone, laptop or tablet with audio and video capability.

504 Tap Dance 4B

Erika Atkinson Oasis

Friday Sep 5- Dec 12 12:00-12:45 PM Fee: \$98 14 sessions

No class 11/28

This class is mandatory for all Oasis Tappers. This class will consist primarily of Choreography for current seasons or featured artists. Dancers will receive focused instruction on difficult rhythms and patterns that will be set to music. All dancers must have completed Tap 4A or have at least 6 years of tap dancer experience. Dancers must also be committed to attending class regularly, as each week's lesson will build on previous lessons taught.

505 Tap Aerobics

Erika Atkinson Oasis

Friday Sep 5- Dec 12 11:15-11:45 AM Fee: \$77 11 sessions

No class 10/10, 10/24, 11/28, 12/5

506 Oasis Tappers - Friday

Erika Atkinson

Oasis

Friday Sep 5- Dec 12 12:45-1:45 PM Fee: \$98 13 sessions

No class 11/28

This is the performing tap dance troupe which is open for participation with permission from Erika only.

HISTORY

103 Irish Civil War (In Person)

David Woodruff Oasis

Monday Sep 8-15 11:00 AM-12:00 PM Fee: \$35 2 sessions

Green Against Green. The Irish Civil War raged for two years between the Provisional Government of Ireland and the Anti-Treaty IRA over the Anglo-Irish Treaty of 1921. The Irish Free State supported the terms of the treaty, while the anti-Treaty opposition saw it as a betrayal of the Irish Republic proclaimed during the Easter Rising of 1916. Many of the combatants had fought together against the British in the Irish Republican Army during the War of Independence and created a bitter rivalry between the two factions after the treaty negotiations began. Please register for this class if you are interested in participating via in person only.

104 Irish Civil War (Zoom Simulcast)

David Woodruff Zoom

Monday Sep 8-15 11:00 AM-12:00 PM Fee: \$35 2 sessions

Green Against Green. The Irish Civil War raged for two years between the Provisional Government of Ireland and the Anti-Treaty IRA over the Anglo-Irish Treaty of 1921. The Irish Free State supported the terms of the treaty, while the anti-Treaty opposition saw it as a betrayal of the Irish Republic proclaimed during the Easter Rising of 1916. Many of the combatants had fought together against the British in the Irish Republican Army during the War of Independence and created a bitter rivalry between the two factions after the treaty negotiations began. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

107 Crazy Spy Stories (In Person)

David Woodruff Oasis

Monday Sep 22-29 11:00 AM-12:00 PM Fee: \$35 2 sessions

Tales of Subterfuge from the Atomic Age. In Washington's day, as well as the Civil War, the most a spy had to worry about was how many men the enemy had and where they were going. But by the Second World War, belligerents needed to spy on their opponent's scientific abilities as well. This meant they needed someone who could understand what they were looking at. This resulted in some fairly insane intelligence efforts. Everything from the famous MKULTRA to bat bombs to an attempt by a famous scientist to nuke the moon—just to show we could do it. Please register for this class if you are interested in participating via in person only.

108 Crazy Spy Stories (Zoom Simulcast)

David Woodruff Zoom

Monday Sep 22-29 11:00 AM-12:00 PM Fee: \$35 2 sessions

Tales of Subterfuge from the Atomic Age. In Washington's day, as well as the Civil War, the most a spy had to worry about was how many men the enemy had and where they were going. But by the Second World War, belligerents needed to spy on their opponent's scientific abilities as well. This meant they needed someone who could understand what they were looking at. This resulted in some fairly insane intelligence efforts. Everything from the famous MKULTRA to bat bombs to an attempt by a famous scientist to nuke the moon—just to show we could do it. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**

109 Sandra Day O'Connor (In Person)

Mark Sample, Professor of History, MCC Oasis

Monday Sep 29 1:00-2:30 PM Fee: \$20

Raised on a ranch in Arizona, Sandra Day O'Connor would grow up to be independent and confident. These are two qualities that served her well in the future. In 1981 President Ronald Reagan made history when he appointed her to be the first female justice on the Supreme Court. During her time on the court, O'Connor had to deal with issues such as affirmative action, gun control and abortion. She often times became the swing vote on important cases. Please join Monroe Community College's professor of history, Mark Sample, as he tells the story of O'Connor and her times.

110 Sandra Day O'Connor (Zoom Simulcast)

Mark Sample, Professor of History, MCC Zoom

Monday Sep 29 1:00-2:30 PM Fee: \$20

Raised on a ranch in Arizona, Sandra Day O'Connor would grow up to be independent and confident. These are two qualities that served her well in the future. In 1981 President Ronald Reagan made history when he appointed her to be the first female justice on the Supreme Court. During her time on the court, O'Connor had to deal with issues such as affirmative action, gun control and abortion. She often times became the swing vote on important cases. Please join Monroe Community College's professor of history, Mark Sample, as he tells the story of O'Connor and her times. You must have a laptop, tablet or phone with audio and video capability to access this class.

111 The First Map (In Person)

David Woodruff Oasis

Monday Oct 6-20 11:00 AM - 12:00 PM Fee: \$35 2 sessions

No class 10/13

Showing us How We Fit into the World. In 1881, an archaeologist discovered a small fragment of a 2,500-year-old cuneiform clay tablet in the ruins of the ancient Babylonian city of Sippar. At first, the tablet was overlooked in favor of more impressive, complete examples. This was partly because archaeologists were unaware of its significance, which was only appreciated at the end of the nineteenth century when the script was successfully translated. Today, the tablet is on public display at the British Museum. It is the first known map of the world. Please register for this class if you are interested in participating via in person only.

112 The First Map (Zoom Simulcast)

David Woodruff Zoom

Monday Oct 6-20 11:00 AM-12:00 PM Fee: \$35 2 sessions

No class 10/13

Showing us How We Fit into the World In 1881, an archaeologist discovered a small fragment of a 2,500-year-old cuneiform clay tablet in the ruins of the ancient Babylonian city of Sippar. At first, the tablet was overlooked in favor of more impressive, complete examples. This was partly because archaeologists were unaware of its significance, which was only appreciated at the end of the nineteenth century when the script was successfully translated. Today, the tablet is on public display at the British Museum. It is the first known map of the world. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

113 The Princes in the Tower (In Person)

David Woodruff Oasis

Monday Oct 27- Nov 3 11:00 AM-12:00 PM Fee: \$35 2 sessions

Medieval Murder Mystery. The supposed murders of Edward V and his brother Richard of York happened over 500 years ago. No bodies positively identified as the princes were ever found, despite the myth of their tomb in Westminster Abbey. It's the cold case of cold cases. Everyone connected with their disappearance has been dead for 500 years. Accounts of the time are vague, contradictory, and would be dismissed now as hearsay. Later accounts, those of the Tudor hacks, are impossibly biased and point to the guilt of one man, who became Richard III in July 1483. Please register for this class if you are interested in participating via in person only.

114 The Princes in the Tower (Zoom Simulcast)

David Woodruff Zoom

Monday Oct 27- Nov 3 11:00 AM-12:00 PM Fee: \$35 2 sessions

No class 10/13

Medieval Murder Mystery. The supposed murders of Edward V and his brother Richard of York happened over 500 years ago. No bodies positively identified as the princes were ever found, despite the myth of their tomb in Westminster Abbey. It's the cold case of cold cases. Everyone connected with their disappearance has been dead for 500 years. Accounts of the time are vague, contradictory, and would be dismissed now as hearsay. Later accounts, those of the Tudor hacks, are impossibly biased and point to the guilt of one man, who became Richard III in July 1483. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

115 Forgotten Stories of WWII (In Person)

David Woodruff Oasis

Monday Nov 10-17 11:00 AM-12:00 PM Fee: \$35 2 sessions

No class 11/10

Encore: The period from 1937 until 1945 is filled with the surprising tales of the little-known: people and happenings that were dwarfed by the larger events of those years. This class is filled with their stories. From the Finnish soldier who took out 500 Russian invaders in the Winter War to the mysterious end of President John F. Kennedy's older brother Joe. Not to mention the man from Brooklyn who was hated by the English—they hanged him in 1945. These are tales of gallantry, tragedy, and treachery that are worth hearing about. Please register for this class if you are interested in participating via in person only.

116 Forgotten Stories of WWII (Zoom Simulcast)

David Woodruff Zoom

Monday Nov 10-17 11:00 AM-12:00 PM Fee: \$35 2 sessions

No class 11/10

Encore: The period from 1937 until 1945 is filled with the surprising tales of the little-known: people and happenings that were dwarfed by the larger events of those years. This class is filled with their stories. From the Finnish soldier who took out 500 Russian invaders in the Winter War to the mysterious end of President John F. Kennedy's older brother Joe. Not to mention the man from Brooklyn who was hated by the English—they hanged him in 1945. These are tales of gallantry, tragedy, and treachery that are worth hearing about. Please register for this class if you are interested in participating via Zoom only. You must have access to a computer/tablet/phone with audio and video capability.

117 U.S. Presidents: Short-Term Wonders (In Person)

Steve Schockow, Retired History Teacher Oasis

Monday Nov 24 1:00-2:00 PM Fee: \$20

Serving as a U.S. President is a monumental undertaking that requires perseverance and the patience to see that your agenda is implemented, regardless of how long it takes. Sadly, some of our Presidents did not survive long enough to see their vision for the nation enacted. We will look at four of our Chief Executives - William Henry Harrison, Zachary Taylor, James Garfield and Warren G. Harding. This class will give us a look at their unique lives and the plans they had for our country.

118 U.S. Presidents: One-Term Wonders (Zoom Simulcast)

Steve Schockow, Retired History Teacher Oasis

Monday Nov 24 1:00-2:00 PM Fee: \$20

Serving as a U.S. President is a monumental undertaking that requires perseverance and the patience to see that your agenda is implemented, regardless of how long it takes. Sadly, some of our Presidents did not survive long enough to see their vision for the nation enacted. We will look at four of our Chief Executives - William Henry Harrison, Zachary Taylor, James Garfield and Warren G. Harding. This class will give us a look at their unique lives and the plans they had for our country. Please register for this class if you plan to join via Zoom using your phone, laptop or tablet.

***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**

404 Erie Canal Basics (Zoom)

Derrick Pratt, Director of Education, Zoom
Erie Canal Museum

Thursday Sep 11 10:00-11:00 AM Fee: \$20

Why was the Erie Canal built? How was it built? What happened with it once it was built? Where is it now? All these questions and more will be answered in this crash course on "Clinton's Ditch." This class is presented via Zoom. A computer, phone or tablet is needed to access the class.

407 Erie Canal Basics (In Person Simulcast)

Derrick Pratt, Director of Education, Zoom
Erie Canal Museum

Thursday Sep 11 1:30-2:30 PM Fee: \$20

Why was the Erie Canal built? How was it built? What happened with it once it was built? Where is it now? All these questions and more will be answered in this crash course on "Clinton's Ditch." This class is presented via Zoom. Register for this class if you do not have access to Zoom and would like to view the simulcast in person.

417 Afghanistan - 20 Years War

Mel Braverman Oasis

Thursday Nov 6-20 11:00 AM-12:00 PM Fee: \$60 3 session

Afghanistan, America's longest war. That's not a badge of honor. In 2001, after the tragedy of 9/11, we went into Afghanistan to crush the Taliban who were suspected of hiding Osama Bin Laden. In 2021 - after 20 years, 2.3 trillion dollars, 6,170 American military/contractor deaths, countless Afghan/Pakistani deaths - we left Afghanistan in an embarrassing retreat with the Taliban firmly in charge. Did it happen? In previous classes we've taken a look at some of our foreign policy mistakes (Bay of Pigs, Vietnam, Iraq). Is there a common thread? In this class we'll take a look at our 20 years in Afghanistan. We'll take a look at the decision makers (and there were plenty - presidents, generals, advisors) and the decisions they made. What was the thought process? Did we get any value for our investment? Let's take a look.

418 Phenomenon of Hitler and the Third Reich-Updated (In Person)

Laurence Britt Oasis

Thursday Nov 6-20 1:00-2:00 PM Fee: \$60 3 sessions

Few events in history can match the dystopian events that occurred in Germany between 1933 and 1945. How could a nation renowned for its level of education, culture, scientific achievement, and sophistication fall under the spell of a megalomaniac? A perfect storm of circumstances came together which rode the currents of history to a European and world catastrophe. Adolf Hitler, a penniless and complete unknown in 1919 rose to power in a modern nation state and then initiate the most destructive war in history. How and why could this happen? This is an update of Larry's previous offerings.

419 Phenomenon of Hitler and the Third Reich-Update (Zoom Simulcast)

Laurence Britt, author and commentator Zoom
on political and economic affairs

Thursday Nov 6-20 1:00-2:00 PM Fee: \$60 3 sessions

Few events in history can match the dystopian events that occurred in Germany between 1933 and 1945. How could a nation renowned for its level of education, culture, scientific achievement, and sophistication fall under the spell of a megalomaniac? A perfect storm of circumstances came together which rode the currents of history to a European and world catastrophe. Adolf Hitler, a penniless and complete unknown in 1919 rose to power in a modern nation state and then initiate the most destructive war in history. How and why could this happen? This is an update of Larry's previous offerings. Presented via Zoom. You will need a computer/phone/tablet with audio capabilities.

LANGUAGES

203 French - Intermediate (Zoom Only)

Kevin Finnigan Zoom

Tuesday Sep 2-Dec 9 1:00-2:00 PM Fee: \$105 15 sessions

This course is aimed at those who have completed the equivalent of high school French 1. Emphasis will be on the communication skills of listening and speaking with gradual introduction of longer reading passages with the aim of building vocabulary and fluency. Students not currently enrolled in the beginning course will need permission of the instructor to register. Please contact Oasis Rochester before registering and we will get you in touch with Kevin. Class is taught via Zoom. You must have a computer, or smart phone, or tablet with video and audio capability (computer or laptop preferred), and a printer/scanner for class materials. The text used is *Bien Dit! French 1*, 2013 edition.

204 French - Advanced (Zoom Only)

Kevin Finnigan Zoom

Tuesday Sep 2-Dec 9 2:30-4:00 PM Fee: \$110 15 sessions

This course is equivalent to fourth year of high school French or fourth semester college. If you are not currently enrolled in the course, you will need permission of the instructor to join. The course is offered via Zoom. You must have a computer, or smart phone, or tablet with video and audio capability and a printer/scanner for class materials. Required text will be discussed during the first class.

303 Spanish - Advanced Continued (Zoom Only)

Kristine Hannon, retired Rochester Oasis
City School District teacher

Wednesday Sep 3- Dec 10 10:00-11:00 AM Fee: \$98 14 sessions

No class 11/26

If you have studied Spanish before and have a basic speaking knowledge of Spanish, you are welcome to join this lively class. The advanced intermediate level class provides an opportunity to practice speaking in a friendly environment. You must have taken Spanish with Kris previously. Text is on your confirmation letter. Class is presented via Zoom. You must have a computer/laptop, tablet or a phone and capability for sound and camera access. Book: *Complete Spanish All-in-One, Premium Third Edition*, ISBN 978-1-264-28554-9.

324 Spanish - Intermediate Continued

Kristine Hannon, retired Rochester Oasis
City School District teacher

Wednesday Sep 3- Dec 10 10:00-11:00 AM Fee: \$98 14 sessions

No class 11/26

This is a continuation for those who have taken Spanish II. You will be able to practice in a relaxed and friendly atmosphere. You must have previously taken class with Kris. The textbook is not included and will be listed on your confirmation.



307 French - Beginning (Zoom Only)

Kevin Finnigan Zoom
Wednesday Sep 3- 1:00-2:00 PM Fee: \$98 14 sessions
Dec 10

No class 11/25

This is a BEGINNING course, designed for those who have had no prior courses in French or for those who feel that their French is really very weak. It is taught via Zoom. Participants must have access to a computer, tablet with video and audio capability, or smart phone (computer is preferred,) and printer/copier. The text used is *Bien Dit! French 1*, 2013 edition.

402 German - Intermediate

Ingeborg Oberdoerster Oasis
Thursday Sep 11- 9:30-10:30 AM Fee: \$91 13 sessions
Dec 11

No class 11/27

This class is a continuation of Inge's beginner class. More advanced grammar, discussions about German politics and customs will be included. Feel good about communicating while traveling in a German speaking country. Participants not currently enrolled in the course will need permission of the instructor to register. Please contact Oasis Rochester before registering and we will get you in touch with Inge. Text: *1,000 Jahre deutsche Literatur, 2nd Edition* by Gudrun Clay. ISBN-13: 978-1585102877.

405 German - Advanced

Ingeborg Oberdoerster Oasis
Thursday Sep 11- 10:45-11:45 AM Fee: \$91 13 sessions
Dec 11

No class 11/27

This class is for students who can speak and write German at a higher level. Perhaps you studied German in college or grew up in a German speaking household and you'd like to refresh your German. In this advanced German class we will read, translate and discuss stories and talk about recent world events. Join us if you'd like to challenge yourself and improve your German language skills. Students currently not enrolled in the course will need permission of the instructor to register. Please contact Oasis Rochester before registering and we will get you in touch with Inge.

MUSIC

105 Oasis Community Chorus (Zoom Only)

Rhonda Wright Zoom
Monday Sep 8- 2:30-3:30 PM Fee: \$91 13 sessions
Dec 8

No class 10/13

We welcome all Oasis participants who enjoy singing, and those who think they might, to give us a try. There are no auditions and newcomers are always welcome. The chorus learns to sing in harmony to favorites and popular Broadway tunes to new contemporary arrangements. The Chorus usually performs one outreach concert for residents at a nearby nursing home or senior facility (participation optional). Concert participants must wear white tops with matching red chorus tie or scarf. This class is for those who prefer to join chorus via Zoom only. Music pick up day/time will be found in your confirmation email. You must have a computer/tablet/phone with audio and video capability. Music truly does lift the spirit and feed the soul.

202 Oasis Community Chorus (In Person)

Rhonda Wright Oasis
Tuesday Sep 2- 11:00 AM-12:00 PM Fee: \$105 15 sessions
Dec 9

We welcome all Oasis participants who enjoy singing, and those who think they might, to give us a try. There are no auditions and newcomers are always welcome. The chorus learns to sing in harmony to favorites and popular Broadway tunes to new contemporary arrangements. The Chorus usually performs one outreach concert for residents at a nearby nursing home or senior facility (participation optional). Concert participants must wear white tops with matching red chorus tie or scarf. Music truly does lift the spirit and feed the soul.

PERSONAL DEVELOPMENT

106 How To Make An Impact With CASH And VITA

Carolina Estrada, Volunteer Oasis
Program Manager
Monday Sep 15 2:00-3:00 PM Fee: \$10

Help hardworking families build financial stability while gaining valuable skills and new experiences! Join us to learn about CASH (Creating Assets, Savings, and Hope) and the VITA (Volunteer Income Tax Assistance) program – and how you can get involved.

In this session, you'll discover:

- What CASH and VITA do for the community by putting millions of dollars in the pockets of our clients.
- The roles available: Office Support, Front Desk and Tax Preparer (no tax experience required!).
- The training and support you'll receive to learn a new skill.
- The benefits for volunteers – from gaining tax experience to making a real difference and connection to the community.

If you're looking for a meaningful way to give back, build new skills, and connect with others, this is the perfect opportunity. Come find out how you can help families and build a stronger, more equitable community – one tax return at a time! For more information can be found here: <https://empirejustice.org/cash/>

205 Current Events Review Class

Dick Butler Oasis
Tuesday Sep 9- 9:30-10:30 AM Fee: \$60 8 sessions
Nov 4

No class 10/21

This course involves participants in review and discussion of current national and international events. Participants read about, watch, and/or listen to reports of current events before class. You are encouraged to bring facts, insights, and interpretations into our discussions. Our aim is to assist in recognizing and understanding the variety of facets of an event, and their implications. Please come with an open mind and willing to engage in a respectful discussion.

420 Backyard Birding and Beyond

Richard Ashworth, Rochester Oasis
Birding Association
Thursday Sep 18 2:00-3:30 PM Fee: \$20

Come and learn about the interesting lives of the birds outside the window and how to identify them. See some of the other wonderful birds that can be found around Rochester through the year, and how to start watching them. Richard Ashworth is a Past President of the Rochester Birding Association, for which he leads field trips to birding 'hotspots' in the Greater Rochester area.

509 Raise a Glass to Bubbles: Sparkling Wines

Bruce Smoller, Sommelier Oasis
Friday Sep 19 1:00-2:30 PM Fee: \$35

Have you ever wondered why sparkling wines taste so different and cost so much different from each other? In this class, we will explore how sparkling wines are made, where they are from and what grapes are used to make them. The differences are striking. Registration deadline is 9/12/25 at noon.

***Register at rochester.oasiseverywhere.org for this Oasis Everywhere class.**

Contact us: infochoasis@gmail.com

Oasis Course Catalog–Fall 2025

510 Chilling With Red Wines

Bruce Smoller, Sommelier	Oasis
Friday Oct 24 1:00-2:30 PM	Fee: \$35

Explore the world of red wines in this engaging class that covers grape varieties, tasting techniques, and food pairings. Perfect for beginners and enthusiasts alike! Registration deadline is 10/17/25 at noon.

512 Bottled Paradise: Island Wines

Bruce Smoller, Sommelier	Oasis
Friday Nov 14 1:00-2:30 PM	Fee: \$35

Many wines come from islands off the coast of major countries and are often overlooked when discussing wines from the country. In this class, we will explore wines from a range of islands, uncovering some native grapes that are not often experienced by Americans. Many of them are remarkably excellent. Registration deadline is 11/7/25 at noon.

514 Empire State of Wine

Bruce Smoller, Sommelier	Oasis
Friday Dec 12 1:00-2:30 PM	Fee: \$35

Explore the world of New York State wines in this engaging class that covers grape varieties, tasting techniques, and food pairings. Perfect for beginners and enthusiasts alike! Registration deadline is 12/5/25 at noon.

TOURS

421 Ganondagan Tour

Thursday	Sep 4	1:00–3:00 PM	Ganondagan Fee: \$15
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Just southeast of Rochester, New York, in the town of Victor, lies Ganondagan (ga-NON-da-gan), the site of a Native American community that was a flourishing, vibrant center for the Seneca people. Americans everywhere owe a debt to the Seneca people; as one of the six nations comprising the Iroquois Confederacy, their democratic ideals served as an inspiration for the U.S. Constitution. From politics and the environmental movement to food and medicine, the roots of contemporary society can be traced back to this historic site right in Rochester's back yard. Visit this site where thousands of Seneca lived 300 years ago, tour a full-size replica of a 17th-century Seneca Bark Longhouse, and learn about the destruction of Ganondagan, Town of Peace, in 1687. There is a good amount of walking and some steps involved in this tour. Please RSVP by 8/28 at noon.



If you cannot afford to contribute, scholarships are available on request.

No eligible person shall be denied benefits

or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status.

409 Colonial Belle Narrated Lock Tour

Colonial Belle

Thursday Sep 18 2:30-5:30 PM Fee: \$42

Come celebrate the Bicentennial year of the Erie Canal on a 3-hour narrated lock tour with our friends from Upstate Oasis! Established in 1989, the *Colonial Belle* is a family owned and operated business. Her crew is experienced and friendly. The *Colonial Belle* is the largest tour boat operating on the historic Erie Canal. Our vessel is U.S. Coast Guard certified to carry 149 passengers with a fully accessible enclosed lower deck and an upper open-air deck. The enclosed first deck offers comfortable seating, a full-service bar and two restrooms. The upper deck provides seating, scenic viewing and the experience of "ducking down" for low bridges. The narrated cruise departs from Fairport and runs up and down through Lock E32 in Pittsford and back.

410 Granger Homestead and Carriage Museum Tour

Granger Homestead

Thursday Sep 25 1:00-3:00 PM Fee: \$10

Travel back in time as one of our knowledgeable docents leads you through the Granger Homestead & Carriage Museum. Learn about Gideon Granger, the longest serving Postmaster General of the United States, and the four generations of Grangers who lived in this magnificent home on over 12 acres of land. Tour the Historic Home, hear the story of the Granger Legacy, and journey through the outbuildings that include the Hubbell Law Office and 3 carriage barns. The Gift Shop level of the Home and the First Floor, as well as the First Floor of 1 Barn, and the other 2 Barns are handicap accessible. However, the Second Floor of the Home, Law Office, and Second Floor of 1 Barn are not Handicap Accessible. There is a slideshow/video on the First Floor of the Home that can be viewed in place of going up the stairs. RSVP by 9/18/25 at noon.

507 The Art of Looking: Learning Tools For a Lifetime

MAG Docent Memorial Art Gallery

Friday Sep 12-26 1:00-3:00 PM Fee: \$40 3 sessions

This class has received rave reviews from our members. Using art at the Memorial Art Gallery, the docents will guide you through the Gallery, teaching art appreciation skills of observation and interpretation. You will learn new ways to look at, and engage deeply with, works of art. Your new skills will enable you to enjoy art differently in the future. One of the weeks will concentrate on a temporary exhibit. Pay at registration, not at the door. RSVP by 9/5/25 at noon.

511 The Art of Looking: Learning Tools For a Lifetime

MAG Docent Memorial Art Gallery

Friday Nov 7-21 1:00-3:00 PM Fee: \$40 3 sessions

This class has received rave reviews from our members. Using art at the Memorial Art Gallery, the docents will guide you through the Gallery, teaching art appreciation skills of observation and interpretation. You will learn new ways to look at, and engage deeply with, works of art. Your new skills will enable you to enjoy art differently in the future. One of the weeks will concentrate on a temporary exhibit. Pay at registration, not at the door. RSVP by 10/31/25 at noon.



Registration Procedures

Registration is required for all Oasis classes. Ways to register:

- **Mail-In-Registration Processed beginning August 11th, 2025**
- **Online-Registration Opens August 11th, 2025 @ 9am @ rochester.oasisnet.org**
- **Walk-In-Registration August 12th-13th, 2025, 9am-12 noon**

Please follow all procedures listed below:

- You must be a participant of Oasis to register. If you are not a participant you may join by coming to the Oasis Center, by phone or online at the Oasis website: rochester.oasisnet.org.
Membership is free.
- Please complete the registration form, including name and phone number. Please print clearly. Place a check mark in the left hand column in front of each class for which you want to register.
- All participants must sign the registration form, which serves as signature of the Waiver of Liability below.
- If there are two participants in one household, please make a photocopy of the full blank registration form or pick up a form at Oasis. Do not list two members on one form.
- If more than one person per household would like to view a class via Zoom, you must each register separately.
- Participants who want to attend classes with another participant should send their registrations to Oasis in one envelope. Don't forget to send the self-addresses stamped envelope or request an email receipt.
- **If you would like a confirmation letter mailed, please enclose a self-addressed stamped envelope.**
- **If you would like your confirmation letter emailed, please provide your email address on the registration form.**
- Credit cards may be used to pay for classes and trips. Oasis accepts **Visa, MasterCard, and Discover.**
- Mark the credit card box on the registration form and include the type of card, the credit card number, expiration date and the **CVV number**. Credit cards are not charged if you are placed on a waiting list.
- Make checks payable to Oasis. Please note: if you pay by check and a class you signed up for is cancelled, it may take 2-3 weeks to process a refund.

Waiver of Liability: I release and discharge Oasis Rochester and all other sponsors, supporters and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis. These include but are not limited to: educational, cultural, volunteer, physical fitness related programs and travel in any form. I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that the Oasis mailing list may be used by Oasis sponsors for educational mailings. I understand that participants in Oasis programs are expected to conduct themselves in a courteous manner, respecting the rights of all other participants, volunteers and staff. Oasis will follow CDC guidelines as it relates to COVID-19 but requires proof of full vaccination for all in-person classes. I give permission for Oasis Rochester to photograph or videotape me and use my name and image in Oasis materials and publicity. I authorize the use of my name and image in publications produced by The Oasis Rochester's partners and by the media. I agree to be photographed or videotaped by the media for general publication.

New Participant Form



Date: _____ Month/Year of Birth: _____

Name: _____
(First) (Last)

Address: _____ Apt#: _____

City: _____ State: _____ Zip Code: _____

Home Phone: (_____) _____

Email Address: _____ Cell Phone: (_____) _____

☐ Check here if you would like to "Opt In" to receive occasional group emails from Oasis. We do not share or sell our email addresses.

In case of an emergency (required), contact:

_____ (_____) _____
(Name) (Phone)

The information you provide is strictly confidential. We do not sell any information. This document is shredded after it is entered into our database.

Gender: ☐ Female ☐ Male ☐ Other

Marital Status: ☐ Single ☐ Married ☐ Domestic Partnership ☐ Widowed ☐ Divorced

Race/Ethnicity: ☐ Asian ☐ Black or African American ☐ White/Caucasian
☐ Hispanic or Latino ☐ American Indian or Alaska Native
☐ Native Hawaiian or other Pacific Islander ☐ Two or more races

Highest Level of Education: ☐ Grade School ☐ High School ☐ Some College
☐ College Degree ☐ Post Graduate

How did you hear about Oasis? ☐ Brochure ☐ Advertisement ☐ Oasis Catalog ☐ Friend
☐ Presentation ☐ TV/Radio ☐ Walk-In ☐ Internet/Website ☐ Newspaper

If you would like to be an Oasis volunteer, please check your interests:

☐ Instructor ☐ Office Work ☐ Special Events ☐ Health and Wellness

Past/Present Employer: _____ Past/Present Occupation: _____

Please return this form to:

Oasis Rochester | 259 Monroe Avenue | Rochester, NY 14607 | PH: 585-730-8800

To register for classes, please see the Class Registration forms in this catalog, or visit us at www.rochester.oasisnet.org

Cut along the line to remove and return this form.

Oasis Registration Form

Please place a check mark in the left hand column of each class you want to attend.

Name: _____

Address: _____ Phone: _____

E-mail Address: _____ Would you like to receive emails from Oasis? ☐ Yes ☐ No

Signature: _____ Date: _____

Emergency Contact: Name _____ Phone _____

Credit Card #: _____ Exp. Date. ____/____/____ CVV: _____ (On back of card)

Tax deductible donation to Oasis Rochester \$ _____
(Visa/MasterCard/Discover)

✓	#	Class Name	Fee	Office Use	
		ARTS & HUMANITIES	W	E	Ck#
	207	Alcohol Ink	\$70		
	208	Storytelling And Social Narrative: Mini Story Quilts On Paper	\$50		
	209	Hidden Western Gems	\$85		
	210	Energetic Abstraction - Inspired by Lee Krasner	\$50		
	211	Ebony and Ivory Chanteuses	\$75		
	213	Joyful Mosaics - Ornaments And Cards Inspired By Alma Thomas	\$50		
	308	Barbara Stanwyck: Tough And Timeless	\$85		
	310	Telling American Stories: Genre Painting and Illustration in the Nineteenth Century	\$70		
	311	Telling American Stories: Genre Painting and Illustration in the Nineteenth Century	\$70		
	312	Beginning Your Watercolor Journey With The Basics	\$50		
	313	Watercolor Color Mixing and More	\$50		
	314	Renoir In Context (In Person)	\$70		
	315	Renoir in Context (Zoom Simulcast)	\$70		
	316	Here's Johnny!	\$50		
	317	Flowers In Watercolor	\$50		
	318	Dick Van Dyke: Laugh Lines And Legacy	\$85		
	322	Painting (and Creating) as a Woman: Second-Wave Feminism (In Person)	\$70		
	323	Painting (and Creating) as a Woman: Second-Wave Feminism (Zoom)	\$70		

✓	#	Class Name	Fee	Office Use	
	319	Winter Themes In Watercolor	\$50		
	320	Book Discussion: Ann's Pick: <i>This Tender Land</i> By William Kent Kreuger	\$7		
	321	Christmas Movie Classics: Otto's Pick!	\$25		
	413	Book Discussion: Penny's Pick <i>The River We Remember</i>	\$7		
	414	Rochester Movie Memories	\$40		
	508	Oasis Book Club (Zoom Only)	\$28		
	515	Little Surprise!	\$7		
	516	Little Surprise!	\$7		
	517	Little Surprise!	\$7		
	513	Christmas With The Crooners	\$15		
	518	Little Surprise!	\$7		
		EXERCISE	W	E	Ck#
	101	T'ai Chi - Introduction	\$91		
	102	T'ai Chi - Intermediate Level	\$91		
	201	Aquafit-Arthritis/Fibromyalgia/Range of Motion	\$203		
	206	Stretch and Strengthen	\$98		
	214	Beginning Belly Dance	\$56		
	212	Belly Dance Drills and Thrills	\$28		
	301	Tap Dance 4A	\$98		
	302	Ballet	\$98		
	304	Jazz	\$98		
	305	Oasis Tappers - Wednesday	\$98		

✓	#	Class Name	Fee	Office Use	
	306	Tap Dance 1B	\$98		
	309	Tap Dance 1A	\$98		
	403	Walk: Beatty Point Park	\$7		
	406	Yoga	\$91		
	408	Walk: Mendon Ponds Quaker Pond Trail	\$7		
	411	Walk: Beechwood State Park	\$7		
	412	Walk: Tinker Nature Park	\$7		
	415	Walk: Seneca Park Riverway Trail	\$7		
	416	Walk: Ganondagan State Historic Site	\$7		
	501	Tap Dance 2A	\$98		
	502	Tap Dance 2B	\$98		
	503	Tap Dance 3	\$98		
	519	Nia: Body, Mind and Spirit (Zoom Only)	\$98		
	504	Tap Dance 4B	\$98		
	505	Tap Aerobics	\$77		
	506	Oasis Tappers - Friday	\$98		
		<u>HISTORY</u>	W	E	Ck#
	103	Irish Civil War (In Person)	\$35		
	104	Irish Civil War (Zoom Simulcast)	\$35		
	107	Crazy Spy Stories (In Person)	\$35		
	108	Crazy Spy Stories (Zoom Simulcast)	\$35		
	109	Sandra Day O'Connor (In Person)	\$20		
	110	Sandra Day O'Connor (Zoom Simulcast)	\$20		
	111	The First Map (In Person)	\$35		
	112	The First Map (Zoom Simulcast)	\$35		
	113	The Princes in the Tower (In Person)	\$35		
	114	The Princes in the Tower (Zoom Simulcast)	\$35		
	115	Forgotten Stories of WWII (In Person)	\$35		
	116	Forgotten Stories of WWII (Zoom Simulcast)	\$35		
	117	U.S. Presidents: Short-Term Wonders (In Person)	\$20		
	118	U.S. Presidents: One-Term Wonders (Zoom Simulcast)	\$20		

✓	#	Class Name	Fee	Office Use	
	404	Erie Canal Basics (Zoom)	\$20		
	407	Erie Canal Basics (In Person Simulcast)	\$20		
	417	Afghanistan - 20 Years War	\$60		
	418	Phenomenon of Hitler and the Third Reich-Updated (In Person)	\$60		
	419	Phenomenon of Hitler and the Third Reich-Update (Zoom Simulcast)	\$60		
		<u>LANGUAGES</u>	W	E	Ck#
	203	French - Intermediate (Zoom Only)	\$105		
	204	French - Advanced (Zoom Only)	\$110		
	303	Spanish - Advanced Continued (Zoom Only)	\$98		
	324	Spanish - Intermediate Continued	\$98		
	307	French - Beginning (Zoom Only)	\$98		
	402	German - Intermediate	\$91		
	405	German - Advanced	\$91		
		<u>MUSIC</u>	W	E	Ck#
	105	Oasis Community Chorus (Zoom Only)	\$91		
	202	Oasis Community Chorus (In Person)	\$105		
		<u>PERSONAL DEVELOPMENT</u>	W	E	Ck#
	106	How To Make An Impact With CASH And VITA	\$10		
	205	Current Events Review Class	\$60		
	420	Backyard Birding and Beyond	\$20		
	509	Raise a Glass to Bubbles: Sparkling Wines	\$35		
	510	Chilling With Red Wines	\$35		
	512	Bottled Paradise: Island Wines	\$35		
	514	Empire State of Wine	\$35		
		<u>TOURS</u>	W	E	Ck#
	421	Ganondagan Tour	\$15		
	409	Colonial Belle Narrated Lock Tour	\$42		
	410	Granger Homestead and Carriage Museum Tour	\$10		
	507	The Art of Looking: Learning Tools For a Lifetime	\$40		
	511	The Art of Looking: Learning Tools For a Lifetime	\$40		



Full class descriptions are on our website. Registration will begin on August 11th and will be via mail and online at rochester.oasisnet.org



It just got easier to
watch your favorite
Oasis lecture!



This Spring, we launched a pilot program to record our lectures in case you have to miss one. Here's what to expect...

- If a class is going to be recorded, it will be notated by an icon in the catalog as well as in the class listing on our website.
- You must be signed up for the class **BEFORE** it begins in order to request the class recording.
- Recordings will be sent by request; email us after the class at info@rochoasis@gmail.com.
- Requests will be honored within one week following the original class date.
- The recording will be available to stream for two weeks.
- A class recording is solely intended for the use of the person who signed up for the class and should not be shared.